WATER SMART® TIPS
For Parents

DROWNING Is Fast and Silent

Water Smart® Tips from The Lifesaving Society Canada’s Lifeguards Experts

watch me not your phone
Don’t be a distracted parent

• Research informs us that we can only concentrate on one thing at one time.

• This is particularly important when it comes to children around water.

• A child can drown in seconds and it often happens silently.

• Drowning victims cannot keep their heads above water so they cannot speak or call out for help.

• If you are on your phone you cannot see them and likely will not hear them.

Put your phone down!

ALL children should learn to swim. We can teach them.

For more information visit www.lifesavingsociety.com or contact your local pool.

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