



## National Lifeguard Situations Worksheet

Team Members	Guard 1:	Guard 2:	Guard 3:
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Situation:

<ul style="list-style-type: none"> <li><input type="checkbox"/> Positioning and rotation</li> <li><input type="checkbox"/> Scanning, recognition, and response             <ul style="list-style-type: none"> <li><input type="checkbox"/> Communication (victim, public, lifeguards, EMS)</li> </ul> </li> <li><input type="checkbox"/> Execution of procedures</li> <li><input type="checkbox"/> Rescue techniques or supportive role             <ul style="list-style-type: none"> <li><input type="checkbox"/> Assessment, first aid treatment</li> <li><input type="checkbox"/> Proper use of equipment and barrier devices</li> <li><input type="checkbox"/> Safety supervision and direction of bystanders</li> </ul> </li> <li><input type="checkbox"/> Public relations and education             <ul style="list-style-type: none"> <li><input type="checkbox"/> Reports and follow-up</li> </ul> </li> </ul>			
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Situation:

<ul style="list-style-type: none"> <li><input type="checkbox"/> Positioning and rotation</li> <li><input type="checkbox"/> Scanning, recognition, and response             <ul style="list-style-type: none"> <li><input type="checkbox"/> Communication (victim, public, lifeguards, EMS)</li> </ul> </li> <li><input type="checkbox"/> Execution of procedures</li> <li><input type="checkbox"/> Rescue techniques or supportive role             <ul style="list-style-type: none"> <li><input type="checkbox"/> Assessment, first aid treatment</li> <li><input type="checkbox"/> Proper use of equipment and barrier devices</li> <li><input type="checkbox"/> Safety supervision and direction of bystanders</li> </ul> </li> <li><input type="checkbox"/> Public relations and education             <ul style="list-style-type: none"> <li><input type="checkbox"/> Reports and follow-up</li> </ul> </li> </ul>			
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