



LIFESAVING SOCIETY
The Lifeguarding Experts

Basic First Aid (Updated 2011)

Candidates' Names	Age	Contacting EMS	Primary assessment: unconscious victim	Rescue breathing	Obstructed airway: adult conscious victim	Obstructed airway: adult unconscious victim	Care for a victim in shock	Care for external bleeding	Result
		1	2	3	4a	4b	5	6	
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									

- Satisfactory Performance
 F - Fail
 Total Pass
 Total Fail

Host information

Host name (Affiliate) _____ ()
 Telephone _____
 Street address _____
 City _____ Prov. _____ Postal code _____

Course information

Certification date: _____ YY MM DD
 Facility name (e.g., name of pool) _____ Telephone _____
This section to be completed by the Lifesaving Instructor who taught and evaluated the candidates.
 Name _____ ID# (optional) _____
 E-mail address _____
 Telephone _____ Signature _____