

HIGH FIVE® PRINCIPLES OF HEALTHY CHILD DEVELOPMENT CANDIDATE ASSESSMENT FORM

Can the candidate	Yes	Somewhat	No
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KNOWLEDGE

Explain the mission of HIGH FIVE®			
Name and describe the five Principles of healthy child development			
Name and describe three Design Guidelines for creating healthy environments			
Identify specific ways to support healthy child development in program			
Describe the importance and the key developmental tasks of middle childhood			
Define areas of control in relation to creating healthy environments			
Identify the range of relationships that affect a child's experience			
Explain the function and use of the QUEST Tools			

VALUES

Accurately assess their own level of skill in fostering healthy environments, relationships and experiences for children and identify areas for improvement			
Use reflections on personal experiences to competently identify key components of experiences that grow healthy children			
Appropriately identify the scope of their role in enhancing healthy development			
Articulate a commitment to a child centered approach			

SKILLS

Compile, enhance and deliver lessons that support healthy child development			
Apply a child friendly and child empowering problem solving model to situations that may arise in their context			
Make sound situation-based decisions to organize environments to be supportive of healthy child development			

ABILITIES

Contribute to a positive and safe learning environment			
Convert the five Principles and the three Design Guidelines into a child centred checklist related specifically to their context (e.g. to the pool environment)			
Apply the five Principles and the three design guidelines to scenarios and generate appropriate actions and solutions to address scenario situations			
Brainstorm challenges to offering environments that foster healthy child development and successfully address challenges			

This candidate is recommended for *HIGH FIVE® Principles of Healthy Child Development Certification*, pending completion of their *Lifesaving Swim Instructors Course*.

The candidate was informed that successful achievement of HIGH FIVE® Principles of Healthy Child Development will require attending the session again to achieve missed objectives above.

Name of Candidate:

Name/ Signature of Trainer:

Date and Location of Course:

