



LIFESAVING SOCIETY
The Lifeguarding Experts

LIFESAVING SOCIETY
APPLYING FOR CERTIFICATION EXEMPTION

An application for exemption is essentially a request for recognition by the Lifesaving Society Canada of lifesaving training competencies evidenced in foreign awards and certifications.

The applicant submits the completed *Application for Exemption* with the necessary supporting documents that provide the Society with the information needed to assess the applicant's competencies. The Society compares the applicant's awards and certifications to Lifesaving Society Canada's training programs curricula and evaluation criteria. The Society then sends a letter to the applicant outlining the exemption competencies and areas that require additional training, upgrading or recertifying.

The main areas of comparison are:

- ❑ **Knowledge** – drowning prevention, safety, legal issues, self-rescue, ladder approach to rescues, rescuer's checklist.
- ❑ **Skills** – resuscitation, first aid, spinal injury management, removals, searches and underwater and strokes front crawl, back crawl, breaststroke, lifesaving kicks.
- ❑ **Fitness** – flexibility, strength, endurance, power, aerobic and anaerobic fitness.
- ❑ **Judgment** – maturity, attitude, psycho/social readiness, rescue decision-making and the ability to adapt to changing situations or scenarios.

The applicant will arrange for a lifesaving skills screening and/or an examination. A knowledge evaluation assignment may be required based on the *Canadian Lifesaving Manual* or *Alert: lifeguarding in action*. The Society provides skill evaluation forms and assignments. Skill screening and examinations will be done in the applicant's region.

Note that an applicant seeking employment in Ontario as a lifeguard must earn the National Lifeguard certification which is mandated under provincial regulation.

If you require any additional information or clarification, please contact the Lifesaving Society, Program Department at 416-490-8844 or by email at perrys@lifeguarding.com.