



New and improved leadership recertification process

We've made it easier than ever to recertify your leadership awards while developing your skills. The new system switches from "credits" to "points," but there's a lot more to it than that. Let's dive in.

Why the change?

Change is tough, we get it, but over the years we've noticed some areas for improvement within our recertification system. The new system is designed to better support the professional development of instructors, coaches, examiners and trainers. There is now a wider variety of options to earn points and recertify with ease.

How many points do I need?

Every 24 months, you'll need to earn 4 points to recertify the awards you hold.

Which Points List do I use?

Select which items you'll use to recertify from the Points List that matches your highest level of certification. For example: If you are a First Aid Instructor and First Aid Examiner, you use the Examiner/Examiner Mentor [Points List](#).

Is it hard to earn 4 points?

The new system is designed to account for the work that goes into earning and maintaining certifications, as well as teaching, examining or coaching Society awards. The points earned align with the effort put forth once you become a certified instructor.

Instructors, coaches, examiners and examiner mentors who want a quick and easy way to earn 4 points will benefit from our new In-person Recertification Course. In this optional course, you'll earn 4 points in four hours. Following the course, you will need to complete the recertification process before your awards expire.

Where can I find an In-person Recertification Course?

Visit [Find A Course](#) and navigate to the Instructing/Coaching/Examining tab to search for a course near you or contact your local pool.

Can I still recertify online?

Yes! Our online recertification system remains the same. We've done the work behind the scenes to update the system to "points" so all you have to do is log in and follow the steps. Make sure you have your web access code and member ID handy.

If online isn't an option, complete the [Leadership Recertification Form](#) and [email](#), or mail it the Society office.

Where can I get more information?

We know you have questions, and we have answers! Read the [What's New](#) for more information on the new system, how to use it, how to plan for your recert, and to get more details about the new recertification course.

Still have questions? Visit our [website](#) for more FAQs and info.

STACK 'EM UP!

You can now "stack points" – instructors who teach the same eligible course more than once, earn points for each time they teach that course within their 24-month currency period.

For example, if you teach two separate Bronze Cross courses, you'll earn two points for EACH course. Refer to the [Points List](#) for your highest level of certification to see which options are available to use more than once or "stack."

FINDING YOUR WEB ACCESS CODE AND MEMBER ID

To recertify your awards online, you need to create a Lifesaving Society user account, which requires your unique web access code and member ID. The web access code is found on the tear-away portion of the printed version of any Lifesaving Society permanent certification card, directly below the blue portion.

Your member ID is located on the blue portion of your permanent card; it is a six-digit code made up of letters and numbers. Society staff use this code to track your qualifications, courses you've taught and other Lifesaving Society activities.

If you don't have your web access code or member ID [contact us](#)



Lifesaving Society Training and Competition Manikins



Training Manikins
 \$277.83 each or 10 for \$250.05 per unit.
 Product code: 42.1185.00

Competition Manikins
 \$442.12 each or 10 for \$375.80 per unit.
 Product code: 42.1183.00

- Ideal for practicing pick-ups, carries and removals in lifesaving and lifeguard courses.
- Easy to fill and easy to drain (for submerged unconscious victim simulation).
- Built to withstand regular use.
- Require minimal maintenance.
- Made in Canada by the Lifesaving Society.

The Lifesaving Society's Training and Competition manikins enable course participants to practice important lifesaving and sport skills while maintaining physical distancing protocols.

The Competition Manikin is ILS approved for lifesaving sport competition and allows you to control weight and buoyancy.

Order online from LifeguardDepot.com, call 416-490-8844 or email orders@lifeguarding.com. Free standard shipping within Canada. Some exclusions apply.

Lifeguard Depot.com®

LifeguardDepot.com is the online store of the Lifesaving Society. All proceeds from LifeguardDepot.com support drowning prevention and the development of young leaders through Lifesaving Sport.



Magnetawan Lions Club Swimming Lessons

Magnetawan is a small Township in the Almaguin Highlands region of Parry Sound. Located on the Magnetawan River and tucked between two lakes, this little place has a lot going on. The township is buzzing with events like art in the park, soapbox races, music nights, fireworks, parades and aquafit on the beach.

Each summer, the lakes and river are filled with residents and cottagers alike. With all the action on the water – swimming, boating, fishing – the local Lions Club saw an opportunity to make summer safer. They started offering free swimming lessons at the local beach – a tradition that has continued for the past 56 years.

Magnetawan Lions Club fundraises year-round. The group hosts 50/50 draws, pickerel dinners, bottle drives and more. The community's hard work has paid off; the program has grown from just 10 swimmers in the first year to 134 swimmers in the summer of 2023. What started as swimming lessons alone, now includes Bronze Medallion, Bronze Cross and Standard First Aid courses, and new for the 2024 season – a Swim and Lifesaving Instructor course.

Former lifeguard, Cliff Cookman heads up the program on behalf of the Lions Club. A highlight for him is the program's longevity. Each summer he looks forward to seeing former swimmers watching their children and grandchildren learning to swim at the same beach. He's also pleased to have many swimmers return as instructors.

The program's success has caught on, and now the Lions Clubs of Sundridge and Dunchurch are hosting lessons, too. The Magnetawan community encourages others to follow suit.

Share your story

Is there something great happening in your community that you want to share with other affiliates? Do you have a unique or creative way of delivering programs? [Tell us about it!](#)

LifeguardDepot.com offers a great selection of Stearns lifejackets and PFDs. A wide range of sizes for everyone, from adults to infants. Easily adjustable, lightweight and comfortable!

Order online from LifeguardDepot.com or call 416-490-8844.

LifeguardDepot.com is the online store of the Lifesaving Society. All proceeds from LifeguardDepot.com support drowning prevention and the development of young leaders through Lifesaving Sport.

Get trained, get hired

Safety is paramount in aquatics and the summer is our time to shine. We offer a suite of programs designed to enhance the safety provided by lifeguards in three different common aquatic settings. Choose which course is right for you and get ready to get hired.

Safeguard

Who you are: A guardian (e.g., day camp counsellor, counsellor-in-training) who accompanies groups of young people to pools or waterfronts. Ideally, you're are at least 12 years of age.

Where you'll work: Camp settings at pools or waterfronts that are supervised by lifeguards.

What you'll do: Identify hazards and at-risk behaviours, recognize potential victims, and respond safely in an aquatic emergency.

How to get certified: Successfully complete the 3–4 hour Safeguard training course.

PoolAttendant

Who you are: You're at least 14 years of age and hold a Standard First Aid certification.

Where you'll work: Indoor or outdoor aquatic facilities including wading pools or pools with waterslides.

What you'll do: Supervise wading pools, splashpads, waterslides and amusement devices.

How to get certified: Successfully complete the 6–7 hour Pool Attendant training course.



WaterparkAttendant

Who you are: You're at least 14 years of age and hold a Emergency First Aid certification.

Where you'll work: Indoor or outdoor waterparks.

What you'll do: Assist with waterpark operations by monitoring waterslides, river rides, wading pools and other amusement devices in waterparks.

How to get certified: Successfully complete the 12 hour Waterpark Attendant training course.

FIND A COURSE

Looking for a training course near you? Visit [Find a Course](#) and enter your location and desired course to see a list of upcoming trainings. Don't see what you're looking for? Contact your local aquatic facility.

Lifesaving & Lifeguarding	First Aid	Management Training	Instructing / Coaching / Examining	Lifesaving Sport Officials
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ENTER YOUR SEARCH CRITERIA:

Course Type:

Course Start Date:

Region:



Start your own business this summer

Teaching summer swimming lessons in your backyard pool can be fun, rewarding and you can't beat the commute. If you're planning to teach swimming lessons in your pool this summer, become a Seasonal Swim Licensee and get your entrepreneurship rolling.

The Swim for Life program is a low-cost, hassle-free and flexible learn-to-swim continuum, which focuses on basic swimming skills and strokes that lead seamlessly into the Canadian Swim Patrol program.

As a Swim Licensee, you get exclusive access to all the resources you need to teach the program including: worksheets, lesson plans, progress reports, and more. You can even choose to order badges and stickers to reward your swimmers.



Four easy steps to start your summer business:

1. Complete the [Affiliate member information form](#).
2. Pay the fees.
3. Sign your agreement.
4. Start teaching!

For more information, contact Cindy Parsons at sindyp@lifeguarding.com.

Save the date

April
12

115th Annual General Meeting - 6 p.m.
(Hilton Toronto/Markham Suites
Conference Centre and Spa)
All Society members welcome!

July 21-27, 2024

National Drowning
Prevention Week

LIFESAVING SOCIETY

Water Smart® in 18 languages

In our mission to eradicate drowning in Canada, we continue to add new languages to our Water Smart messaging roster. This year we've added Water Smart Tip Cards in six more languages: Cree, Dene, German, Oji-Cree, Spanish and Ukrainian.

Tip cards are a simple and effective way to share water safety information with newcomers in your community. Order Water Smart Tips Cards at lifeguarddepot.com and keep them on hand at your facility, pass them out at community events, and leave them with local businesses, hotels and community centres to display and share.



Fierce competition needs a manual

If you've ever been part of the action at an Ontario Championship, you know the need for a comprehensive rule book. From the dozens of DQ codes to where a manikin goes, there are a lot of moving pieces.

Thankfully, the new 2024 edition of the *Ontario Competition Manual* helps you figure out what equipment goes where – and exactly what you need to wear. Neatly aligned with ILS, the new manual holds the rules, standards and procedures for Ontario championships, and is a must have for competitors, coaches, clubs and officials.

Download your [free copy](#) from the Society's website.

Ontario Competition Manual

2024 edition

Rules, Standards and Procedures for Ontario Championships

