



LIFESAVING SOCIETY

The Lifeguarding Experts

CANADIAN LIFEGUARD CHALLENGE INFORMATION PACKAGE

Prepared 2016-07-18

Purpose	<p>To provide a high performance surf lifesaving competition in the years between the Lifesaving World Championships.</p> <p>To increase participation at the Canadian Surf Lifesaving Championships.</p>
Invitational Competition:	<p>An invitational competition for high performance athletes.</p> <p>Hosted by the Lifesaving Society Nova Scotia.</p> <p>Sanctioned by the Lifesaving Society Canada.</p> <p>Event rules in accordance with Section 4 of the 2015–2019 ILS Competition Rule Book.</p>
Date:	Sunday August 6, 2017
Location:	Martinique Beach, Nova Scotia
Eligibility for an Invitation to Participate	<p>To be eligible to compete in the Canadian Lifeguard Challenge, competitors shall:</p> <ul style="list-style-type: none">• Hold a current (within 24 months of the date of certification) Lifesaving Society Bronze Medallion, Bronze Cross or National Lifeguard certification (any option).• Be a registered athlete with the Lifesaving Society Canada.• Finish in the top 8 places of the Open Division Oceanman/Oceanwoman event at the 2016 Canadian Surf Lifesaving Championship (CSLC), or• Finish in the top 3 places of the Youth Division (16 – 19 years) Oceanman/Oceanwoman event at the 2016 CSLC, or• Finish in the top 3 places of the Open Division Board Race, Swim Race or Surf Ski Race at the 2016 CSLC.• Eligible athletes will receive an invitation to compete in the Canadian Lifeguard Challenge to be held on August 6, 2017.
Program of Events	<p>The Canadian Lifeguard Challenge is 3 consecutive Oceanwoman /Oceanman events.</p> <ul style="list-style-type: none">• Round 1 is a traditional Oceanman/Oceanwoman course. The order of legs is ski – board – swim.• Round 2 is an M -shaped Oceanman/Oceanwoman course. The order of legs is swim – ski – board.• Round 3 is a traditional Oceanman/Oceanwoman course. The order of legs is board – swim – ski.

	<p>The time between each female round, is the time required to complete the male round. I.E. The 2nd female round starts when the last male crosses the finish line in round one.</p> <p>The time between each male round, is the time required to complete the female round. I.E. The 1st male round starts when the last female crosses the finish line in round one.</p> <p>Males and females compete on the same course. The male and female Oceanman/Oceanwoman rounds shall be run consecutively. See schedule.</p>																																
Draws for Position	<p>For each round, starting position shall be determined by random draw. Starting positions shall be consecutively numbered from the left (facing the water) starting with the number 1.</p>																																
Scoring	<p>Competitors shall be allocated the following points in each round. Final rankings shall be determined by the total points accumulated from each of the 3 rounds.</p> <table border="0" data-bbox="487 787 1421 1123"> <tr> <td>1st place.....</td> <td>20 points</td> <td>9th place.....</td> <td>8 points</td> </tr> <tr> <td>2nd place.....</td> <td>18 points</td> <td>10th place.....</td> <td>7 points</td> </tr> <tr> <td>3rd place.....</td> <td>16 points</td> <td>11th place.....</td> <td>6 points</td> </tr> <tr> <td>4th place.....</td> <td>14 points</td> <td>12th place.....</td> <td>5 points</td> </tr> <tr> <td>5th place.....</td> <td>13 points</td> <td>13th place.....</td> <td>4 points</td> </tr> <tr> <td>6th place.....</td> <td>12 points</td> <td>14th place.....</td> <td>3 points</td> </tr> <tr> <td>7th place.....</td> <td>11 points</td> <td>15th place.....</td> <td>2 points</td> </tr> <tr> <td>8th place.....</td> <td>10 points</td> <td>16th place.....</td> <td>1 point</td> </tr> </table> <p>Ties in overall point score shall be broken using the following system:</p> <ul style="list-style-type: none"> • Most first-place finishes • Most second-place finishes • Most third-place finishes • And so on 	1 st place.....	20 points	9 th place.....	8 points	2 nd place.....	18 points	10 th place.....	7 points	3 rd place.....	16 points	11 th place.....	6 points	4 th place.....	14 points	12 th place.....	5 points	5 th place.....	13 points	13 th place.....	4 points	6 th place.....	12 points	14 th place.....	3 points	7 th place.....	11 points	15 th place.....	2 points	8 th place.....	10 points	16 th place.....	1 point
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Awards and Reception	<p>Awards shall be presented at a reception following the competition. Food will be served.</p> <p>Male and female awards shall be presented to the first 8 places in the Canadian Lifeguard Challenge.</p> <table border="0" data-bbox="487 1564 1421 1732"> <tr> <td>1st place.....</td> <td>\$5000</td> <td>5th place.....</td> <td>\$400</td> </tr> <tr> <td>2nd place.....</td> <td>\$3000</td> <td>6th place.....</td> <td>\$300</td> </tr> <tr> <td>3rd place.....</td> <td>\$1000</td> <td>7th place.....</td> <td>\$200</td> </tr> <tr> <td>4th place.....</td> <td>\$500</td> <td>8th place.....</td> <td>\$100</td> </tr> </table>	1 st place.....	\$5000	5 th place.....	\$400	2 nd place.....	\$3000	6 th place.....	\$300	3 rd place.....	\$1000	7 th place.....	\$200	4 th place.....	\$500	8 th place.....	\$100																
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<p>Registration and Numbering</p>	<p>Invited competitors will be required to submit a registration form and a waiver/release form by July 15, 2017.</p> <p>Competitors are required to have their competitor number applied to their upper left and right arm and upper left and right thigh.</p>
<p>Race Singlets</p>	<p>Canadian Lifeguard Challenge Lycra singlets must be worn by all competitors. Noncompliance will result in disqualification.</p> <p>Singlets will be provided to all competitors and become the property of the competitor at the end of the competition.</p>
<p>Equipment and Handlers</p>	<p>All competitors must provide their own craft.</p> <p>All craft must meet ILS specifications.</p> <p>All competitors must have an equipment handler who is knowledgeable in the event rules and their role as an equipment handler.</p> <p>Competitors are required to have their craft ready in the designated position prior to the start of the race. The start of each round shall not be delayed if competitors equipment is not available or not in position. Each round shall start at the predetermined, designated time.</p>
<p>Schedule</p>	<p>Competitor check-in Saturday, August 5 at the Hotel in Dartmouth</p> <p>Athletes meeting 10 a.m. Martinique beach</p> <p>Officials meeting 11 a.m. Martinique beach</p> <p>Event start times are estimated and may be altered based on tide schedule.</p> <p>Marshaling on the line..... 11:45 a.m.</p> <p>Event is 3 consecutive rounds</p> <p>Oceanwoman Round 1 will start at 12:00 noon</p> <p>Oceanman Round 1 will start at approximately 12:15 p.m.</p> <p>Oceanwoman Round 2 will start at approximately 12:30 p.m.</p> <p>Oceanman Round 2 will start at approximately 1:00 p.m.</p> <p>Oceanwoman Round 3 will start at approximately 1:30 p.m.</p> <p>Oceanman Round 3 will start at approximately 1:45 p.m.</p> <p>Rounds and event completed at approximately2:00 p.m.</p> <p>Awards and reception 4:00 p.m. to 6:00 p.m.</p>
<p>Accommodation</p>	<p>Competitors are responsible for reserving their own accommodation.</p> <p>An accommodation booking will be scheduled for the evenings of August 5 and August 6, at a hotel in Dartmouth.</p> <p>Competitors will receive a \$100 accommodation subsidy.</p>

Meals	Competitors are responsible for their own food and hydration. Competitors will receive a \$100 meal subsidy.
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