### National Lifeguard Situations Worksheet

<table>
<thead>
<tr>
<th>Team Members</th>
<th>Guard 1:</th>
<th>Guard 2:</th>
<th>Guard 3:</th>
</tr>
</thead>
</table>

**Situation:**

- [ ] Positioning and rotation
- [ ] Scanning, recognition, and response
  - [ ] Communication
    - (victim, public, lifeguards, EMS)
  - [ ] Execution of procedures
- [ ] Rescue techniques or supportive role
  - [ ] Assessment, first aid treatment
    - [ ] Proper use of equipment
      - and barrier devices
    - [ ] Safety supervision and
      - direction of bystanders
  - [ ] Public relations and education
    - [ ] Reports and follow-up

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