

# FIRST AID TRANSITION

## First Aid Program Quick Facts – 1<sup>st</sup> Edition

This fact sheet is intended to give a high-level summary of program updates – it is not a complete list of all updates, implications and changes. More information, including how these changes impact Affiliates, First Aid Instructors, Examiner and Trainers will be shared soon.

### New course names and curriculum

- Emergency First Aid will be replaced by a NEW Basic First Aid with CPR-C & AED
- Standard First Aid will be replaced by Intermediate First Aid with CPR-C & AED
- The content of these courses has changed significantly to align with CSA Z1210:24

### Retiring Awards

- Basic First Aid, CPR-B and AED courses – as of June 1, 2026
- Emergency First Aid Instructor – coincide with the launch of the the NEW Basic and Intermediate First Aid

### Classroom/training environment

- No more than 18 candidates to 1 instructor are allowed
- Additional instructors must be added and recorded as needed to maintain the 18:1 ratio
- Training space must be accessible and inclusive to people with disabilities (AODA compliant)

### Instructional time

- Hours stay the same: 8 hours for Basic and 16 hours for Intermediate

### Course evaluation

- To pass candidates must attend 100% of the course, successfully complete the skills assessment and achieve 70% on the written exam
- Written exams are administered in class under instructor supervision and are open-book
- Oral administration of the written exam may be provided upon request to accommodate individual learning needs or accessibility requirements

### Current certifications

- Previous Emergency and Standard First Aid certifications remain valid until their expiration date
- When the Emergency or Standard First Aid certificate expires, the candidate must complete either Basic or Intermediate full course to obtain certification

### Certificate length/ recertification process

- First aid certificates are current for 36 months from the date of issue
- Intermediate first aid certifications can be recertified on a one-time basis as long as the original has not expired
- Recertification course can be completed with any WSIB-approved first aid training provider

### Who can teach and evaluate

- Current Standard First Aid Instructors/ Examiners who are 18 years of age and have attended the online mandatory update course will teach/evaluate both the basic and intermediate levels – more information to come

### Quality Assurance

- New [Code of Conduct](#)

### Mandatory Instructor Update Course

- All Standard First Aid Instructors, Examiners and Trainers will be required to attend before they are eligible to teach the new Basic and Intermediate first aid programs
- Mandatory resources must be purchased when you register to take the course online – more information to come

### Required resources

- The new *Canadian First Aid Manual* will be the required for both the Basic and Intermediate First Aid courses
- New [mandatory equipment list](#)

### New Resources

- New mandatory resources including a new *Canadian First Aid Manual*, *First Aid Award Guide* and Teaching First Aid USB which contains slide decks, instructional videos, lesson plans and more
- Coming soon - First Aid Instructor pack containing the mandatory resources required for First Aid Instructor courses

### First Aid Instructor Course Prerequisites

- Minimum 18 years of age, Lifesaving Society Standard or Intermediate First Aid, or the equivalent from a training agency approved by the Ontario government

### Emergency First Aid Instructor Transition Course

- A transition course for Emergency First Aid Instructors who are a minimum of 18 years of age is in development...stay tuned!