

ONTARIO SENIOR LIFESAVING CHAMPIONSHIPS – WATERFRONT **Registration Package**

*The Lifesaving Society invites you to the Ontario Senior Lifesaving Championships –Waterfront
hosted by the City of Toronto*

DATE	August 15 & 16, 2018
LOCATION	Bluffer's Park Beach, Toronto. See www.lifesavingsociety.com for map.
COMPETITION	The competition is sanctioned by the Lifesaving Society. Event rules will be in accordance with the 2015-2019 (Revised 2017) Edition of the <i>ILS Competition Rule Book</i> , the 2016 Edition of the <i>Canadian Competition Manual</i> , the 2016 Edition of the <i>Ontario Competition Manual</i> , and any 2018 Communiqués. Go to www.lifesavingsociety.com for details.
ELIGIBILITY	All competitors must hold a current Bronze Medallion or higher certification and be a registered athlete. 16-19 years competitors must be at least 16 years of age by August 15, 2018 and not older than 19 years of age on August 15, 2018. Open competitors must be at least 16 years of age by August 15, 2018.
AGE GROUPS	2 categories: 16-19 years, Open.

EVENTS

Beach Flags	Canadian Iron Guard	Beach Relay
Beach Run 2km	Oceanman / Oceanwoman	Board Rescue Relay
Beach Sprint	Surf Race	Oceanman / Oceanwomen Relay
Board Race	Surf Ski Race	Rescue Tube Rescue Relay

ENTRY DEADLINE **Registration must be received by Tuesday August 7, 2018.** Refunds will not be issued after August 7th, nor will they be issued for clubs or competitors who do not show up for the Championships.

ENTRY FEES

<u>Competitor Fee</u>	<u>Individual Event Entry Fee</u>	<u>Team Event Entry Fee</u>
\$21.45 per each competitor	\$8.55 per competitor per event	\$10.70 per team per event

ACCOMMODATION

Days Inn, Toronto East Lakeview, 2151 Kingston Rd, 416-261-8100. Please specify **Lifesaving Society** when booking your room to ensure the group rate of \$85.00 plus tax, per night (maximum of 4 people per room) includes hot continental breakfast and parking. **Booking deadline July 24, 2018.**

Super 8, Toronto East, 3280 Kingston Road 416-261-6125. Please specify **Lifesaving Society** when booking your room to ensure the group rate of \$138.00 plus tax, per night (maximum of 4 people per room) includes breakfast and parking. **Booking deadline July 10, 2018.**

REGISTRATION

Send registration form with method of payment – cheque (payable to the Lifesaving Society), money order, purchase order, VISA, America Express or MasterCard – to:

Lifesaving Society	Phone: 416 490 8844
Attention: 2018 Competition Registration	Fax: 416 490 8766
400 Consumers Road Toronto, ON M2J 1P8	Email: sport@lifeguarding.com

ONTARIO SENIOR LIFESAVING CHAMPIONSHIP – WATERFRONT SCHEDULE

Tuesday August 14, 2018		
7:00 pm – 9:00 pm	Key Officials Meeting	Days Inn
Wednesday August 15, 2018 – Bluffer's Beach		
7:15 am Coaches Meeting	7:45 am Officials Meeting	8:15 am Opening Ceremonies
Events start at 8:30 am		
Male Event	Female Event	
Beach Sprint (P – F)	Canadian Iron Guard (P – F)	
Beach Relay (P – F)	Rescue Tube Rescue (P – F)	
Surf Ski Race (P – F)	Beach Sprint (P – F)	
Oceanman Relay (P – F)	Beach Relay (P – F)	
Surf Race (P – F)	Surf Race (P – F)	
Canadian Iron Guard (P – F)	Surf Ski Race (P – F)	
Rescue Tube Rescue (P – F)	Oceanwoman Relay (P – F)	
** Awards will be presented at the mid-day lunch break and end of day		
Thursday August 16, 2018 – Bluffer's Beach		
7:30 am Coaches Meeting	7:45 am Officials Meeting	
8:00 am Awards Presentation		
Events start at 8:30 am		
Male Event	Female Event	
Beach Run - 2km (P – F)	Beach Run - 2km (P – F)	
Board Race (P – F)	Oceanwoman (P – F)	
Beach Flags (P – F)	Board Rescue (P – F)	
Oceanman (P – F)	Board Race (P – F)	
Board Rescue (P – F)	Beach Flags (P – F)	
** Awards will be presented at the mid-day lunch break and end of day		

PLEASE NOTE: An equipment pool will not be provided for competitors. Athletes are encouraged to make arrangements prior to the competition. Boards and skis are available to rent from the Lifesaving Society.

Rental of equipment can be arranged in advance for the competition, shipping to and from beach will be included.

Racing Skis	Adjustable seat (paddle not included)	\$300.00
Paddle	Carbon Fibre/Nylon	\$ 50.00
Racing Boards	Small (up to 145 lb. / 65 kg) Medium (up to 165 lb. / 75 kg) Large (up to 200 lb. / 90 kg)	\$200.00

To arrange your rental, contact Brian Miess at brianm@lifeguarding.com. Equipment is rented on a first come, first serve basis and applicable taxes will apply.

ONTARIO SENIOR LIFESAVING CHAMPIONSHIP – WATERFRONT

Please use one form for each club (Type or print BLOCK letters only).

Club or Affiliate		
Mailing address		Apt or Suite
City	Prov	Postal Code
Coach Name		() Home/cell phone
Email (that will be checked regularly in the week preceding the championship)		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment, Waiver & Release and Event Entries.		
Competitor fee		@ \$21.45 / per person =
Individual Event Entry fee (per competitor per event)		@ \$8.55 / event =
Team Event Entry fee (per team per event)		@ \$10.70 / relay =
TOTAL AMOUNT OWING		
Payment <div style="display: flex; justify-content: space-between; align-items: flex-start;"> <div style="display: flex; align-items: center;"> <input style="width: 30px; height: 30px; margin-right: 5px;" type="checkbox"/> Cheque <input style="width: 30px; height: 30px; margin-right: 5px; margin-left: 20px;" type="checkbox"/> Money order <input style="width: 30px; height: 30px; margin-right: 5px; margin-left: 20px;" type="checkbox"/> Visa <input style="width: 30px; height: 30px; margin-right: 5px; margin-left: 20px;" type="checkbox"/> MasterCard <input style="width: 30px; height: 30px; margin-right: 5px; margin-left: 20px;" type="checkbox"/> AMEX <input style="width: 30px; height: 30px; margin-right: 5px; margin-left: 20px;" type="checkbox"/> P.O. # </div> <div style="margin-top: 10px;"> Credit Card # _____ Expiry Date _____ </div> </div>		
Card holder name		Card holder signature

Mail, fax or email to:
 Lifesaving Society
 Attention: 2018 Competition Registration
 400 Consumers Road
 Toronto, Ontario M2J 1P8
 Fax 416 490 8766
 Email: sport@lifeguarding.com

ONTARIO LIFESAVING CHAMPIONSHIP – SENIOR WATERFRONT

Waiver & Release Form

Please read carefully before signing

1. Conduct

I agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

2. Voluntary Assumption of Risk

As a competitor in a lifeguard competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

3. Waiver of Liability

As a condition of entry and in consideration of my application as an individual or as a part of a team being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property. I recognize that competitors are responsible for their own medical coverage.

4. Model Release

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos which photographers may have taken. I consent to the use of the photographs/videos for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

I have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representatives and assigns.

Print name

Signature (Parent if under 18)

Date

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COACH :	_____	_____

2018 ONTARIO LIFESAVING CHAMPIONSHIPS – SENIOR WATERFRONT

Competitor Registration

Use a separate sheet to register athletes for each division. Athletes on this page are registering in the following division (select ONE only).

☐ 16-19 ☐ Open

Clubs may enter unlimited number of competitors in each event. Competitors are allowed to enter each event only once.

<i>Competitor Name</i>	<i>Age</i>	<i>Gender</i>	<i>Registered Athlete Number</i>	<i>Birthdate (yy/mm/dd)</i>
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