

# FIRST AID TRANSITION

## First Aid Program Quick Facts – 2<sup>nd</sup> Edition

This fact sheet is intended to give a high-level summary of program updates – it is not a complete list of all updates, implications and changes. The Workplace Safety and Insurance Board's (WSIB) workplace first aid program will launch on June 22, 2026. More information, including how these changes impact Affiliates, First Aid Instructors, Examiner and Trainers can be found on our website: [lifesavingsociety.com/firstaidupdates](https://lifesavingsociety.com/firstaidupdates).

### New course names and curriculum

- Emergency First Aid will be replaced by a NEW Basic First Aid with CPR-C & AED
- Standard First Aid will be replaced by Intermediate First Aid with CPR-C & AED
- The content of these courses has changed significantly to align with CSA Z1210:24

### Retiring Awards

- Basic First Aid, CPR-B and AED courses – as of June 1, 2026
- Emergency First Aid Instructor – coincide with the launch of the the NEW Basic and Intermediate First Aid

### Classroom/training environment

- No more than 18 candidates to 1 instructor are allowed
- Additional instructors must be added and recorded as needed to maintain the 18:1 ratio
- Training space must be accessible and inclusive to people with disabilities (AODA compliant)

### Instructional time

- Hours stay the same: 8 hours for Basic and 16 hours for Intermediate

### Course evaluation

- To pass candidates must attend 100% of the course, successfully complete the skills assessment and achieve 70% on the written exam
- Written exams are administered in class under instructor supervision and are open-book
- Oral administration of the written exam may be provided upon request to accommodate individual learning needs or accessibility requirements

### Current certifications

- Previous Emergency and Standard First Aid certifications remain valid until their expiration date
- When the Emergency or Standard First Aid certificate expires, the candidate must complete either Basic or Intermediate full course to obtain certification

### Certificate length/ recertification process

- First aid certificates are current for 36 months from the date of issue
- Intermediate first aid certifications can be recertified on a one-time basis as long as the original has not expired
- Recertification course can be completed with any WSIB-approved first aid training provider

### Who can teach and evaluate

- Current Standard First Aid Instructors/ Examiners who are 18 years of age and have attended the online mandatory update course will teach/evaluate both the basic and intermediate levels – more information to come

### Quality Assurance

- New [Code of Conduct](#)

### Mandatory Instructor Update Course

- All Standard First Aid Instructors, Examiners and Trainers will be required to attend before they are eligible to teach the new Basic and Intermediate first aid programs
- Mandatory resources must be purchased when you register to take the course online – more information to come

### Required resources

- The new *Canadian First Aid Manual* will be the required for both the Basic and Intermediate First Aid courses
- New [mandatory equipment list](#)

### New Resources

- New mandatory resources including a new *Canadian First Aid Manual*, *First Aid Award Guide* and Teaching First Aid USB which contains slide decks, instructional videos, lesson plans and more
- Coming soon - First Aid Instructor pack containing the mandatory resources required for First Aid Instructor courses

### First Aid Instructor Course Prerequisites

- Minimum 18 years of age, Lifesaving Society Standard or Intermediate First Aid, or the equivalent from a training agency approved by the Ontario government

### Emergency First Aid Instructor Transition Course

- A transition course for Emergency First Aid Instructors who are a minimum of 18 years of age is in development...stay tuned!