

2016 Ontario Senior Lifesaving Championships – Waterfront

Overall Score

| Club | Points |
|-----------------------------------|--------|
| Toronto Police Lifeguard Service | 1222 |
| City of Ottawa Beaches | 1168 |
| Richmond Hill Lifesaving Club | 694 |
| Saugeen Shores Lifesaving Club | 596 |
| Guelph Marlin Aquatic Club | 516 |
| Ottawa Valley Lifesaving Club | 411 |
| Rouge Valley Lifesaving Club | 215 |
| Paradise Beach Lifesaving Club | 197 |
| Waterloo Warriors Lifesaving Club | 118 |
| Mississauga Lifesaving Club | 27 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****Event 1 Women 2000 LC Meter Cdn Iron Guard 16-19**

| Name | Age | Team | Finals Time | Points |
|---------------------|-----|--------------------------------|-------------|--------|
| 1 Kiana Deland | 19 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 Alison Pouw | 17 | City of Ottawa - Beaches | 0.02 | 18 |
| 3 Madison Ashton | 18 | Saugeen Shores Lifesaving Club | 0.03 | 16 |
| 4 Renée Hallé | 19 | City of Ottawa - Beaches | 0.04 | 14 |
| 5 Nicole Colozza | 17 | Richmond Hill Lifesaving Club | 0.05 | 13 |
| 6 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.06 | 12 |
| 7 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.07 | 11 |
| 8 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.08 | 10 |
| 9 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.09 | 8 |
| 10 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.10 | 7 |
| 11 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.11 | 6 |
| 12 Katie Stoner | 18 | Saugeen Shores Lifesaving Club | 0.12 | 5 |
| 13 Sofia Chabchoub | 17 | Richmond Hill Lifesaving Club | 0.13 | 4 |
| 14 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.14 | 3 |
| 15 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.15 | 2 |
| 16 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.16 | 1 |
| 17 Jem Cuthbert | 19 | Toronto Police Lifeguard Servi | 0.17 | |
| --- Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | DQ | |

Event 1 Women 2000 LC Meter Cdn Iron Guard Open

| Name | Age | Team | Finals Time | Points |
|-----------------------|-----|--------------------------------|-------------|--------|
| 1 Alexandra Ferguson | 29 | Paradise Beach Lifesaving Club | 0.01 | 20 |
| 2 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.02 | 18 |
| 3 Carolyne Godon | 20 | Ottawa Valley Lifesaving Club | 0.03 | 16 |
| 4 Clara Fraser | 21 | City of Ottawa - Beaches | 0.04 | 14 |
| 5 Meghan Lamers | 22 | Guelph Marlin Aquatic Club | 0.05 | 13 |
| 6 Patricia Moulton | 25 | Ottawa Valley Lifesaving Club | 0.06 | 12 |
| 7 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.07 | 11 |
| 8 Chantelle Gallagher | 30 | Richmond Hill Lifesaving Club | 0.08 | 10 |
| 9 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.09 | 8 |
| 10 Freya Lewis | 22 | Waterloo Warriors Lifesaving C | 0.10 | 7 |
| 11 Danielle Sullivan | 23 | Saugeen Shores Lifesaving Club | 0.11 | 6 |
| 12 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.12 | 5 |
| 13 Madeline Giesel | 28 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Lori Garcia | 36 | Richmond Hill Lifesaving Club | 0.14 | 3 |

Event 2 Men 90 LC Meter Beach Sprint 16-19

| Name | Age | Team | Finals Time | Points |
|--------------------------|-----|--------------------------------|-------------|--------|
| 1 Aidan Miess | 17 | Toronto Police Lifeguard Servi | 0.01 | 20 |
| 2 North Shelp | 16 | City of Ottawa - Beaches | 0.02 | 18 |
| 3 Adam Nemcsek | 18 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Derrick Lin | 19 | Rouge Valley Lifesaving Club | 0.04 | 14 |
| 5 Hayden Clark | 19 | City of Ottawa - Beaches | 0.05 | 13 |
| 6 Cameron Kendrick | 17 | City of Ottawa - Beaches | 0.06 | 12 |
| 7 Michael Bohnert | 18 | Saugeen Shores Lifesaving Club | 0.07 | 11 |
| 8 Joshua Hewa-Batuwitage | 17 | Toronto Police Lifeguard Servi | 0.08 | 10 |
| 9 McLean Reid | 17 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Kelly Thompson | 16 | Guelph Marlin Aquatic Club | 0.10 | 7 |
| 11 Kai Dingman | 17 | Richmond Hill Lifesaving Club | 0.11 | 6 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 2 Men 90 LC Meter Beach Sprint 16-19)**

| Name | Age | Team | Finals Time | Points |
|--------------------------|-----|--------------------------------|-------------|--------|
| 12 Scott Stacey | 18 | Toronto Police Lifeguard Servi | 0.12 | 5 |
| 13 Joshua Nowlan | 17 | City of Ottawa - Beaches | 0.13 | 4 |
| 14 Joseph Thompson | 19 | Richmond Hill Lifesaving Club | 0.14 | 3 |
| 15 Timothy Yoon | 18 | Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Dennis Plotnik | 19 | Richmond Hill Lifesaving Club | 0.16 | 1 |
| *17 Roman Wiebe | 18 | City of Ottawa - Beaches | 0.17 | |
| *17 Jake Storm | 16 | City of Ottawa - Beaches | 0.17 | |
| *17 Tyler Donaldson | 18 | Saugeen Shores Lifesaving Club | 0.17 | |
| *17 Liam Hollowell | 18 | Toronto Police Lifeguard Servi | 0.17 | |
| --- Matthew Shammas-Toma | 17 | Richmond Hill Lifesaving Club | DQ | |

Event 2 Men 90 LC Meter Beach Sprint Open

| Name | Age | Team | Finals Time | Points |
|----------------------------|-----|--------------------------------|-------------|--------|
| 1 Dennis Cook | 24 | Richmond Hill Lifesaving Club | 0.01 | 20 |
| 2 Leander Pereira | 24 | Rouge Valley Lifesaving Club | 0.02 | 18 |
| 3 Cameron Wong | 24 | Rouge Valley Lifesaving Club | 0.03 | 16 |
| 4 Leo Rayner | 26 | Rouge Valley Lifesaving Club | 0.04 | 14 |
| 5 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.05 | 13 |
| 6 William O'Dwyer | 20 | Toronto Police Lifeguard Servi | 0.06 | 12 |
| 7 Charles Seguin | 24 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Saba Sedaghatkish | 23 | Richmond Hill Lifesaving Club | 0.08 | 10 |
| 9 William Dansereau | 20 | Ottawa Valley Lifesaving Club | 0.09 | 8 |
| 10 Jessey Elf | 21 | Guelph Marlin Aquatic Club | 0.10 | 7 |
| 11 James Verreault | 29 | Ottawa Valley Lifesaving Club | 0.11 | 6 |
| 12 Sunket Kulkarni | 20 | Toronto Police Lifeguard Servi | 0.12 | 5 |
| 13 Dakota Birkenheier | 20 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.14 | 3 |
| 15 Jonathan Denoon | 20 | Guelph Marlin Aquatic Club | 0.15 | 2 |
| 16 Yan Stefanovich | 23 | Richmond Hill Lifesaving Club | 0.16 | 1 |
| *17 Mike Di Cosmo | 20 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Christopher Bari | 20 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Vevek Shanthakumaran | 20 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Oliver Nicholls | 22 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Jordan Abdilla | 26 | Mississauga Lifesaving Club | 0.17 | |
| *17 Reed Burningham | 20 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Owen Hollowell | 20 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Daniel Marinos | 24 | Mississauga Lifesaving Club | 0.17 | |
| *17 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.17 | |
| *17 Pranav Muthumalaichamy | 18 | Mississauga Lifesaving Club | 0.17 | |
| *17 Sagar Patel | 23 | Rouge Valley Lifesaving Club | 0.17 | |

Event 3 Women 240 LC Meter Rescue Tube Rescue Relay 16-19

| Team | Relay | Finals Time | Points |
|-----------------------------------|----------------------|----------------------|-----------------------|
| 1 City of Ottawa - Beaches | Z | 0.01 | 20 |
| 1) Kiana Deland 19 | 2) Renée Hallé 19 | 3) Valerie Pilote 17 | 4) Alison Pouw 17 |
| --- Saugeen Shores Lifesaving Cl | Z | DQ | |
| 1) Madison Ashton 18 | 2) Rachel Bohnert 16 | 3) Hailey Patrice 18 | 4) Katie Stoner 18 |
| --- Toronto Police Lifeguard Serv | Z | DQ | |
| 1) Jem Cuthbert 19 | 2) Emma Gomes 18 | 3) Carlin Reid 16 | 4) Kaitlyn Simpson 18 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16

2016 ON Senior Lifesaving Championship Wft

Toronto Bluffers Beach

Results

(Event 3 Women 240 LC Meter Rescue Tube Rescue Relay 16-19)

| Team | Relay | Finals Time | Points |
|---------------------------------|--------------------|---------------------|-----------------------|
| --- Richmond Hill Lifesaving Cl | Z | DQ | |
| 1) Nicole Colozza 17 | 2) Aneesha Nath 17 | 3) Wendy Sanajko 19 | 4) Alex Schleicher 17 |

Event 3 Women 240 LC Meter Rescue Tube Rescue Relay Open

| Team | Relay | Finals Time | Points |
|---------------------------------|---------------------------|-----------------------|-------------------------|
| 1 Guelph Marlin Aquatic Club | | 0.01 | 20 |
| 1) Haylie Burton 20 | 2) Margot Cunningham 22 | 3) Chantique Payne 26 | 4) Meghan Lamers 22 |
| 2 Toronto Police Lifeguard Serv | | 0.02 | 18 |
| 1) Michelle Cuthbert 20 | 2) Abigail Giesel 23 | 3) Madeline Giesel 28 | 4) Jessica Larson 22 |
| 3 City of Ottawa - Beaches | | 0.03 | 16 |
| 1) Clara Fraser 21 | 2) Ashley Heroux 17 | 3) Sophie Laflamme 21 | 4) Ariel Widmaier 18 |
| 4 Saugeen Shores Lifesaving Cl | | 0.04 | 14 |
| 1) Alanna Kozak 21 | 2) Alex Larson 24 | 3) Judy Stoner 56 | 4) Danielle Sullivan 23 |
| 5 Richmond Hill Lifesaving Cl | | 0.05 | 13 |
| 1) Michelle Amar 40 | 2) Chantelle Gallagher 30 | 3) Lori Garcia 36 | 4) Carmen Wong 34 |

Event 4 Men 400 LC Meter Beach Relay Relay 16-19

| Team | Relay | Finals Time | Points |
|---------------------------------|----------------------|----------------------------|-----------------------|
| 1 City of Ottawa - Beaches | Z | 0.01 | 20 |
| 1) Cameron Kendrick 17 | 2) Hayden Clark 19 | 3) Joshua Nowlan 17 | 4) North Shelp 16 |
| 2 Toronto Police Lifeguard Serv | Z | 0.02 | 18 |
| 1) Joshua Hewa-Batuwitage 17 | 2) Aidan Miess 17 | 3) Adam Nemcsek 18 | 4) McLean Reid 17 |
| 3 Richmond Hill Lifesaving Cl | Z | 0.03 | 16 |
| 1) Kai Dingman 17 | 2) Dennis Plotnik 19 | 3) Matthew Shammas-Toma 17 | 4) Joseph Thompson 19 |

Event 4 Men 400 LC Meter Beach Relay Relay Open

| Team | Relay | Finals Time | Points |
|---------------------------------|-----------------------|------------------------------|----------------------------|
| 1 Rouge Valley Lifesaving Club | | 0.01 | 20 |
| 1) Sagar Patel 23 | 2) Leander Pereira 24 | 3) Leo Rayner 26 | 4) Cameron Wong 24 |
| 2 Richmond Hill Lifesaving Cl | | 0.02 | 18 |
| 1) Christopher Bari 20 | 2) Dennis Cook 24 | 3) Saba Sedaghatkish 23 | 4) Yan Stefanovich 23 |
| 3 Toronto Police Lifeguard Serv | | 0.03 | 16 |
| 1) Dakota Birkenheier 20 | 2) John Cuthbert 27 | 3) Sunket Kulkarni 20 | 4) William O'Dwyer 20 |
| 4 Guelph Marlin Aquatic Club | | 0.04 | 14 |
| 1) John Carey 23 | 2) Jonathan Denoon 20 | 3) Jessey Elf 21 | 4) Kelly Thompson 16 |
| 5 Toronto Police Lifeguard Serv | B | 0.05 | 13 |
| 1) Reed Burningham 20 | 2) Owen Hollowell 20 | 3) Andrew Morel 21 | 4) Vevek Shanthakumaran 20 |
| 6 Ottawa Valley Lifesaving Clu | | 0.06 | 12 |
| 1) William Dansereau 20 | 2) Chris Lindsay 39 | 3) James Verreault 29 | 4) John Wyatt 26 |
| 7 City of Ottawa - Beaches | | 0.07 | 11 |
| 1) Ryan Laverty 20 | 2) Charles Seguin 24 | 3) Jake Storm 16 | 4) Roman Wiebe 18 |
| 8 Saugeen Shores Lifesaving Cl | | 0.08 | 10 |
| 1) Michael Bohnert 18 | 2) Tyler Donaldson 18 | 3) Michael Hundt 30 | 4) Mackenzie Salmon 24 |
| 9 Mississauga Lifesaving Club | | 0.09 | 8 |
| 1) Jordan Abdilla 26 | 2) Daniel Marinos 24 | 3) Pranav Muthumalaichamy 18 | 4) Alvin Tedjo 32 |

Event 5 Women 90 LC Meter Beach Sprint 16-19

| Name | Age Team | Finals Time | Points |
|------------------|-----------------------------------|-------------|--------|
| 1 Aneesha Nath | 17 Richmond Hill Lifesaving Club | 0.01 | 20 |
| 2 Nicole Colozza | 17 Richmond Hill Lifesaving Club | 0.02 | 18 |
| 3 Jem Cuthbert | 19 Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Renée Hallé | 19 City of Ottawa - Beaches | 0.04 | 14 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 5 Women 90 LC Meter Beach Sprint 16-19)**

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 5 Kiana Deland | 19 | City of Ottawa - Beaches | 0.05 | 13 |
| 6 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.06 | 12 |
| 7 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.08 | 10 |
| 9 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.09 | 8 |
| 10 Sofia Chabchoub | 17 | Richmond Hill Lifesaving Club | 0.10 | 7 |
| 11 Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | 0.11 | 6 |
| 12 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.12 | 5 |
| 13 Alison Pouw | 17 | City of Ottawa - Beaches | 0.13 | 4 |
| 14 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.14 | 3 |
| 15 Katie Stoner | 18 | Saugeen Shores Lifesaving Club | 0.15 | 2 |
| 16 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.16 | 1 |
| *17 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.17 | |

Event 5 Women 90 LC Meter Beach Sprint Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.01 | 20 |
| 2 Alexandra Ferguson | 29 | Paradise Beach Lifesaving Club | 0.02 | 18 |
| 3 Abigail Giesel | 23 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Cynthia Undyantara | 21 | Rouge Valley Lifesaving Club | 0.04 | 14 |
| 5 Clara Fraser | 21 | City of Ottawa - Beaches | 0.05 | 13 |
| 6 Melissa Black | 21 | Ottawa Valley Lifesaving Club | 0.06 | 12 |
| 7 Chantique Payne | 26 | Guelph Marlin Aquatic Club | 0.07 | 11 |
| 8 Carolyne Godon | 20 | Ottawa Valley Lifesaving Club | 0.08 | 10 |
| 9 Alexandra Labaj | 21 | Guelph Marlin Aquatic Club | 0.09 | 8 |
| 10 Madeline Giesel | 28 | Toronto Police Lifeguard Servi | 0.10 | 7 |
| 11 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.11 | 6 |
| 12 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.12 | 5 |
| 13 Hannah Cassidy | 23 | Mississauga Lifesaving Club | 0.13 | 4 |
| 14 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.14 | 3 |
| 15 Lori Garcia | 36 | Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Danielle Sullivan | 23 | Saugeen Shores Lifesaving Club | 0.16 | 1 |
| *17 Meghan Lamers | 22 | Guelph Marlin Aquatic Club | 0.17 | |
| *17 Carmen Wong | 34 | Richmond Hill Lifesaving Club | 0.17 | |

Event 6 Men 400 LC Meter Surf Ski Race 16-19

| Name | Age | Team | Finals Time | Points |
|---------------------------|-----|--------------------------------|-------------|--------|
| 1 McLean Reid | 17 | Toronto Police Lifeguard Servi | 0.01 | 20 |
| 2 Michael Bohnert | 18 | Saugeen Shores Lifesaving Club | 0.02 | 18 |
| 3 Scott Stacey | 18 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Hayden Clark | 19 | City of Ottawa - Beaches | 0.04 | 14 |
| 5 North Shelp | 16 | City of Ottawa - Beaches | 0.05 | 13 |
| 6 Joshua Nowlan | 17 | City of Ottawa - Beaches | 0.06 | 12 |
| 7 Tyler Donaldson | 18 | Saugeen Shores Lifesaving Club | 0.07 | 11 |
| 8 Liam Hollowell | 18 | Toronto Police Lifeguard Servi | 0.08 | 10 |
| 9 Aidan Miess | 17 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Cameron Kendrick | 17 | City of Ottawa - Beaches | 0.10 | 7 |
| 11 Joshua Hewa-Batuwitage | 17 | Toronto Police Lifeguard Servi | 0.11 | 6 |
| 12 Joseph Thompson | 19 | Richmond Hill Lifesaving Club | 0.12 | 5 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 6 Men 400 LC Meter Surf Ski Race 16-19)**

| Name | Age | Team | Finals Time | Points |
|-------------------|-----|-------------------------------|-------------|--------|
| 13 Roman Wiebe | 18 | City of Ottawa - Beaches | 0.13 | 4 |
| 14 Jake Storm | 16 | City of Ottawa - Beaches | 0.14 | 3 |
| 15 Dennis Plotnik | 19 | Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Kai Dingman | 17 | Richmond Hill Lifesaving Club | 0.16 | 1 |

Event 6 Men 400 LC Meter Surf Ski Race Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 James Verreault | 29 | Ottawa Valley Lifesaving Club | 0.01 | 20 |
| 2 William Dansereau | 20 | Ottawa Valley Lifesaving Club | 0.02 | 18 |
| 3 John Cuthbert | 27 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Owen Hollowell | 20 | Toronto Police Lifeguard Servi | 0.04 | 14 |
| 5 Dakota Birkenheier | 20 | Toronto Police Lifeguard Servi | 0.05 | 13 |
| 6 Chris Lindsay | 39 | Ottawa Valley Lifesaving Club | 0.06 | 12 |
| 7 Christopher Bari | 20 | Richmond Hill Lifesaving Club | 0.07 | 11 |
| 8 John Wyatt | 26 | Ottawa Valley Lifesaving Club | 0.08 | 10 |
| 9 Michael Hundt | 30 | Saugeen Shores Lifesaving Club | 0.09 | 8 |
| 10 Adrian Wong | 30 | Rouge Valley Lifesaving Club | 0.10 | 7 |
| 11 Jessey Elf | 21 | Guelph Marlin Aquatic Club | 0.11 | 6 |
| 12 Jonathan Denoon | 20 | Guelph Marlin Aquatic Club | 0.12 | 5 |
| 13 Daniel Berube | 59 | City of Ottawa - Beaches | 0.13 | 4 |
| 14 Greg Oulton | 23 | Waterloo Warriors Lifesaving C | 0.14 | 3 |
| 15 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.15 | 2 |
| 16 William O'Dwyer | 20 | Toronto Police Lifeguard Servi | 0.16 | 1 |
| *17 Dennis Cook | 24 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Kianoush Afzali | 22 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Yan Stefanovich | 23 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Oliver Nicholls | 22 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.17 | |
| *17 John Carey | 23 | Guelph Marlin Aquatic Club | 0.17 | |
| *17 Alvin Tedjo | 32 | Mississauga Lifesaving Club | 0.17 | |

Event 7 Women 400 LC Meter Beach Relay Relay 16-19

| Team | Relay | Finals Time | Points |
|---------------------------------|----------------------|----------------------|-----------------------|
| 1 Richmond Hill Lifesaving Clt | Z | 0.01 | 20 |
| 1) Sofia Chabchoub 17 | 2) Nicole Colozza 17 | 3) Aneesha Nath 17 | 4) Wendy Sanajko 19 |
| 2 Toronto Police Lifeguard Serv | Z | 0.02 | 18 |
| 1) Jem Cuthbert 19 | 2) Emma Gomes 18 | 3) Carlin Reid 16 | 4) Kaitlyn Simpson 18 |
| 3 City of Ottawa - Beaches | Z | 0.03 | 16 |
| 1) Kiana Deland 19 | 2) Renée Hallé 19 | 3) Valerie Pilote 17 | 4) Alison Pouw 17 |
| 4 Saugeen Shores Lifesaving Cl | Z | 0.04 | 14 |
| 1) Rachel Bohnert 16 | 2) Hailey Patrice 18 | 3) Katie Stoner 18 | 4) Madison Ashton 18 |

Event 7 Women 400 LC Meter Beach Relay Relay Open

| Team | Relay | Finals Time | Points |
|---------------------------------|-----------------------|-----------------------|----------------------|
| 1 Toronto Police Lifeguard Serv | | 0.01 | 20 |
| 1) Irene Flores 22 | 2) Abigail Giesel 23 | 3) Madeline Giesel 28 | 4) Jessica Larson 22 |
| 2 Guelph Marlin Aquatic Club | | 0.02 | 18 |
| 1) Margot Cunningham 22 | 2) Alexandra Labaj 21 | 3) Chantique Payne 26 | 4) Emma Tonellato 18 |
| 3 City of Ottawa - Beaches | | 0.03 | 16 |
| 1) Clara Fraser 21 | 2) Ashley Heroux 17 | 3) Sophie Laflamme 21 | 4) Ariel Widmaier 18 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 7 Women 400 LC Meter Beach Relay Relay Open)**

| Team | Relay | Finals Time | Points |
|--------------------------------|-------------------|-----------------------|-------------------------|
| 4 Richmond Hill Lifesaving Clt | | 0.04 | 14 |
| 1) Chantelle Gallagher 30 | 2) Lori Garcia 36 | 3) Alex Schleicher 17 | 4) Carmen Wong 34 |
| 5 Saugeen Shores Lifesaving Cl | | 0.05 | 13 |
| 1) Alanna Kozak 21 | 2) Alex Larson 24 | 3) Judy Stoner 56 | 4) Danielle Sullivan 23 |

Event 8 Men 2000 LC Meter Oceanman Relay 16-19

| Team | Relay | Finals Time | Points |
|---------------------------------|-----------------------------|-----------------------|--------------------|
| 1 City of Ottawa - Beaches | Z | 0.01 | 20 |
| 1) Hayden Clark 19 | 2) Cameron Kendrick 17 | 3) Joshua Nowlan 17 | 4) North Shelp 16 |
| 2 Toronto Police Lifeguard Serv | Z | 0.02 | 18 |
| 1) Aidan Miess 17 | 2) Adam Nemcsek 18 | 3) McLean Reid 17 | 4) Scott Stacey 18 |
| 3 Richmond Hill Lifesaving Clt | Z | 0.03 | 16 |
| 1) Dennis Plotnik 19 | 2) Matthew Shammass-Toma 17 | 3) Joseph Thompson 19 | 4) Timothy Yoon 18 |

Event 8 Men 2000 LC Meter Oceanman Relay Open

| Team | Relay | Finals Time | Points |
|---------------------------------|------------------------|------------------------------|----------------------------|
| 1 Ottawa Valley Lifesaving Clu | | 0.01 | 20 |
| 1) William Dansereau 20 | 2) Chris Lindsay 39 | 3) James Verreault 29 | 4) John Wyatt 26 |
| 2 Saugeen Shores Lifesaving Cl | | 0.02 | 18 |
| 1) Michael Bohnert 18 | 2) Tyler Donaldson 18 | 3) Michael Hundt 30 | 4) Mackenzie Salmon 24 |
| 3 Toronto Police Lifeguard Serv | | 0.03 | 16 |
| 1) Dakota Birkenheier 20 | 2) John Cuthbert 27 | 3) Sunket Kulkarni 20 | 4) Owen Hollowell 20 |
| 4 Guelph Marlin Aquatic Club | | 0.04 | 14 |
| 1) John Carey 23 | 2) Jonathan Denoon 20 | 3) Jessey Elf 21 | 4) Kelly Thompson 16 |
| 5 Rouge Valley Lifesaving Clut | | 0.05 | 13 |
| 1) Sagar Patel 23 | 2) Leo Rayner 26 | 3) Adrian Wong 30 | 4) Cameron Wong 24 |
| 6 Richmond Hill Lifesaving Clt | | 0.06 | 12 |
| 1) Kianoush Afzali 22 | 2) Christopher Bari 20 | 3) Dennis Cook 24 | 4) Kai Dingman 17 |
| 7 City of Ottawa - Beaches | | 0.07 | 11 |
| 1) Daniel Berube 59 | 2) Ryan Laverty 20 | 3) Jake Storm 16 | 4) Roman Wiebe 18 |
| 8 Toronto Police Lifeguard Serv | B | 0.08 | 10 |
| 1) Reed Burningham 20 | 2) Andrew Morel 21 | 3) William O'Dwyer 20 | 4) Vevek Shanthakumaran 20 |
| --- Mississauga Lifesaving Club | | DQ | |
| 1) Jordan Abdilla 26 | 2) Daniel Marinos 24 | 3) Pranav Muthumalaichamy 18 | 4) Alvin Tedjo 32 |

Event 9 Women 700 LC Meter Surf Race 16-19

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 1 Kiana Deland | 19 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 Madison Ashton | 18 | Saugeen Shores Lifesaving Club | 0.02 | 18 |
| 3 Nicole Colozza | 17 | Richmond Hill Lifesaving Club | 0.03 | 16 |
| 4 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.04 | 14 |
| 5 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.05 | 13 |
| 6 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.06 | 12 |
| 7 Alison Pouw | 17 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Renée Hallé | 19 | City of Ottawa - Beaches | 0.08 | 10 |
| 9 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Jem Cuthbert | 19 | Toronto Police Lifeguard Servi | 0.10 | 7 |
| 11 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.11 | 6 |
| 12 Katie Stoner | 18 | Saugeen Shores Lifesaving Club | 0.12 | 5 |
| 13 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.13 | 4 |
| 14 Sofia Chabchoub | 17 | Richmond Hill Lifesaving Club | 0.14 | 3 |
| 15 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.15 | 2 |

2016 Ontario LC - Senior WF -2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 9 Women 700 LC Meter Surf Race 16-19)**

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 16 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.16 | 1 |
| 17 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.17 | |
| 18 Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | 0.18 | |
| --- Aneesha Nath | 17 | Richmond Hill Lifesaving Club | DQ | |

Event 9 Women 700 LC Meter Surf Race Open

| Name | Age | Team | Finals Time | Points |
|-----------------------|-----|--------------------------------|-------------|--------|
| 1 Alexandra Ferguson | 29 | Paradise Beach Lifesaving Club | 0.01 | 20 |
| 2 Haylie Burton | 20 | Guelph Marlin Aquatic Club | 0.02 | 18 |
| 3 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Carolyne Godon | 20 | Ottawa Valley Lifesaving Club | 0.04 | 14 |
| 5 Alyce Sutcliffe | 26 | Paradise Beach Lifesaving Club | 0.05 | 13 |
| 6 Margot Cunningham | 22 | Guelph Marlin Aquatic Club | 0.06 | 12 |
| 7 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.07 | 11 |
| 8 Patricia Moulton | 25 | Ottawa Valley Lifesaving Club | 0.08 | 10 |
| 9 Freya Lewis | 22 | Waterloo Warriors Lifesaving C | 0.09 | 8 |
| 10 Chantique Payne | 26 | Guelph Marlin Aquatic Club | 0.10 | 7 |
| 11 Michelle Cuthbert | 20 | Toronto Police Lifeguard Servi | 0.11 | 6 |
| 12 Meghan Lamers | 22 | Guelph Marlin Aquatic Club | 0.12 | 5 |
| 13 Danielle Sullivan | 23 | Saugeen Shores Lifesaving Club | 0.13 | 4 |
| 14 Lauren Blechta | 24 | Waterloo Warriors Lifesaving C | 0.14 | 3 |
| 15 Alexandra Labaj | 21 | Guelph Marlin Aquatic Club | 0.15 | 2 |
| 16 Clara Fraser | 21 | City of Ottawa - Beaches | 0.16 | 1 |
| 17 Melissa Black | 21 | Ottawa Valley Lifesaving Club | 0.17 | |
| 18 Cynthia Undyantara | 21 | Rouge Valley Lifesaving Club | 0.18 | |
| 19 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.19 | |
| 20 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.20 | |
| 21 Alex Larson | 24 | Saugeen Shores Lifesaving Club | 0.21 | |
| 22 Irene Flores | 22 | Toronto Police Lifeguard Servi | 0.22 | |
| 23 Hannah Cassidy | 23 | Mississauga Lifesaving Club | 0.23 | |
| 24 Michelle Amar | 40 | Richmond Hill Lifesaving Club | 0.24 | |
| 25 Caitlin Schropp | 20 | Waterloo Warriors Lifesaving C | 0.25 | |
| 26 Vanessa Raso | 21 | Mississauga Lifesaving Club | 0.26 | |

Event 10 Men 700 LC Meter Surf Race 16-19

| Name | Age | Team | Finals Time | Points |
|---------------------------|-----|--------------------------------|-------------|--------|
| 1 North Shelp | 16 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 Kai Dingman | 17 | Richmond Hill Lifesaving Club | 0.02 | 18 |
| 3 Joshua Nowlan | 17 | City of Ottawa - Beaches | 0.03 | 16 |
| 4 Kelly Thompson | 16 | Guelph Marlin Aquatic Club | 0.04 | 14 |
| 5 McLean Reid | 17 | Toronto Police Lifeguard Servi | 0.05 | 13 |
| 6 Roman Wiebe | 18 | City of Ottawa - Beaches | 0.06 | 12 |
| 7 Jake Storm | 16 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Cameron Kendrick | 17 | City of Ottawa - Beaches | 0.08 | 10 |
| 9 Michael Bohnert | 18 | Saugeen Shores Lifesaving Club | 0.09 | 8 |
| 10 Tyler Donaldson | 18 | Saugeen Shores Lifesaving Club | 0.10 | 7 |
| 11 Joseph Thompson | 19 | Richmond Hill Lifesaving Club | 0.11 | 6 |
| 12 Derrick Lin | 19 | Rouge Valley Lifesaving Club | 0.12 | 5 |
| 13 Joshua Hewa-Batuwitage | 17 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Dennis Plotnik | 19 | Richmond Hill Lifesaving Club | 0.14 | 3 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 10 Men 700 LC Meter Surf Race 16-19)**

| Name | Age | Team | Finals Time | Points |
|--------------------------|-----|--------------------------------|-------------|--------|
| 15 Timothy Yoon | 18 | Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Liam Hollowell | 18 | Toronto Police Lifeguard Servi | 0.16 | 1 |
| 17 Matthew Shammass-Toma | 17 | Richmond Hill Lifesaving Club | 0.17 | |
| --- Hayden Clark | 19 | City of Ottawa - Beaches | DQ | |

Event 10 Men 700 LC Meter Surf Race Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.01 | 20 |
| 2 Jessey Elf | 21 | Guelph Marlin Aquatic Club | 0.02 | 18 |
| 3 James Verreault | 29 | Ottawa Valley Lifesaving Club | 0.03 | 16 |
| 4 John Wyatt | 26 | Ottawa Valley Lifesaving Club | 0.04 | 14 |
| 5 Jonathan Denoon | 20 | Guelph Marlin Aquatic Club | 0.05 | 13 |
| 6 Dakota Birkenheier | 20 | Toronto Police Lifeguard Servi | 0.06 | 12 |
| 7 Greg Oulton | 23 | Waterloo Warriors Lifesaving C | 0.07 | 11 |
| 8 William Dansereau | 20 | Ottawa Valley Lifesaving Club | 0.08 | 10 |
| 9 William O'Dwyer | 20 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Andrew Walker | 21 | Waterloo Warriors Lifesaving C | 0.10 | 7 |
| 11 Reed Burningham | 20 | Toronto Police Lifeguard Servi | 0.11 | 6 |
| 12 Michael Hundt | 30 | Saugeen Shores Lifesaving Club | 0.12 | 5 |
| 13 John Cuthbert | 27 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Christopher Bari | 20 | Richmond Hill Lifesaving Club | 0.14 | 3 |
| 15 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.15 | 2 |
| 16 Owen Hollowell | 20 | Toronto Police Lifeguard Servi | 0.16 | 1 |
| 17 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.17 | |
| 18 Yan Stefanovich | 23 | Richmond Hill Lifesaving Club | 0.18 | |

Event 11 Women 400 LC Meter Surf Ski Race 16-19

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 1 Kiana Deland | 19 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.02 | 18 |
| 3 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Alison Pouw | 17 | City of Ottawa - Beaches | 0.04 | 14 |
| 5 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.05 | 13 |
| 6 Katie Stoner | 18 | Saugeen Shores Lifesaving Club | 0.06 | 12 |
| 7 Renée Hallé | 19 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.08 | 10 |
| 9 Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.10 | 7 |
| 11 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.11 | 6 |
| 12 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.12 | 5 |
| 13 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.13 | 4 |
| 14 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.14 | 3 |
| 15 Aneesha Nath | 17 | Richmond Hill Lifesaving Club | 0.15 | 2 |

Event 11 Women 400 LC Meter Surf Ski Race Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 Alexandra Ferguson | 29 | Paradise Beach Lifesaving Club | 0.01 | 20 |
| 2 Carolyne Godon | 20 | Ottawa Valley Lifesaving Club | 0.02 | 18 |
| 3 Alyce Sutcliffe | 26 | Paradise Beach Lifesaving Club | 0.03 | 16 |
| 4 Patricia Moulton | 25 | Ottawa Valley Lifesaving Club | 0.04 | 14 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 11 Women 400 LC Meter Surf Ski Race Open)**

| Name | Age | Team | Finals Time | Points |
|-----------------------|-----|--------------------------------|-------------|--------|
| 5 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.05 | 13 |
| 6 Melissa Black | 21 | Ottawa Valley Lifesaving Club | 0.06 | 12 |
| 7 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.08 | 10 |
| 9 Madeline Giesel | 28 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Haylie Burton | 20 | Guelph Marlin Aquatic Club | 0.10 | 7 |
| 11 Clara Fraser | 21 | City of Ottawa - Beaches | 0.11 | 6 |
| 12 Alex Larson | 24 | Saugeen Shores Lifesaving Club | 0.12 | 5 |
| 13 Alexandra Labaj | 21 | Guelph Marlin Aquatic Club | 0.13 | 4 |
| 14 Freya Lewis | 22 | Waterloo Warriors Lifesaving C | 0.14 | 3 |
| 15 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.15 | 2 |
| 16 Danielle Sullivan | 23 | Saugeen Shores Lifesaving Club | 0.16 | 1 |
| *17 Michelle Cuthbert | 20 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Abigail Giesel | 23 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Charlene Pugh | 44 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Caitlin Schropp | 20 | Waterloo Warriors Lifesaving C | 0.17 | |
| *17 Alice Litherland | 25 | Toronto Police Lifeguard Servi | 0.17 | |

Event 12 Men 2000 LC Meter Cdn Iron Guard 16-19

| Name | Age | Team | Finals Time | Points |
|---------------------------|-----|--------------------------------|-------------|--------|
| 1 Joshua Nowlan | 17 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 McLean Reid | 17 | Toronto Police Lifeguard Servi | 0.02 | 18 |
| 3 North Shelp | 16 | City of Ottawa - Beaches | 0.03 | 16 |
| 4 Cameron Kendrick | 17 | City of Ottawa - Beaches | 0.04 | 14 |
| 5 Kai Dingman | 17 | Richmond Hill Lifesaving Club | 0.05 | 13 |
| 6 Hayden Clark | 19 | City of Ottawa - Beaches | 0.06 | 12 |
| 7 Michael Bohnert | 18 | Saugeen Shores Lifesaving Club | 0.07 | 11 |
| 8 Roman Wiebe | 18 | City of Ottawa - Beaches | 0.08 | 10 |
| 9 Jake Storm | 16 | City of Ottawa - Beaches | 0.09 | 8 |
| 10 Joshua Hewa-Batuwitage | 17 | Toronto Police Lifeguard Servi | 0.10 | 7 |
| 11 Tyler Donaldson | 18 | Saugeen Shores Lifesaving Club | 0.11 | 6 |
| 12 Joseph Thompson | 19 | Richmond Hill Lifesaving Club | 0.12 | 5 |
| 13 Adam Nemsek | 18 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Scott Stacey | 18 | Toronto Police Lifeguard Servi | 0.14 | 3 |
| 15 Timothy Yoon | 18 | Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Matthew Shammass-Toma | 17 | Richmond Hill Lifesaving Club | 0.16 | 1 |

Event 12 Men 2000 LC Meter Cdn Iron Guard Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 Jessey Elf | 21 | Guelph Marlin Aquatic Club | 0.01 | 20 |
| 2 Chris Lindsay | 39 | Ottawa Valley Lifesaving Club | 0.02 | 18 |
| 3 Owen Hollowell | 20 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.04 | 14 |
| 5 Jonathan Denoon | 20 | Guelph Marlin Aquatic Club | 0.05 | 13 |
| 6 Greg Oulton | 23 | Waterloo Warriors Lifesaving C | 0.06 | 12 |
| 7 Dakota Birkenheier | 20 | Toronto Police Lifeguard Servi | 0.07 | 11 |
| 8 John Cuthbert | 27 | Toronto Police Lifeguard Servi | 0.08 | 10 |
| 9 Michael Hundt | 30 | Saugeen Shores Lifesaving Club | 0.09 | 8 |
| 10 Christopher Bari | 20 | Richmond Hill Lifesaving Club | 0.10 | 7 |
| 11 Andrew Walker | 21 | Waterloo Warriors Lifesaving C | 0.11 | 6 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 12 Men 2000 LC Meter Cdn Iron Guard Open)**

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 12 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.12 | 5 |
| 13 William O'Dwyer | 20 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.14 | 3 |
| 15 Charles Seguin | 24 | City of Ottawa - Beaches | 0.15 | 2 |
| 16 Yan Stefanovich | 23 | Richmond Hill Lifesaving Club | 0.16 | 1 |

Event 13 Women 2000 LC Meter Oceanwoman Relay 16-19

| Team | Relay | Finals Time | Points |
|---------------------------------|----------------------|----------------------|-----------------------|
| 1 City of Ottawa - Beaches | Z | 0.01 | 20 |
| 1) Kiana Deland 19 | 2) Renée Hallé 19 | 3) Valerie Pilote 17 | 4) Alison Pouw 17 |
| 2 Saugeen Shores Lifesaving Cl | Z | 0.02 | 18 |
| 1) Madison Ashton 18 | 2) Rachel Bohnert 16 | 3) Hailey Patrice 18 | 4) Katie Stoner 18 |
| 3 Toronto Police Lifeguard Serv | Z | 0.03 | 16 |
| 1) Jem Cuthbert 19 | 2) Emma Gomes 18 | 3) Carlin Reid 16 | 4) Kaitlyn Simpson 18 |
| 4 Richmond Hill Lifesaving Ch | Z | 0.04 | 14 |
| 1) Sofia Chabchoub 17 | 2) Nicole Colozza 17 | 3) Wendy Sanajko 19 | 4) Alex Schleicher 17 |

Event 13 Women 2000 LC Meter Oceanwoman Relay Open

| Team | Relay | Finals Time | Points |
|---------------------------------|---------------------------|-----------------------|-------------------------|
| 1 Guelph Marlin Aquatic Club | Z | 0.01 | 20 |
| 1) Haylie Burton 20 | 2) Margot Cunningham 22 | 3) Alexandra Labaj 21 | 4) Emma Tonellato 18 |
| 2 City of Ottawa - Beaches | Z | 0.02 | 18 |
| 1) Clara Fraser 21 | 2) Ashley Heroux 17 | 3) Sophie Laflamme 21 | 4) Ariel Widmaier 18 |
| 3 Toronto Police Lifeguard Serv | Z | 0.03 | 16 |
| 1) Michelle Cuthbert 20 | 2) Abigail Giesel 23 | 3) Madeline Giesel 28 | 4) Jessica Larson 22 |
| 4 Saugeen Shores Lifesaving Cl | Z | 0.04 | 14 |
| 1) Alanna Kozak 21 | 2) Alex Larson 24 | 3) Judy Stoner 56 | 4) Danielle Sullivan 23 |
| 5 Richmond Hill Lifesaving Clt | Z | 0.05 | 13 |
| 1) Michelle Amar 40 | 2) Chantelle Gallagher 30 | 3) Lori Garcia 36 | 4) Charlene Pugh 44 |

Event 14 Men 240 LC Meter Rescue Tube Rescue Relay 16-19

| Team | Relay | Finals Time | Points |
|---------------------------------|------------------------|----------------------------|-----------------------|
| 1 City of Ottawa - Beaches | Z | 0.01 | 20 |
| 1) Hayden Clark 19 | 2) Cameron Kendrick 17 | 3) Joshua Nowlan 17 | 4) North Shelp 16 |
| 2 Toronto Police Lifeguard Serv | Z | 0.02 | 18 |
| 1) Joshua Hewa-Batuwitage 17 | 2) Liam Hollowell 18 | 3) Aidan Miess 17 | 4) McLean Reid 17 |
| 3 Richmond Hill Lifesaving Clt | Z | 0.03 | 16 |
| 1) Kai Dingman 17 | 2) Dennis Plotnik 19 | 3) Matthew Shammas-Toma 17 | 4) Joseph Thompson 19 |

Event 14 Men 240 LC Meter Rescue Tube Rescue Relay Open

| Team | Relay | Finals Time | Points |
|---------------------------------|-----------------------|-----------------------|------------------------|
| 1 Saugeen Shores Lifesaving Cl | Z | 0.01 | 20 |
| 1) Michael Bohnert 18 | 2) Tyler Donaldson 18 | 3) Michael Hundt 30 | 4) Mackenzie Salmon 24 |
| 2 Ottawa Valley Lifesaving Clu | Z | 0.02 | 18 |
| 1) William Dansereau 20 | 2) Chris Lindsay 39 | 3) James Verreault 29 | 4) John Wyatt 26 |
| 3 Toronto Police Lifeguard Serv | Z | 0.03 | 16 |
| 1) Dakota Birkenheier 20 | 2) John Cuthbert 27 | 3) Andrew Morel 21 | 4) William O'Dwyer 20 |
| 4 Rouge Valley Lifesaving Clut | Z | 0.04 | 14 |
| 1) Derrick Lin 19 | 2) Leo Rayner 26 | 3) Adrian Wong 30 | 4) Cameron Wong 24 |
| 5 Guelph Marlin Aquatic Club | Z | 0.05 | 13 |
| 1) John Carey 23 | 2) Jonathan Denoon 20 | 3) Jessey Elf 21 | 4) Kelly Thompson 16 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 14 Men 240 LC Meter Rescue Tube Rescue Relay Open)**

| Team | Relay | Finals Time | Points |
|---------------------------------|------------------------------|-----------------------|----------------------------|
| 6 Toronto Police Lifeguard Serv | B | 0.06 | 12 |
| 1) Reed Burningham 20 | 2) Owen Hollowell 20 | 3) Sunket Kulkarni 20 | 4) Vevek Shanthakumaran 20 |
| 7 City of Ottawa - Beaches | | 0.07 | 11 |
| 1) Ryan Laverty 20 | 2) Charles Seguin 24 | 3) Jake Storm 16 | 4) Roman Wiebe 18 |
| 8 Richmond Hill Lifesaving Clt | | 0.08 | 10 |
| 1) Kianoush Afzali 22 | 2) Christopher Bari 20 | 3) Mike Di Cosmo 20 | 4) Yan Stefanovich 23 |
| --- Mississauga Lifesaving Club | | DNF | |
| 1) Jordan Abdilla 26 | 2) Pranav Muthumalaichamy 18 | 3) Daniel Marinos 24 | 4) Alvin Tedjo 32 |

Event 15 Women 2000 LC Meter Beach Run 16-19

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 1 Alison Pouw | 17 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 Renée Hallé | 19 | City of Ottawa - Beaches | 0.06 | 18 |
| 3 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.08 | 16 |
| 4 Kiana Deland | 19 | City of Ottawa - Beaches | 0.09 | 14 |
| 5 Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | 0.10 | 13 |
| 6 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.15 | 12 |
| 7 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.17 | 11 |
| 8 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.18 | 10 |
| 9 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.19 | 8 |
| 10 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.20 | 7 |
| 11 Sofia Chabchoub | 17 | Richmond Hill Lifesaving Club | 0.25 | 6 |
| 12 Nicole Colozza | 17 | Richmond Hill Lifesaving Club | 0.26 | 5 |
| 13 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.27 | 4 |
| 14 Aneesha Nath | 17 | Richmond Hill Lifesaving Club | 0.32 | 3 |
| 15 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.33 | 2 |
| 16 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.34 | 1 |

Event 15 Women 2000 LC Meter Beach Run Open

| Name | Age | Team | Finals Time | Points |
|-----------------------|-----|--------------------------------|-------------|--------|
| 1 Clara Fraser | 21 | City of Ottawa - Beaches | 0.02 | 20 |
| 2 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.03 | 18 |
| 3 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.04 | 16 |
| 4 Chantelle Gallagher | 30 | Richmond Hill Lifesaving Club | 0.05 | 14 |
| 5 Chantique Payne | 26 | Guelph Marlin Aquatic Club | 0.07 | 13 |
| 6 Madeline Giesel | 28 | Toronto Police Lifeguard Servi | 0.11 | 12 |
| 7 Melissa Black | 21 | Ottawa Valley Lifesaving Club | 0.12 | 11 |
| 8 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.13 | 10 |
| 9 Joanna Joeng | 23 | Rouge Valley Lifesaving Club | 0.14 | 8 |
| 10 Meghan McGrath | 21 | Waterloo Warriors Lifesaving C | 0.16 | 7 |
| 11 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.21 | 6 |
| 12 Lauren Blechta | 24 | Waterloo Warriors Lifesaving C | 0.22 | 5 |
| 13 Michelle Cuthbert | 20 | Toronto Police Lifeguard Servi | 0.23 | 4 |
| 14 Alexandra Labaj | 21 | Guelph Marlin Aquatic Club | 0.24 | 3 |
| 15 Carmen Wong | 34 | Richmond Hill Lifesaving Club | 0.28 | 2 |
| 16 Vanessa Raso | 21 | Mississauga Lifesaving Club | 0.29 | 1 |
| 17 Michelle Amar | 40 | Richmond Hill Lifesaving Club | 0.30 | |
| 18 Lori Garcia | 36 | Richmond Hill Lifesaving Club | 0.31 | |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****Event 16 Men 2000 LC Meter Beach Run 16-19**

| Name | Age | Team | Finals Time | Points |
|--------------------------|-----|--------------------------------|-------------|--------|
| 1 Cameron Kendrick | 17 | City of Ottawa - Beaches | 0.03 | 20 |
| 2 Joshua Nowlan | 17 | City of Ottawa - Beaches | 0.05 | 18 |
| 3 McLean Reid | 17 | Toronto Police Lifeguard Servi | 0.07 | 16 |
| 4 Hayden Clark | 19 | City of Ottawa - Beaches | 0.08 | 14 |
| 5 Joshua Hewa-Batuwitage | 17 | Toronto Police Lifeguard Servi | 0.09 | 13 |
| 6 Kai Dingman | 17 | Richmond Hill Lifesaving Club | 0.12 | 12 |
| 7 North Shelp | 16 | City of Ottawa - Beaches | 0.15 | 11 |
| 8 Michael Bohnert | 18 | Saugeen Shores Lifesaving Club | 0.17 | 10 |
| 9 Aidan Miess | 17 | Toronto Police Lifeguard Servi | 0.19 | 8 |
| 10 Kelly Thompson | 16 | Guelph Marlin Aquatic Club | 0.20 | 7 |
| 11 Matthew Shammas-Toma | 17 | Richmond Hill Lifesaving Club | 0.21 | 6 |
| 12 Derrick Lin | 19 | Rouge Valley Lifesaving Club | 0.23 | 5 |
| 13 Adam Nemcsek | 18 | Toronto Police Lifeguard Servi | 0.24 | 4 |
| 14 Joseph Thompson | 19 | Richmond Hill Lifesaving Club | 0.25 | 3 |
| 15 Scott Stacey | 18 | Toronto Police Lifeguard Servi | 0.28 | 2 |
| 16 Roman Wiebe | 18 | City of Ottawa - Beaches | 0.29 | 1 |
| 17 Dennis Plotnik | 19 | Richmond Hill Lifesaving Club | 0.31 | |
| 18 Jake Storm | 16 | City of Ottawa - Beaches | 0.32 | |

Event 16 Men 2000 LC Meter Beach Run Open

| Name | Age | Team | Finals Time | Points |
|-------------------------|-----|--------------------------------|-------------|--------|
| 1 Jessey Elf | 21 | Guelph Marlin Aquatic Club | 0.01 | 20 |
| 2 Owen Hollowell | 20 | Toronto Police Lifeguard Servi | 0.02 | 18 |
| 3 Chris Lindsay | 39 | Ottawa Valley Lifesaving Club | 0.04 | 16 |
| 4 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.06 | 14 |
| 5 Charles Seguin | 24 | City of Ottawa - Beaches | 0.10 | 13 |
| 6 John Cuthbert | 27 | Toronto Police Lifeguard Servi | 0.11 | 12 |
| 7 Reed Burningham | 20 | Toronto Police Lifeguard Servi | 0.13 | 11 |
| 8 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.14 | 10 |
| 9 Michael Hundt | 30 | Saugeen Shores Lifesaving Club | 0.16 | 8 |
| 10 Saba Sedaghatkish | 23 | Richmond Hill Lifesaving Club | 0.18 | 7 |
| 11 John Carey | 23 | Guelph Marlin Aquatic Club | 0.22 | 6 |
| 12 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.26 | 5 |
| 13 Jonathan Denoon | 20 | Guelph Marlin Aquatic Club | 0.27 | 4 |
| 14 Vevek Shanthakumaran | 20 | Toronto Police Lifeguard Servi | 0.30 | 3 |
| 15 Oliver Nicholls | 22 | Toronto Police Lifeguard Servi | 0.33 | 2 |
| --- Mike Di Cosmo | 20 | Richmond Hill Lifesaving Club | DNF | |

Event 17 Women 2000 LC Meter Oceanwoman 16-19

| Name | Age | Team | Finals Time | Points |
|------------------|-----|--------------------------------|-------------|--------|
| 1 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.01 | 20 |
| 2 Alison Pouw | 17 | City of Ottawa - Beaches | 0.02 | 18 |
| 3 Kiana Deland | 19 | City of Ottawa - Beaches | 0.03 | 16 |
| 4 Katie Stoner | 18 | Saugeen Shores Lifesaving Club | 0.04 | 14 |
| 5 Renée Hallé | 19 | City of Ottawa - Beaches | 0.05 | 13 |
| 6 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.06 | 12 |
| 7 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.07 | 11 |
| 8 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.08 | 10 |
| 9 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.09 | 8 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 17 Women 2000 LC Meter Oceanwoman 16-19)**

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------|-------------|--------|
| --- Valerie Pilote | 17 | City of Ottawa - Beaches | DQ | |

Event 17 Women 2000 LC Meter Oceanwoman Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 Alexandra Ferguson | 29 | Paradise Beach Lifesaving Club | 0.01 | 20 |
| 2 Carolyne Godon | 20 | Ottawa Valley Lifesaving Club | 0.02 | 18 |
| 3 Alyce Sutcliffe | 26 | Paradise Beach Lifesaving Club | 0.03 | 16 |
| 4 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.04 | 14 |
| 5 Clara Fraser | 21 | City of Ottawa - Beaches | 0.05 | 13 |
| 6 Haylie Burton | 20 | Guelph Marlin Aquatic Club | 0.06 | 12 |
| 7 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.08 | 10 |
| 9 Freya Lewis | 22 | Waterloo Warriors Lifesaving C | 0.09 | 8 |
| 10 Margot Cunningham | 22 | Guelph Marlin Aquatic Club | 0.10 | 7 |
| 11 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.11 | 6 |
| --- Madeline Giesel | 28 | Toronto Police Lifeguard Servi | DNF | |
| --- Patricia Moulton | 25 | Ottawa Valley Lifesaving Club | DNF | |
| --- Charlene Pugh | 44 | Richmond Hill Lifesaving Club | DNF | |

Event 18 Men 600 LC Meter Board Race 16-19

| Name | Age | Team | Finals Time | Points |
|---------------------------|-----|--------------------------------|-------------|--------|
| 1 Hayden Clark | 19 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 Michael Bohnert | 18 | Saugeen Shores Lifesaving Club | 0.02 | 18 |
| 3 McLean Reid | 17 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Joshua Nowlan | 17 | City of Ottawa - Beaches | 0.04 | 14 |
| 5 Kai Dingman | 17 | Richmond Hill Lifesaving Club | 0.05 | 13 |
| 6 Cameron Kendrick | 17 | City of Ottawa - Beaches | 0.06 | 12 |
| 7 North Shelp | 16 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Tyler Donaldson | 18 | Saugeen Shores Lifesaving Club | 0.08 | 10 |
| 9 Aidan Miess | 17 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Roman Wiebe | 18 | City of Ottawa - Beaches | 0.10 | 7 |
| 11 Jake Storm | 16 | City of Ottawa - Beaches | 0.11 | 6 |
| 12 Joseph Thompson | 19 | Richmond Hill Lifesaving Club | 0.12 | 5 |
| 13 Dennis Plotnik | 19 | Richmond Hill Lifesaving Club | 0.13 | 4 |
| 14 Scott Stacey | 18 | Toronto Police Lifeguard Servi | 0.14 | 3 |
| 15 Joshua Hewa-Batuwitage | 17 | Toronto Police Lifeguard Servi | 0.15 | 2 |
| 16 Liam Hollowell | 18 | Toronto Police Lifeguard Servi | 0.16 | 1 |
| 17 Adam Nencsek | 18 | Toronto Police Lifeguard Servi | 0.17 | |
| 18 Derrick Lin | 19 | Rouge Valley Lifesaving Club | 0.18 | |

Event 18 Men 600 LC Meter Board Race Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 James Verreault | 29 | Ottawa Valley Lifesaving Club | 0.01 | 20 |
| 2 William Dansereau | 20 | Ottawa Valley Lifesaving Club | 0.02 | 18 |
| 3 John Cuthbert | 27 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Chris Lindsay | 39 | Ottawa Valley Lifesaving Club | 0.04 | 14 |
| 5 Owen Hollowell | 20 | Toronto Police Lifeguard Servi | 0.05 | 13 |
| 6 Dakota Birkenheier | 20 | Toronto Police Lifeguard Servi | 0.06 | 12 |
| 7 John Wyatt | 26 | Ottawa Valley Lifesaving Club | 0.07 | 11 |
| 8 Christopher Bari | 20 | Richmond Hill Lifesaving Club | 0.08 | 10 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 18 Men 600 LC Meter Board Race Open)**

| Name | Age | Team | Finals Time | Points |
|---------------------|-----|--------------------------------|-------------|--------|
| 9 Jesse Elf | 21 | Guelph Marlin Aquatic Club | 0.09 | 8 |
| 10 Greg Oulton | 23 | Waterloo Warriors Lifesaving C | 0.10 | 7 |
| 11 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.11 | 6 |
| 12 Jonathan Denoon | 20 | Guelph Marlin Aquatic Club | 0.12 | 5 |
| 13 William O'Dwyer | 20 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Daniel Berube | 59 | City of Ottawa - Beaches | 0.14 | 3 |
| 15 Andrew Walker | 21 | Waterloo Warriors Lifesaving C | 0.15 | 2 |
| *17 Yan Stefanovich | 23 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Oliver Nicholls | 22 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.17 | |
| *17 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Charles Seguin | 24 | City of Ottawa - Beaches | 0.17 | |
| *17 Gordon Leask | 24 | Toronto Lifesaving Club | 0.17 | |
| *17 Michael Hundt | 30 | Saugeen Shores Lifesaving Club | 0.17 | |
| *17 John Carey | 23 | Guelph Marlin Aquatic Club | 0.17 | |
| *17 Reed Burningham | 20 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Jordan Abdilla | 26 | Mississauga Lifesaving Club | 0.17 | |
| --- Adrian Wong | 30 | Rouge Valley Lifesaving Club | DQ | |

Event 19 Women 700 LC Meter Board Rescue Relay 16-19

| Team | Relay | Finals Time | Points |
|----------------------------------|-----------------------|-------------|--------|
| 1 City of Ottawa - Beaches | Z | 0.01 | 20 |
| 1) Kiana Deland 19 | 2) Valerie Pilote 17 | | |
| 2 Toronto Police Lifeguard Serv | Z | 0.02 | 18 |
| 1) Jem Cuthbert 19 | 2) Emma Gomes 18 | | |
| 3 Saugeen Shores Lifesaving Cl | Z | 0.03 | 16 |
| 1) Madison Ashton 18 | 2) Katie Stoner 18 | | |
| 4 City of Ottawa - Beaches | Y | 0.04 | 14 |
| 1) Renée Hallé 19 | 2) Alison Pouw 17 | | |
| 5 City of Ottawa - Beaches | X | 0.05 | 13 |
| 1) Ashley Heroux 17 | 2) Ariel Widmaier 18 | | |
| 6 Saugeen Shores Lifesaving Cl | Y | 0.06 | 12 |
| 1) Rachel Bohnert 16 | 2) Hailey Patrice 18 | | |
| 7 Toronto Police Lifeguard Serv | Y | 0.07 | 11 |
| 1) Carlin Reid 16 | 2) Kaitlyn Simpson 18 | | |
| --- Richmond Hill Lifesaving Clt | Z | DNF | |
| 1) Sofia Chabchoub 17 | 2) Nicole Colozza 17 | | |
| --- Richmond Hill Lifesaving Clt | Y | DNF | |
| 1) Aneesha Nath 17 | 2) Alex Schleicher 17 | | |

Event 19 Women 700 LC Meter Board Rescue Relay Open

| Team | Relay | Finals Time | Points |
|--------------------------------|-------------------------|-------------|--------|
| 1 Paradise Beach Lifesaving Cl | | 0.01 | 20 |
| 1) Alexandra Ferguson 29 | 2) Alyce Sutcliffe 26 | | |
| 2 Guelph Marlin Aquatic Club | B | 0.02 | 18 |
| 1) Haylie Burton 20 | 2) Margot Cunningham 22 | | |
| 3 City of Ottawa - Beaches | | 0.03 | 16 |
| 1) Clara Fraser 21 | 2) Sophie Laflamme 21 | | |
| 4 Guelph Marlin Aquatic Club | | 0.04 | 14 |
| 1) Alexandra Labaj 21 | 2) Emma Tonellato 18 | | |

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Results

(Event 19 Women 700 LC Meter Board Rescue Relay Open)

| Team | Relay | Finals Time | Points |
|-----------------------------------|-------------------------|-------------|--------|
| 5 Toronto Police Lifeguard Serv | C | 0.05 | 13 |
| 1) Michelle Cuthbert 20 | 2) Jessica Larson 22 | | |
| 6 Waterloo Warriors Lifesaving | | 0.06 | 12 |
| 1) Lauren Blechta 24 | 2) Caitlin Schropp 20 | | |
| 9 Richmond Hill Lifesaving Clt | | 0.09 | 8 |
| 1) Chantelle Gallagher 30 | 2) Charlene Pugh 44 | | |
| 10 Saugeen Shores Lifesaving Cl | | 0.10 | 7 |
| 1) Alanna Kozak 21 | 2) Danielle Sullivan 23 | | |
| --- Mississauga Lifesaving Club | | DQ | |
| 1) Hannah Cassidy 23 | 2) Vanessa Raso 21 | | |
| --- Ottawa Valley Lifesaving Clu | | DQ | |
| 1) Patricia Moulton 25 | 2) Melissa Black 21 | | |
| --- Waterloo Warriors Lifesaving | B | DNF | |
| 1) Freya Lewis 22 | 2) Meghan McGrath 21 | | |
| --- Toronto Police Lifeguard Serv | | DNF | |
| 1) Irene Flores 22 | 2) Alice Litherland 25 | | |
| --- Richmond Hill Lifesaving Clt | B | DNF | |
| 1) Michelle Amar 40 | 2) Lori Garcia 36 | | |
| --- Toronto Police Lifeguard Serv | B | DNF | |
| 1) Abigail Giesel 23 | 2) Madeline Giesel 28 | | |

Event 20 Men 20 LC Meter Beach Flags 16-19

| Name | Age Team | Finals Time | Points |
|---------------------------|-----------------------------------|-------------|--------|
| 1 Aidan Miess | 17 Toronto Police Lifeguard Servi | 0.01 | 20 |
| 2 McLean Reid | 17 Toronto Police Lifeguard Servi | 0.02 | 18 |
| 3 Adam Nemcsek | 18 Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Dennis Plotnik | 19 Richmond Hill Lifesaving Club | 0.04 | 14 |
| 5 Tyler Donaldson | 18 Saugeen Shores Lifesaving Club | 0.05 | 13 |
| 6 Hayden Clark | 19 City of Ottawa - Beaches | 0.06 | 12 |
| 7 Cameron Kendrick | 17 City of Ottawa - Beaches | 0.07 | 11 |
| 8 Kai Dingman | 17 Richmond Hill Lifesaving Club | 0.08 | 10 |
| 9 Roman Wiebe | 18 City of Ottawa - Beaches | 0.09 | 8 |
| 10 Derrick Lin | 19 Rouge Valley Lifesaving Club | 0.10 | 7 |
| 11 Kelly Thompson | 16 Guelph Marlin Aquatic Club | 0.11 | 6 |
| 12 North Shelp | 16 City of Ottawa - Beaches | 0.12 | 5 |
| 13 Michael Bohnert | 18 Saugeen Shores Lifesaving Club | 0.13 | 4 |
| 14 Joshua Nowlan | 17 City of Ottawa - Beaches | 0.14 | 3 |
| 15 Timothy Yoon | 18 Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Joshua Hewa-Batuwitage | 17 Toronto Police Lifeguard Servi | 0.16 | 1 |
| *17 Joseph Thompson | 19 Richmond Hill Lifesaving Club | 0.17 | |
| *17 Matthew Shammas-Toma | 17 Richmond Hill Lifesaving Club | 0.17 | |
| *17 Scott Stacey | 18 Toronto Police Lifeguard Servi | 0.17 | |
| *17 Jake Storm | 16 City of Ottawa - Beaches | 0.17 | |
| *17 Liam Hollowell | 18 Toronto Police Lifeguard Servi | 0.17 | |

Event 20 Men 20 LC Meter Beach Flags Open

| Name | Age Team | Finals Time | Points |
|-------------------|-----------------------------------|-------------|--------|
| 1 Dennis Cook | 24 Richmond Hill Lifesaving Club | 0.01 | 20 |
| 2 Cameron Wong | 24 Rouge Valley Lifesaving Club | 0.02 | 18 |
| 3 Sunket Kulkarni | 20 Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 William O'Dwyer | 20 Toronto Police Lifeguard Servi | 0.04 | 14 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 20 Men 20 LC Meter Beach Flags Open)**

| Name | Age | Team | Finals Time | Points |
|----------------------------|-----|--------------------------------|-------------|--------|
| 5 John Cuthbert | 27 | Toronto Police Lifeguard Servi | 0.05 | 13 |
| 6 Jessey Elf | 21 | Guelph Marlin Aquatic Club | 0.06 | 12 |
| 7 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Charles Seguin | 24 | City of Ottawa - Beaches | 0.08 | 10 |
| 9 Sagar Patel | 23 | Rouge Valley Lifesaving Club | 0.09 | 8 |
| 10 John Carey | 23 | Guelph Marlin Aquatic Club | 0.10 | 7 |
| 11 Daniel Marinos | 24 | Mississauga Lifesaving Club | 0.11 | 6 |
| 12 Vevek Shanthakumaran | 20 | Toronto Police Lifeguard Servi | 0.12 | 5 |
| 13 Dakota Birkenheier | 20 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Saba Sedaghatkish | 23 | Richmond Hill Lifesaving Club | 0.14 | 3 |
| 15 Christopher Bari | 20 | Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Oliver Nicholls | 22 | Toronto Police Lifeguard Servi | 0.16 | 1 |
| *17 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Yan Stefanovich | 23 | Richmond Hill Lifesaving Club | 0.17 | |
| *17 Jordan Abdilla | 26 | Mississauga Lifesaving Club | 0.17 | |
| *17 Pranav Muthumalaichamy | 18 | Mississauga Lifesaving Club | 0.17 | |
| *17 Reed Burningham | 20 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.17 | |

Event 21 Women 600 LC Meter Board Race 16-19

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 1 Alison Pouw | 17 | City of Ottawa - Beaches | 0.01 | 20 |
| 2 Kiana Deland | 19 | City of Ottawa - Beaches | 0.02 | 18 |
| 3 Madison Ashton | 18 | Saugeen Shores Lifesaving Club | 0.03 | 16 |
| 4 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.04 | 14 |
| 5 Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | 0.05 | 13 |
| 6 Renée Hallé | 19 | City of Ottawa - Beaches | 0.06 | 12 |
| 7 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.07 | 11 |
| 8 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.08 | 10 |
| 9 Sofia Chabchoub | 17 | Richmond Hill Lifesaving Club | 0.09 | 8 |
| 10 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.10 | 7 |
| 11 Jem Cuthbert | 19 | Toronto Police Lifeguard Servi | 0.11 | 6 |
| 12 Aneesha Nath | 17 | Richmond Hill Lifesaving Club | 0.12 | 5 |
| 13 Nicole Colozza | 17 | Richmond Hill Lifesaving Club | 0.13 | 4 |
| 14 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.14 | 3 |
| 15 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.15 | 2 |
| 16 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.16 | 1 |
| 17 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.17 | |
| 18 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.18 | |

Event 21 Women 600 LC Meter Board Race Open

| Name | Age | Team | Finals Time | Points |
|----------------------|-----|--------------------------------|-------------|--------|
| 1 Alexandra Ferguson | 29 | Paradise Beach Lifesaving Club | 0.01 | 20 |
| 2 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.02 | 18 |
| 3 Patricia Moulton | 25 | Ottawa Valley Lifesaving Club | 0.03 | 16 |
| 4 Alyce Sutcliffe | 26 | Paradise Beach Lifesaving Club | 0.04 | 14 |
| 5 Freya Lewis | 22 | Waterloo Warriors Lifesaving C | 0.05 | 13 |
| 6 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.06 | 12 |
| 7 Haylie Burton | 20 | Guelph Marlin Aquatic Club | 0.07 | 11 |
| 8 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.08 | 10 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 21 Women 600 LC Meter Board Race Open)**

| Name | Age | Team | Finals Time | Points |
|------------------------|-----|--------------------------------|-------------|--------|
| 9 Melissa Black | 21 | Ottawa Valley Lifesaving Club | 0.09 | 8 |
| 10 Chantelle Gallagher | 30 | Richmond Hill Lifesaving Club | 0.10 | 7 |
| 11 Clara Fraser | 21 | City of Ottawa - Beaches | 0.11 | 6 |
| 12 Margot Cunningham | 22 | Guelph Marlin Aquatic Club | 0.12 | 5 |
| 13 Lauren Blechta | 24 | Waterloo Warriors Lifesaving C | 0.13 | 4 |
| 14 Abigail Giesel | 23 | Toronto Police Lifeguard Servi | 0.14 | 3 |
| 15 Danielle Sullivan | 23 | Saugeen Shores Lifesaving Club | 0.15 | 2 |
| 16 Charlene Pugh | 44 | Richmond Hill Lifesaving Club | 0.16 | 1 |
| *17 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.17 | |
| *17 Madeline Giesel | 28 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Alice Litherland | 25 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Irene Flores | 22 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Michelle Cuthbert | 20 | Toronto Police Lifeguard Servi | 0.17 | |
| *17 Vanessa Raso | 21 | Mississauga Lifesaving Club | 0.17 | |
| *17 Cynthia Undyantara | 21 | Rouge Valley Lifesaving Club | 0.17 | |
| *17 Hannah Cassidy | 23 | Mississauga Lifesaving Club | 0.17 | |
| *17 Caitlin Schropp | 20 | Waterloo Warriors Lifesaving C | 0.17 | |

Event 23 Women 20 LC Meter Beach Flags 16-19

| Name | Age | Team | Finals Time | Points |
|--------------------|-----|--------------------------------|-------------|--------|
| 1 Sofia Chabchoub | 17 | Richmond Hill Lifesaving Club | 0.01 | 20 |
| 2 Aneesha Nath | 17 | Richmond Hill Lifesaving Club | 0.02 | 18 |
| 3 Renée Hallé | 19 | City of Ottawa - Beaches | 0.03 | 16 |
| 4 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.04 | 14 |
| 5 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.05 | 13 |
| 6 Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | 0.06 | 12 |
| 7 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Jem Cuthbert | 19 | Toronto Police Lifeguard Servi | 0.08 | 10 |
| 9 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.09 | 8 |
| 10 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.10 | 7 |
| 11 Nicole Colozza | 17 | Richmond Hill Lifesaving Club | 0.11 | 6 |
| 12 Kiana Deland | 19 | City of Ottawa - Beaches | 0.12 | 5 |
| 13 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.13 | 4 |
| 14 Alison Pouw | 17 | City of Ottawa - Beaches | 0.14 | 3 |
| 15 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.15 | 2 |
| 16 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.16 | 1 |

Event 23 Women 20 LC Meter Beach Flags Open

| Name | Age | Team | Finals Time | Points |
|-----------------------|-----|--------------------------------|-------------|--------|
| 1 Cynthia Undyantara | 21 | Rouge Valley Lifesaving Club | 0.01 | 20 |
| 2 Abigail Giesel | 23 | Toronto Police Lifeguard Servi | 0.02 | 18 |
| 3 Madeline Giesel | 28 | Toronto Police Lifeguard Servi | 0.03 | 16 |
| 4 Joanna Joeng | 23 | Rouge Valley Lifesaving Club | 0.04 | 14 |
| 5 Chantelle Gallagher | 30 | Richmond Hill Lifesaving Club | 0.05 | 13 |
| 6 Carmen Wong | 34 | Richmond Hill Lifesaving Club | 0.06 | 12 |
| 7 Clara Fraser | 21 | City of Ottawa - Beaches | 0.07 | 11 |
| 8 Lori Garcia | 36 | Richmond Hill Lifesaving Club | 0.08 | 10 |
| 9 Hannah Cassidy | 23 | Mississauga Lifesaving Club | 0.09 | 8 |
| 10 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.10 | 7 |
| 11 Alexandra Labaj | 21 | Guelph Marlin Aquatic Club | 0.11 | 6 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 23 Women 20 LC Meter Beach Flags Open)**

| Name | Age | Team | Finals Time | Points |
|------------------|-----|--------------------------------|-------------|--------|
| 12 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.12 | 5 |
| 13 Charlene Pugh | 44 | Richmond Hill Lifesaving Club | 0.13 | 4 |
| 14 Michelle Amar | 40 | Richmond Hill Lifesaving Club | 0.14 | 3 |

Event 100 Women 150 LC Meter Overall Individual 16-19

| Name | Age | Team | Finals Time |
|---------------------|-----|--------------------------------|-------------|
| 1 Kiana Deland | 19 | City of Ottawa - Beaches | 0.01 |
| 2 Carlin Reid | 16 | Toronto Police Lifeguard Servi | 0.04 |
| *3 Alison Pouw | 17 | City of Ottawa - Beaches | 0.05 |
| *3 Renée Hallé | 19 | City of Ottawa - Beaches | 0.05 |
| 5 Ashley Heroux | 17 | City of Ottawa - Beaches | 0.10 |
| 6 Nicole Colozza | 17 | Richmond Hill Lifesaving Club | 0.12 |
| 7 Rachel Bohnert | 16 | Saugeen Shores Lifesaving Club | 0.14 |
| 8 Ariel Widmaier | 18 | City of Ottawa - Beaches | 0.15 |
| *9 Wendy Sanajko | 19 | Richmond Hill Lifesaving Club | 0.16 |
| *9 Kaitlyn Simpson | 18 | Toronto Police Lifeguard Servi | 0.16 |
| 11 Madison Ashton | 18 | Saugeen Shores Lifesaving Club | 0.19 |
| *12 Sofia Chabchoub | 17 | Richmond Hill Lifesaving Club | 0.20 |
| *12 Aneesha Nath | 17 | Richmond Hill Lifesaving Club | 0.20 |
| 14 Hailey Patrice | 18 | Saugeen Shores Lifesaving Club | 0.26 |
| *15 Valerie Pilote | 17 | City of Ottawa - Beaches | 0.27 |
| *15 Jem Cuthbert | 19 | Toronto Police Lifeguard Servi | 0.27 |
| *17 Alex Schleicher | 17 | Richmond Hill Lifesaving Club | 0.30 |
| *17 Katie Stoner | 18 | Saugeen Shores Lifesaving Club | 0.30 |
| 19 Emma Gomes | 18 | Toronto Police Lifeguard Servi | 0.33 |

Event 100 Women 150 LC Meter Overall Individual Open

| Name | Age | Team | Finals Time |
|------------------------|-----|--------------------------------|-------------|
| 1 Alexandra Ferguson | 29 | Paradise Beach Lifesaving Club | 0.02 |
| 2 Jessica Larson | 22 | Toronto Police Lifeguard Servi | 0.03 |
| 3 Clara Fraser | 21 | City of Ottawa - Beaches | 0.07 |
| 4 Carolyne Godon | 20 | Ottawa Valley Lifesaving Club | 0.08 |
| 5 Emma Tonellato | 18 | Guelph Marlin Aquatic Club | 0.09 |
| 6 Sophie Laflamme | 21 | City of Ottawa - Beaches | 0.11 |
| 7 Alyce Sutcliffe | 26 | Paradise Beach Lifesaving Club | 0.13 |
| 8 Patricia Moulton | 25 | Ottawa Valley Lifesaving Club | 0.16 |
| 9 Haylie Burton | 20 | Guelph Marlin Aquatic Club | 0.20 |
| 10 Madeline Giesel | 28 | Toronto Police Lifeguard Servi | 0.23 |
| 11 Chantelle Gallagher | 30 | Richmond Hill Lifesaving Club | 0.24 |
| 12 Melissa Black | 21 | Ottawa Valley Lifesaving Club | 0.25 |
| 13 Freya Lewis | 22 | Waterloo Warriors Lifesaving C | 0.27 |
| 14 Abigail Giesel | 23 | Toronto Police Lifeguard Servi | 0.32 |
| 15 Cynthia Undyantara | 21 | Rouge Valley Lifesaving Club | 0.34 |
| 16 Chantique Payne | 26 | Guelph Marlin Aquatic Club | 0.35 |
| 17 Alanna Kozak | 21 | Saugeen Shores Lifesaving Club | 0.36 |
| 18 Margot Cunningham | 22 | Guelph Marlin Aquatic Club | 0.37 |
| 19 Alexandra Labaj | 21 | Guelph Marlin Aquatic Club | 0.38 |
| 20 Joanna Joeng | 23 | Rouge Valley Lifesaving Club | 0.39 |
| 21 Meghan Lamers | 22 | Guelph Marlin Aquatic Club | 0.40 |
| 22 Lori Garcia | 36 | Richmond Hill Lifesaving Club | 0.41 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 100 Women 150 LC Meter Overall Individual Open)**

| Name | Age | Team | Finals Time |
|-----------------------|-----|--------------------------------|-------------|
| *23 Carmen Wong | 34 | Richmond Hill Lifesaving Club | 0.42 |
| *23 Danielle Sullivan | 23 | Saugeen Shores Lifesaving Club | 0.42 |
| *25 Lauren Blechta | 24 | Waterloo Warriors Lifesaving C | 0.44 |
| *25 Hannah Cassidy | 23 | Mississauga Lifesaving Club | 0.44 |
| 27 Michelle Cuthbert | 20 | Toronto Police Lifeguard Servi | 0.46 |
| 28 Meghan McGrath | 21 | Waterloo Warriors Lifesaving C | 0.47 |
| *29 Charlene Pugh | 44 | Richmond Hill Lifesaving Club | 0.48 |
| *29 Alex Larson | 24 | Saugeen Shores Lifesaving Club | 0.48 |
| 31 Michelle Amar | 40 | Richmond Hill Lifesaving Club | 0.50 |
| 32 Vanessa Raso | 21 | Mississauga Lifesaving Club | 0.51 |

Event 101 Men 150 LC Meter Overall Individual 16-19

| Name | Age | Team | Finals Time |
|---------------------------|-----|--------------------------------|-------------|
| 1 McLean Reid | 17 | Toronto Police Lifeguard Servi | 0.01 |
| 2 North Shelp | 16 | City of Ottawa - Beaches | 0.02 |
| 3 Joshua Nowlan | 17 | City of Ottawa - Beaches | 0.04 |
| 4 Cameron Kendrick | 17 | City of Ottawa - Beaches | 0.05 |
| 5 Hayden Clark | 19 | City of Ottawa - Beaches | 0.06 |
| 6 Michael Bohnert | 18 | Saugeen Shores Lifesaving Club | 0.07 |
| 7 Kai Dingman | 17 | Richmond Hill Lifesaving Club | 0.08 |
| 8 Aidan Miess | 17 | Toronto Police Lifeguard Servi | 0.10 |
| 9 Tyler Donaldson | 18 | Saugeen Shores Lifesaving Club | 0.17 |
| 10 Joshua Hewa-Batuwitage | 17 | Toronto Police Lifeguard Servi | 0.18 |
| 11 Roman Wiebe | 18 | City of Ottawa - Beaches | 0.20 |
| 12 Adam Nemcsek | 18 | Toronto Police Lifeguard Servi | 0.22 |
| 13 Kelly Thompson | 16 | Guelph Marlin Aquatic Club | 0.26 |
| 14 Derrick Lin | 19 | Rouge Valley Lifesaving Club | 0.31 |
| 15 Scott Stacey | 18 | Toronto Police Lifeguard Servi | 0.32 |
| 16 Jake Storm | 16 | City of Ottawa - Beaches | 0.34 |
| 17 Joseph Thompson | 19 | Richmond Hill Lifesaving Club | 0.35 |
| 18 Dennis Plotnik | 19 | Richmond Hill Lifesaving Club | 0.36 |
| 19 Liam Hollowell | 18 | Toronto Police Lifeguard Servi | 0.45 |
| 20 Timothy Yoon | 18 | Richmond Hill Lifesaving Club | 0.46 |
| 21 Matthew Shammas-Toma | 17 | Richmond Hill Lifesaving Club | 0.49 |

Event 101 Men 150 LC Meter Overall Individual Open

| Name | Age | Team | Finals Time |
|----------------------|-----|--------------------------------|-------------|
| 1 Jessey Elf | 21 | Guelph Marlin Aquatic Club | 0.03 |
| 2 John Cuthbert | 27 | Toronto Police Lifeguard Servi | 0.09 |
| *3 Owen Hollowell | 20 | Toronto Police Lifeguard Servi | 0.11 |
| *3 James Verreault | 29 | Ottawa Valley Lifesaving Club | 0.11 |
| 5 Chris Lindsay | 39 | Ottawa Valley Lifesaving Club | 0.13 |
| 6 Dakota Birkenheier | 20 | Toronto Police Lifeguard Servi | 0.14 |
| 7 William Dansereau | 20 | Ottawa Valley Lifesaving Club | 0.15 |
| 8 Mackenzie Salmon | 24 | Saugeen Shores Lifesaving Club | 0.16 |
| 9 William O'Dwyer | 20 | Toronto Police Lifeguard Servi | 0.18 |
| 10 Jonathan Denoon | 20 | Guelph Marlin Aquatic Club | 0.20 |
| 11 Dennis Cook | 24 | Richmond Hill Lifesaving Club | 0.22 |
| 12 Charles Seguin | 24 | City of Ottawa - Beaches | 0.24 |
| 13 John Wyatt | 26 | Ottawa Valley Lifesaving Club | 0.25 |

2016 Ontario LC - Senior WF - 2016-08-15 to 2016-08-16**2016 ON Senior Lifesaving Championship Wft****Toronto Bluffers Beach****Results****(Event 101 Men 150 LC Meter Overall Individual Open)**

| Name | Age | Team | Finals Time |
|--------------------------|------------|--------------------------------|--------------------|
| 14 Cameron Wong | 24 | Rouge Valley Lifesaving Club | 0.26 |
| *15 Greg Oulton | 23 | Waterloo Warriors Lifesaving C | 0.28 |
| *15 Christopher Bari | 20 | Richmond Hill Lifesaving Club | 0.28 |
| 17 Ryan Laverty | 20 | City of Ottawa - Beaches | 0.30 |
| 18 Michael Hundt | 30 | Saugeen Shores Lifesaving Club | 0.32 |
| 19 Andrew Morel | 21 | Toronto Police Lifeguard Servi | 0.36 |
| 20 Sunket Kulkarni | 20 | Toronto Police Lifeguard Servi | 0.38 |
| 21 Saba Sedaghatkish | 23 | Richmond Hill Lifesaving Club | 0.39 |
| 22 Leander Pereira | 24 | Rouge Valley Lifesaving Club | 0.40 |
| 23 Reed Burningham | 20 | Toronto Police Lifeguard Servi | 0.41 |
| 24 Andrew Walker | 21 | Waterloo Warriors Lifesaving C | 0.42 |
| 25 Leo Rayner | 26 | Rouge Valley Lifesaving Club | 0.43 |
| 26 John Carey | 23 | Guelph Marlin Aquatic Club | 0.44 |
| *27 Sagar Patel | 23 | Rouge Valley Lifesaving Club | 0.46 |
| *27 Vevek Shanthakumaran | 20 | Toronto Police Lifeguard Servi | 0.46 |
| *29 Daniel Berube | 59 | City of Ottawa - Beaches | 0.49 |
| *29 Adrian Wong | 30 | Rouge Valley Lifesaving Club | 0.49 |
| 31 Daniel Marinos | 24 | Mississauga Lifesaving Club | 0.52 |
| 32 Oliver Nicholls | 22 | Toronto Police Lifeguard Servi | 0.53 |
| 33 Yan Stefanovich | 23 | Richmond Hill Lifesaving Club | 0.54 |