



LIFESAVING SOCIETY

The Lifeguarding Experts

Communiqué – May 2012

ONTARIO MASTERS LIFESAVING CHAMPIONSHIP – WATERFRONT

Sanctioned by the Lifesaving Society

August 12, 2012 Toronto Police Lifeguard Service

This championship will be in accordance with the 2011 edition of the *ILS Competition Manual* and the 2010 edition of the *Canadian Competition Manual*. Anything not covered in these two manuals appears in this communiqué.

ELIGIBILITY AND RIGHT TO PARTICIPATE

Age categories

Masters: Masters age groups are: 30-39, 40-49, 50-59, 60 years and older.

PROGRAM OF EVENTS

The following events will be conducted in both male and female categories:

Canadian Iron Guard	Surf Race
Beach Run	Ski Race
Board Race	Beach Flags

UNIFORMS AND EQUIPMENT

Swim caps

Competitors shall wear swim caps in each event. The use of such caps assists in identification of competitors and teams and in event judging.

SCORING

Finals need not be conducted in the Ontario Masters Lifesaving Championships. Final placing will be determined by the results in heats.

Point allocation

Competitors in the Ontario Masters Lifesaving Championships shall be allocated points as outlined in the following chart:

Place	Points	Place	Points	Place	Points	Place	Points
1 st	20	5 th	13	9 th	8	13 th	4
2 nd	18	6 th	12	10 th	7	14 th	3
3 rd	16	7 th	11	11 th	6	15 th	2
4 th	14	8 th	10	12 th	5	16 th	1

Disqualification

Competitors who do not finish (DNF) or are disqualified (DQ) from an event (whether in heats or finals) shall not earn any placing points.

PROTESTS

Videotapes may not be used to protest a judge's ruling or score.

Protests may be filed by the competitor, captain, team manager or coach.

AWARDS

Ontario Lifesaving Championship

Within each masters' age category (30-39 years, 40-49 years, 50-59 years, 60 plus years), individual awards shall be presented to the first 3 places in the final of all events. Event winners shall be recognized as Ontario Masters Champions.

Ontario Lifesaving Waterfront Championships

The Ontario club with the highest overall point score shall be awarded the "Ontario Lifesaving Waterfront Championships". Scoring will be weighted 40% Junior, 50% Senior/Open, and 10% Master where the top three results per club, per gender, per event will score for their designated clubs at all Waterfront Lifesaving Championships during the same year. This award will be announced following the final waterfront championship of the year.

Ontario Lifesaving Sport Club Championship

The Ontario Club/Affiliate with the highest overall point score shall be awarded the "Ontario Lifesaving Club Championship". This award will be

decided annually by accumulating all of the earned points of Junior, Senior and Master Competitors and teams for their designated clubs at all seven “Ontario Lifesaving Championships” during the same year (Ontario Junior Games – Pool and Waterfront, Ontario Lifeguard/Lifesaving Championships – Pool and Waterfront). This award will be announced following the final championship of the year.

EVENTS

Surf Race (Reference Event 5.5, ILS pg. 95-96)

Event description

With a running start into the surf from the start line on the beach, competitors swim around the 400m course designated by buoys, returning to shore to finish between the finish flags on the beach.

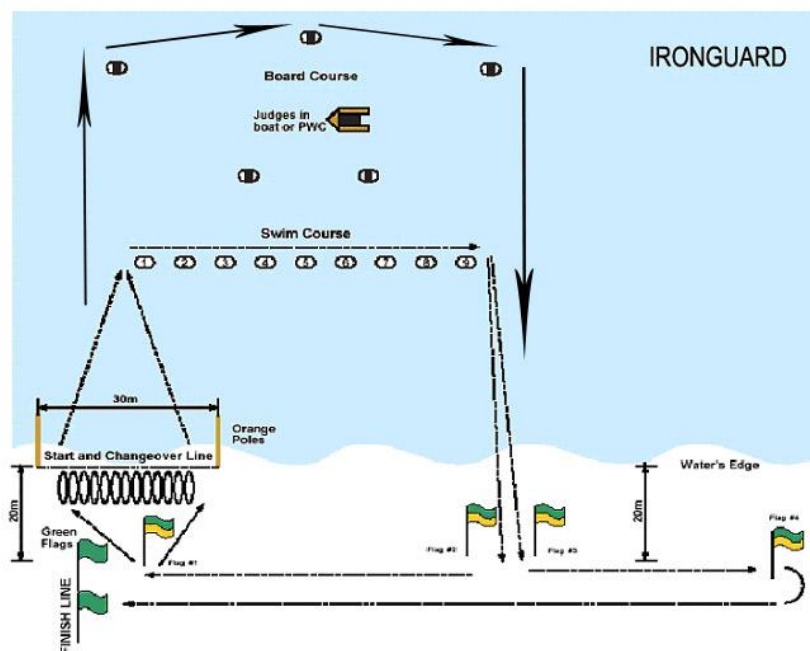
Canadian Iron Guard

Event description

Competitors cover a course that includes: a 300 m swim leg, a 1000 m beach run, a 600 m board leg, and a 50 m beach sprint finish. The sequence of legs shall be swim-run-board-sprint.

The course

Buoys shall be laid out for the swim, run, and board legs as indicated.



FOR MORE INFORMATION

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2012 CALENDAR

Ontario Senior Masters Lifesaving Championships – Pool

March 24, Richmond Hill

Ontario Junior Lifeguard Games – Pool

June 16, Tillsonburg

Ontario Lifeguard Championship – Senior Pool

August 4 & 5, Town of Markham

Ontario Junior Lifeguard Games – Waterfront

August 12, Toronto

Ontario Masters Lifesaving Championship –Waterfront

August 12, Toronto

Ontario Senior Lifesaving Championship –Waterfront

August 13 & 14, Toronto