

First Aid Equipment List

Mandatory Minimum Training Equipment and Supplies for Basic and Intermediate First Aid Courses

Affiliates and instructors must ensure candidates have the proper supplies to practice skills accurately, fostering competence and confidence for real-life situations. The list covers the mandatory first aid supplies for Basic and Intermediate First Aid certifications. Candidates must have these items available for learning and testing, with a candidate-instructor ratio of no more than 18:1 unless more instructors are provided.

Candidate to supplies ratio 1:1

- *Canadian First Aid Manual* (CFAM)
- Pair latex-free gloves
- Gauze pad, e.g., 7.5 cm by 7.5 cm
- Compress bandage, e.g., 5 cm x 5 cm
- Roll conforming bandage, e.g., 7 cm by 4.5 m
- 2 triangular bandages with safety pins
- CPR mask with one-way valve or face shield
- Lungs for ventilating adult/child and infant manikins

Candidate to supplies ratio 2:1

- Adult and infant CPR manikins (child manikins may also be used)
- AED Trainers and adult electrode pads (child or infant pads optional)
- Commercial splints, e.g., speed splint/aluminum foam (at Intermediate level)

Additional supplies

- First Aid adhesive tape
- One blanket/towel for every 3 candidates
- 4 auto-injector (trainers), e.g., Epi-Pen trainer
- A first aid kit (compliant with Regulation 1101 or Z1220)

Recommended

- A practice simulation kit for use in rescue scenarios. This may include a sample Medic Alert bracelet, fake wounds, such as knocked-out teeth, amputated fingers, and embedded objects.
- Naloxone kit (trainer), asthma metered-dose inhaler (trainer), and spacer for demonstration. Tourniquet (for display only, not for use in treatment simulation).

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Order first aid supplies and equipment tailored for Lifesaving Society First Aid courses.