

HIGH FIVE® 16 QUESTIONS

A Caring Adult

- How do you learn about each child?
- How do you prevent conflicts?

Friends

- Which activities help children learn names?
- Where do children meet new Friends?

Play

- Where do children have choices?
- When is process more important than product?

Mastery

- When are children learning by doing?
- Where is each child able to succeed?

Participation

- Where can everyone Play?
- Is everyone engaged in the activity?

Developmentally Appropriate

- How have you planned for the age and stage characteristics of the group?
- Where have you planned for challenge and where for success?

Safe

- How have you planned to protect the physical and emotional Safety of the children?

Welcoming of Diversity and Uniqueness

- Where have you allowed the child to personalize the process/the activity?
- How do you welcome each child's Uniqueness?
- How does your space/environment welcome Diversity?

HIGH FIVE® Lesson Plan



The best way to play™

Swim Level: _____ Lesson #: _____

Aquatic Leader: _____

Equipment:

Strategy/Resources:

Time	Progression	Formation

Back-up:

Notes:

- 1) Did you get wet?
- 2) Remember the 3 D's - Describe, Demo, Do
- 3) Have you incorporated the HIGH FIVE® Principles & Design Guidelines?