



**LIFESAVING SOCIETY**

*The Lifeguarding Experts*

**Safety Plan for University of Guelph  
Ontario Senior & Masters Lifesaving Championship – Pool  
March 25 & 26, 2017**

**Purpose**

The purpose of this plan is to maximize safety at Lifesaving Society Championships held at the following University of Guelph pools, and facilities: W.F Mitchell Athletic Centre.

General procedures are in the University of Guelph Aquatic Standards and Guidelines/Policy and Procedure Manuals, in conjunction with the legislation and regulations pertaining to pool operations. This plan will address items specific to Ontario Senior and Masters Lifesaving Championship – Pool held at these facilities.

**Code of Conduct**

Everyone has the responsibility of acting in a safe manner. This includes volunteers, officials, guests, competitors, coaches, meet management etc. However it is the responsibility of the management team to ensure that this plan is enforced. Anyone not adhering to the safety procedures as prescribed in this plan may be disqualified or removed from the property. Unsafe actions and behaviours will not be tolerated.

**Safety Plan**

**General Safety**

Smoking is not permitted inside any competition building.

It is the responsibility of each individual to ensure that personal belongings are kept in a safe place. Valuables are the safest when kept at home.

If set up requires specialized equipment i.e. ladders, computers etc. designated specially trained crew will be responsible for its safe installation.

**Safety Officer/Chain of Command**

Safety Officer for the competition is Beth Fisher.

The Safety Officer is required to report and document any incidents that occur on behalf of the Lifesaving Society. Health and Safety Representatives are also provided by the hosts for all venues that take place in the University of Guelph W.F Mitchell Athletic Centre buildings.

The Management Team consists of the

Meet Manager	Hugo Rodrigues
Chief Referee	Cynthia Cakebread
Safety Officer	Beth Fisher
Host Representative	Beth Fisher
Lifesaving Society Representative	Lorraine Wilson-Saliba

Pool areas will be supervised by qualified and trained lifeguards. For venues that areas not involve the pool, trained health and safety designates will be identified.

In case of an emergency the following is the order in which communications should occur:

1. Site Health and Safety Representative/Event Director
2. Safety Officer
3. Meet Manager/Chief Referee
4. Host Representative
5. Other

In Addition: In a pool environment the University of Guelph lifeguard staff are to take control of any situation and follow the protocol designed in the Standards and Guidelines.

If an increased level of care is volunteered by outside party (i.e. doctor) and accepted by the liable care givers, that person must assume complete responsibility of the patient until Paramedics arrive and assume control.

The University of Guelph will always promote the best possible care to causality wherever possible.

### **Operational Procedures**

Operational procedures are defined by the host. This standard of care is required to meet the minimum health regulations and guidelines supported by the Lifesaving Society. In a situation where the host does not have operational standards, the Lifesaving Society will consider adopting operational procedures that meets the industry standard for that location/venue.

### **General safety**

Ministry Regulations as well as facility specific rules must be followed to ensure safety.

Lifeguards are to be supplied by host for all pool venues.

Lifeguards are to ensure the safety of those in the facility at large.

The lifeguards are to be made aware of any mock situations that may occur before the start of the event.

The lifeguard staff are to interact with public and enforce house rules are required.

Non swimmers should not be in the water without a strong swimmer or unless they are able to touch the bottom.

Non swimmers that are involved in the competition should identify themselves to the sectional referees.

Diving is prohibited in the shallow water. Check specific facility for details.

### **In Non Aquatic Environments:**

In Athletics Centre buildings, incidents should be reported to the building staff immediately.

Trained Health and Safety Representative will be on call in non-aquatic environments i.e. lock-up, Venues not in the pool area.

### **Personal Safety/Cross Contamination**

Individuals are responsible for ensuring the complete information of any medical conditions, medications and /or allergies are communicated to a responsible person that will be looking out for their interest i.e. Coach.

The Championship Management Team or the University of Guelph will not be responsible for the monitoring of individuals.

Use of Personal Protective Equipment used by competitors should be disinfected between uses. Any manikin or prop used during the competition that could be contaminated with bodily fluids should be disinfected appropriated. Any equipment that has been contaminated with bodily fluids that can be disposed should be done appropriately.

Footwear should be worn in non-pool areas.

### **Warm ups**

Swimmers should observe the right of way. Swimmers in adjacent lanes should swim in opposite directions to avoid injuries along the lane ropes.

Swimmers are to stay clear of turn walls as much as possible. Stay to the side or completely removal from the water.

There will be designated diving lanes. Dive starts are prohibited in lanes other then the designated lanes.

Where specialized equipment is used, designated lanes will be assigned to ensure safety i.e. Fins only lane.

### **Swim Events**

All competitors should stay in the water until the last competitor has touched the wall.

In Line throw, the catcher is required to remain in the water until the heat is finished.

### **Safety Equipment**

Stocked First Aid kits are required at all venues. First Aid kits are in a designated area and clearly identified.  
Emergency phones are required at all venues. Emergency phones are in designated areas and clearly identified.  
Officials are required to wear a whistle during the competition as a form of communication to alert any incidents may occur.

AED units for this competition will be available at the University of Guelph facilities.

### **AED Option – Pubic Access Defibrillators**

AED units are kept in a designated location at each facility. The University of Guelph keeps AED units in areas that the public may have access to (i.e. mounted on a wall in the pool hallway). The University of Guelph encourages all patrons who have AED training to respond immediately and use the AED machine to assist any individual in Cardiac Arrest. Patrons do not have to wait for a staff person to arrive before activating the AED machine.

### **Specialized Equipment**

Back stroke flags are required for all swim events.

If specialized equipment is available at facilities, only the trained designate is to use equipment. This may include equipment such as oxygen, BVM's etc. If an increased level of care is volunteered by outside party (i.e. doctor) and accepted by the liable care givers, that person must assume complete responsibility of the patient until Paramedics arrive and assume control.

### **Emergency Procedures**

If an emergency occurs, it should be identified to the nearest host safety rep/official. Officials, then need to communicate and ensure the trained host staff are able to resume treatment. The host trained health and safety reps are to command and take control of the situation at the earliest possible moment. All emergency procedures are set by the facility and should be adhered too.

Medical Emergency, Fire Loss of Power, Pool Fouling, Mechanical Failure etc.  
Refer to the Emergency Procedures attached. More detailed information can be found in the Pool Operations Manual.

### **Communication**

Radios (or other device) will be provided by the University of Guelph to link the competition areas.  
The Safety Officer will have a dedicated line out at all times.  
Officials will all carry whistles on their person.  
Phone lines at host locations may not have direct line access out. Health and Safety Reps will direct and orientate Key Officials at satellite locations.

### **Contingency Plans**

All contingency plans are decided by the Championship Management Team. The management team has the right to postpone, reschedule or cancel an event or competition if the venue is deemed unsafe.

**Facilities**

Competition Pools / Facilities: List all locations being used for said competition.

1. Name: University of Guelph  
 Street Address: 50 Stone Road East  
 City: Guelph  
 Province: Ontario  
 Phone: 519-824-4120

Attached is a diagram of the competition pool.

**In Case of Emergency**

For Emergencies 9-1-1  
 Non-Emergency Police

**Additional Items that may need to be attached to this plan**

1. Diagram of competition pools
2. Copy of Host Club / Affiliate Emergency procedures on Medical Emergency, Fire, Loss of Power, Pool Fouling, Mechanical Failure, etc.

**In Case of Emergency**

Service	Emergency	Non-Emergency
<a href="http://www.uoguelph.ca/police/">University of Guelph Security Services - http://www.uoguelph.ca/police/</a>	Dial "52245" from any campus phone	Dial "52245" from any university phone
	<a href="#">Red Assistance Phones</a>	519-840-5000
City of Guelph Police Services	911	519-824-1212
<b>Other Services</b>		
Ontario Poison Control	1-800-268-9017	
<a href="#">University of Guelph Health Service</a> <a href="#">*Health Services will only see University of Guelph students.</a>	519 824-4120 x52131 health@uoguelph.ca	Mon – Wed, Fri: 8:30-4:30 pm Thurs: 9-4:30pm
Walk In Clinics	21 Surrey S W 519-763-3344 Mon-Thurs 6pm-9pm Sat-Sun 10am-2pm	334 Speedvale E 519-822-0100 Mon 9am-12pm Tues-Fri 2pm-8pm Sun 10am-2pm
Guelph General Hospital	115 Delhi St, Guelph, ON N1E 4J4 (519) 822-5350	