For Parents of Children Under 5 Years of Age

WATER SMART® TIPS
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DROWNING Is Fast and Silent

Water Smart® Tips from The Lifesaving Society Canada’s Lifeguarding Experts
A child can drown in as little as 10 seconds

Victims rarely call, wave or signal for help because they can’t keep their heads above water.

Parents! Actively Supervise Your Children

• Keep your eyes on them at all times around water. And stay close – within arms’ reach.

• At the pool or beach, put them in lifejackets to keep their face out of the water.

• Stay beside the tub while your child is having a bath.

• Empty and turn over children’s portable pools and buckets of water when not in use.

ALL children should learn to swim. We can teach them.

For more information visit www.lifesavingsociety.com or contact your local pool.