Check the Ice!

Fill in the blanks with the correct word(s) from the list below.

1. Always ______________________ before venturing out.

2. No ice is without some _______.

3. You cannot tell the ice thickness by its ___________________. Temperature, thickness, snow cover, water depth, size of water body, currents and distribution of the load on top of the ice are all factors affecting ice safety.

4. Be sure to measure clear hard ice in __________ places.

5. Ice should be at least __________ before walking on it, _______ _______ before a snowmobile crosses onto it, ___________________ for a car or small pickup and ______________ for a medium truck.

6. 1 out of every 12 Canadians who drowns each year plunges to death through __________ ice.

7. Hypothermia results from a drop in _____________________ and kills people by reducing their ability to swim or stay afloat.

8. If you do happen to fall through ice, don’t panic! Call for help, turn to the direction you came from and place your hands and arms on the __________ surface. Kick your feet and try to push yourself on top of the unbroken ice on your stomach like a _______. Roll away from the break until you’re on solid ice.

9. If you see someone fall through ice, call for help and provide help from a safe distance using an ________ such as a scarf, hockey stick or rope.

10. Always have ______________________ and play with a _______!

Contact Us:
400 Consumers Road, Toronto, Ontario M2J 1P8
E-mail: experts@lifeguarding.com
Web: www.lifesavingsociety.com

Children 8 years and over – Check the Ice

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