



## Lifesaving Commendation

The Lifesaving Society awards its Lifesaving Commendation to Lifesaving Society certified employees who, in the line of duty, perform a successful rescue in a life-threatening emergency requiring resuscitation.

A Lifesaving Commendation was awarded to Daniel Héroux, Anna Garland and Kevin Derry from the City of Ottawa for their rescue and resuscitation of a collapsed hockey player at the Ray Friel Recreation Complex on March 28, 2018.

Congratulations to the rescuers for their actions that resulted in saving a life.

[Visit our website for information about how to nominate.](#)



Daniel Héroux (centre) with nominator Celine Filion and Lifesaving Society Area Chair Sean Duffy



**MARCH 21-24, 2019** The International Centre, Mississauga

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Lifesaving Society for Drowning Prevention Education**

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## How to become an Examiner Mentor

Examiner Mentors are senior Lifesaving Society Examiners appointed by the Society's Area Chairs to mentor examiner candidates through their apprenticeship phase and approve them for examiner certification.

When working with an apprenticing examiner candidate, the Examiner Mentor is responsible for the smooth conduct of the examination, and only the Examiner Mentor (as the examiner of record) has the authority to make pass/fail decisions and sign test sheets.

This dual responsibility – evaluation of the award candidates while supervising and evaluating an apprentice examiner – is a challenging but rewarding experience.

**Prerequisites:** Examined a minimum of three exams in a specific stream.

### Process:

1. **Application** – [Complete the application](#) form and return it to the Lifesaving Society office.
2. **Learning Opportunity** – If approved, an area chair will be in touch to arrange the learning opportunity.
3. **Assessment** – After completing the learning opportunity the area chair will complete an assessment to determine if they are going to appoint you as an Examiner Mentor.

**Required references:** *Examiner Handbook*.

**Costs:** There is no fee for appointment as an Examiner Mentor.

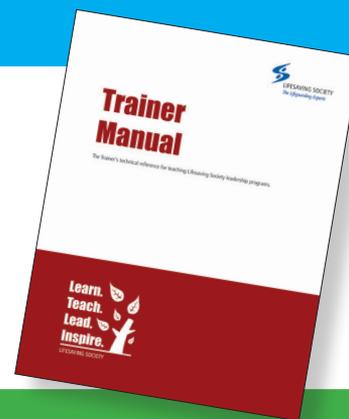
**Candidate recognition:** Examiner Mentor appointment will appear on your Find a Member record.

**Recertification:** Only current Examiner Mentors may appoint candidates as an examiner. Remain current by recertifying within 24 months of the last certification date. Recertification is through the Society's professional development credit system.

For more information contact Leadership Director [Becky Lehman](#) or Member Services Director [Sheri Stewart](#).

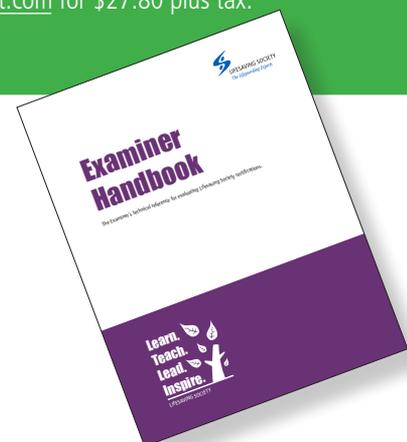
## NEW TRAINER MANUAL NOW AVAILABLE

The *Trainer Manual* is the Lifesaving Society Trainer's technical reference and companion to the leadership award guides. All active Lifesaving Society Trainers need this manual, and it is a required text for candidates on Lifesaving Society Trainer courses. The *Trainer Manual* is available at [lifeguarddepot.com](http://lifeguarddepot.com) for \$27.80 plus tax.



## NEW EXAMINER HANDBOOK NOW AVAILABLE

The new *Examiner Handbook* provides the essential knowledge and tools required to plan and conduct Lifesaving Society examinations. All active Lifesaving Society examiners need the *Examiner Handbook* and it is the required text for candidates on Lifesaving Society Examiner courses. The *Examiner Handbook* is available at [lifeguarddepot.com](http://lifeguarddepot.com) for \$27.80 plus tax.



## Brock U does it again

Brock University has earned the Wipper Cup (formerly named the University and College Cup) 21 times since 1991.

The Wipper Cup is named in honour of the seventh president of the Lifesaving Society Ontario, Kirk A.W. Wipper, a professor of physical and health education at the University of Toronto. The cup is presented annually to the affiliated university or community college with the largest lifesaving program.

The key to Brock’s long-standing success starts with teamwork, which includes steadfast support from its recreation team, the staff, the extended staff and from the university itself. Brock’s aquatics team has the use of an Olympic pool, classrooms and state-of-the-art technology, in addition to all of the equipment required to run first-class aquatics programs.

The exceptional team at Brock connects these resources with a vast range of programming offered year-round to Brock University students, staff and faculty, and to the community in the Niagara region and beyond.

It’s a recipe for success that supports the growth of lifesavers in the province. Keep up the great work!



*Past president Brian Connors presents the Wipper Cup to Brock leadership personnel*

## Orillia gets creative: offers lifeguard training for high school credits

Lifeguards put in a ton of hours to earn their certifications. Have you ever wondered: “wouldn’t it be great if I could get a high school credit for all this hard work?” In Orillia, you can.

The Orillia Parks, Recreation and Culture Department, in partnership with the Simcoe Muskoka Catholic District School Board and the Orillia YMCA, came up with a program where students earn a high school credit for completing Bronze Medallion, Bronze Cross, Standard First Aid, Lifesaving Assistant Instructor and High Five Principles of Healthy Child Development.

The program was developed by Christine Mitchell, former aquatics and fitness supervisor for the City of Orillia, who devised the program as a means of lifeguard recruitment. The program targets 14 to 16-year-old students and currently has 23 students enrolled.

Orillia also has a new course called “Career Aquatics,” geared towards 16 to 18-year-olds that will begin in the fall. Career Aquatics will include National Lifeguard – Pool, Lifesaving Society Swim and Lifesaving Instructor certifications in addition to the courses above, plus two co-op credits (i.e., work experience in aquatics).

When schools participate in “learn to leadership” the whole community benefits. For more information, [contact Orillia’s current Aquatics and Fitness Supervisor Jack Mair](#).



**July 21-27, 2019**

# National Drowning Prevention Week

LIFESAVING SOCIETY

## Toronto kids Swim to Survive

The City of Toronto believes that teaching children basic swimming survival skills can help provide lifelong immunization against drowning.

In 2012, as part of the city’s Recreation Service Plan, City Council unanimously approved the expansion of Swim to Survive to all 22,000 Grade 4 students in the Toronto District School Board and the Toronto Catholic District School Board by 2021.

The city currently donates all of the required pool time and a portion of instructor costs to facilitate the program. In the 2018/19 school year more than 15,000 students have participated so far, and the city is well on its way to reaching its goal of 22,000. Toronto’s commitment is a big reason why Swim to Survive will reach more than 100,000 Ontario students this school year.

The Lifesaving Society is proud of the City of Toronto and its commitment to drowning prevention.

## AGM Notice

The 110th Ontario Annual General Meeting of the Lifesaving Society will be held Friday April 12, 2019 at the Holiday Inn – Toronto International Airport Hotel – 970 Dixon Road, Toronto, Ontario in the Trillium Ballroom. Members and friends of the Society including instructors, examiners and affiliate representatives are cordially invited to attend.

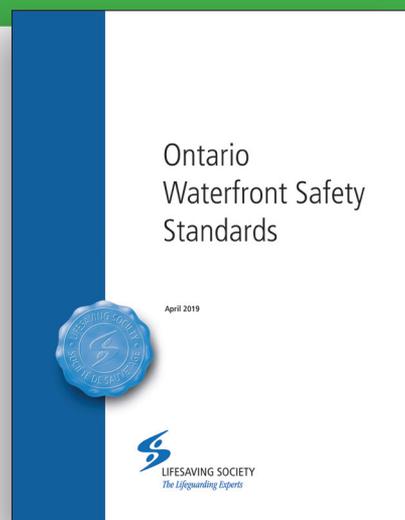
## HEALTHY POOLS SYMPOSIUM

In this one-day Lifesaving Society symposium, experts will bring the most up-to-date information on the design and operation of healthy, safe swimming pools. Hosted by the City of Toronto on Wednesday, May 1 from 9:00 a.m. to 4:00 p.m. at the Burrows Hall Community Centre. Registration is limited so [sign up today](#).

## NEW – ONTARIO WATERFRONT SAFETY STANDARDS

The *Ontario Waterfront Safety Standards* will assist waterfront owners and operators in providing a safe aquatic environment for their patrons. The publication explains the Society’s position on waterfront safety issues and informs owners and operators about safety expectations as a preventive measure before drownings occur. It offers recommendations for minimum standards of operation for waterfront facilities where the public is admitted for aquatic activity.

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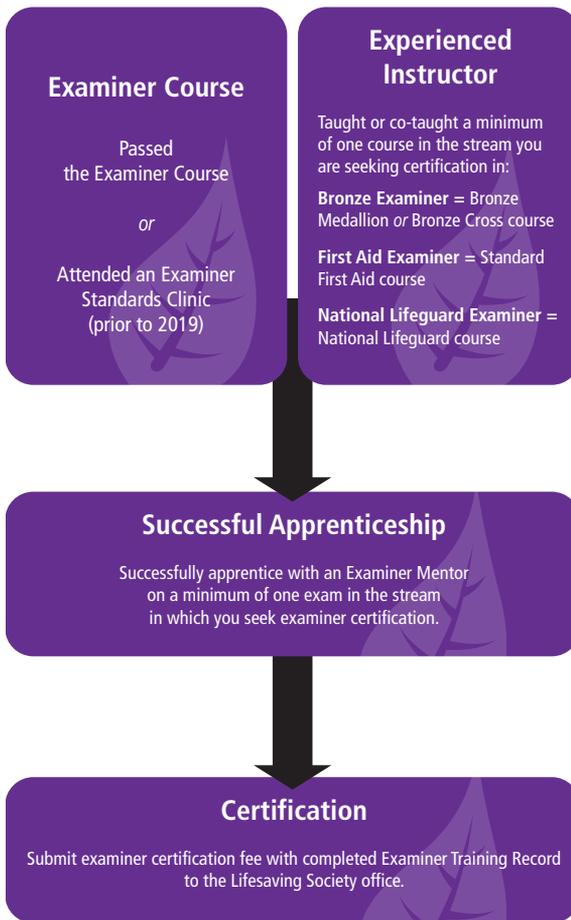
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or

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### Examiner Certification Process



As of January 1, 2019, the Examiner certification fee is \$15.45. Examiner candidates submit this fee with their completed Examiner Training Record ([downloadable from Find a Form at \[lifesavingsociety.com\]\(http://lifesavingsociety.com\)](#)).

When recertifying multiple leadership awards (including Examiner) at the same time, the Examiner pays \$29.35 for the first leadership award recertified and \$8.75 for each additional award (to a max. of \$60.00).