



LIFESAVING SOCIETY

The Lifeguarding Experts



ONTARIO SENIOR & MASTERS LIFESAVING CHAMPIONSHIPS - POOL
Registration Package

***The Lifesaving Society invites you to the Ontario Senior & Masters Lifesaving Championship
hosted by the Town of Richmond Hill***

DATE March 24, 2012

LOCATION Town of Richmond Hill – Richvale Pool @ 160 Avenue Road, Richmond Hill, ON L4C 5L8 905-884-0855 See www.lifesavingsociety.com for map.

COMPETITION The competition is sanctioned by the Lifesaving Society and will be run as short course. Event rules will be in accordance with the 2011 Edition of the *ILS Competition Manual*, the 2010 Edition of the *Canadian Competition Manual*, and all 2012 Communiqués. Go to www.lifesavingsociety.com for all information.

ELIGIBILITY All competitors must hold a current Bronze Medallion or higher certification and be a registered athlete. 16-19 years competitors must be at least 16 years of age by March 24, 2012 and not older than 19 years of age on March 24, 2012. Open competitors must be at least 16 years of age by March 24, 2012. Masters competitors must be at least 30 years of age by March 24, 2012.

EVENTS

100 m / 200 m Obstacle Swim	Line Throw
100 m Manikin Tow with Fins	4 X 50 m Obstacle Relay
50 m Manikin Carry	4 x 50 m Medley Relay
100 m / 200 m Super Lifesaver	4 x 25 m Manikin Relay
100 m Manikin Carry with Fins	

ENTRY DEADLINE Complete entries must be received by March 14, 2012. Refunds will not be issued after March 14th nor will they be issued for clubs or individuals who do not show up.

ENTRY FEES

<u>Competitor Fee</u>	<u>Individual Event Entry Fee</u>	<u>Team Event Entry Fee</u>
\$20 per each competitor	\$8 per competitor per event	\$10 per team per event

REGISTRATION

Send registration form with payment in full – Purchase order, cheque (payable to the Lifesaving Society), money order, VISA, MasterCard, or American Express – to:

Lifesaving Society
Attention: 2012 Competition Registration
400 Consumers Road
Toronto, Ontario M2J 1P8

Phone: 416 490 8844
Fax: 416 490 8766
Email: sport@lifeguarding.com

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Town of Richmond Hill

Saturday March 24, 2012

9:00 am	Key Officials Meeting
10:00 am	Club Check-In
10:15 am	Coaches Meeting
10:45 am	Opening Ceremonies
11:00 am	Officials Meeting
11:00 am	Warm Up
12:00 pm	Final Events
	100 m Obstacle Swim
	200 m Obstacle Swim
	4 X 50 m Obstacle Relay
	12 m Line Throw
	100 m Tow with Fins
	50 m Manikin Carry
	4 x 50 m Medley Relay
	4 x 25 m Manikin Relay
	100 m Super Lifesaver
	200 m Super Lifesaver
	100 m Manikin Carry with Fins
5:30 pm	Award Presentations

ONTARIO SENIOR & MASTERS LIFESAVING CHAMPIONSHIPS - POOL

Please use one form for each team (Type or BLOCK letters only)

Club or Affiliate		
Mailing address		Apt or Suite
City	Prov	Postal Code
Coach Name		() Home phone
Email		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment, Waiver & Release and Event Entries.		
Competitor fee		@ \$20.00 / per person =
Individual Event Entry fee (per competitor per event)		@ \$8.00 / event =
Team Event Entry fee (per team per event)		@ \$10.00 / event =
TOTAL AMOUNT OWING		
Payment		
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money order	<input type="checkbox"/> Visa
<input type="checkbox"/> MasterCard	<input type="checkbox"/> AMEX	<input type="checkbox"/> P.O. #
Credit Card # _____		Expiry Date _____
Card holder name _____		Card holder signature _____

Mail, fax or email to:

Lifesaving Society

Attn: 2012 Competition Registration, 400 Consumers Road, Toronto, Ontario M2J 1P8

Fax 416 490 8766

Email: sport@lifeguarding.com

ONTARIO SENIOR & MASTERS LIFESAVING CHAMPIONSHIPS - POOL

Waiver & Release Form

Please read carefully before signing

1. Conduct

I agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

2. Voluntary Assumption of Risk

As a competitor in a lifesaving sport competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

3. Waiver of Liability

As a condition of entry and in consideration of my application as an individual or as a part of a team being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property. I recognize that competitors are responsible for their own medical coverage.

4. Model Release

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos which photographers may have taken. I consent to the use of the photographs/videos, the publishing of my name for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

I have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representatives and assigns.

Print name

Signature (Parent if under 18)

Date

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COACH:

2012 ONTARIO SENIORS & MASTERS LIFESAVING CHAMPIONSHIPS – POOLS

Clubs may enter unlimited number of competitors in each event. Event entries must indicate personal best times for seeding purposes. Competitors for who no times are submitted will be considered to have the slowest times. Competitors are allowed to enter each event only once. PLEASE PRINT CLEARLY

* For Line Throw, please identify the pair throwing and catching by entering a “T” or “C” beside the entry time.

Use a separate sheet to register athletes for each division. Athletes on this page are registering in the following division (select ONE only).

16-19
 Open
 Masters

<i>Competitor Name & Gender</i>		Registered Athlete Number	Birthdate (yy/mm/dd)	Obstacle Swim 100 m (16-19, Masters) 200 m (Open)	4 x 50 m Obstacle Relay	Line Throw*	100 m Manikin Tow with Fins	50 m Manikin Carry	4 x 50 m Medley Relay	4 x 25m Manikin Relay	Super Lifesaver 100 m (16-19, Masters) 200 m (Open)	100 m Manikin Carry with Fins	Total Individual events
<i>Jane Smith</i>	M F			2:48.04	2:17.55	T-19.75	1:20.45	58.22	2:27.16	2:32.32	3:24.08	1:23.67	5
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