



Explanation of Judges' Scoring Sheets for Simulation Events (Water Rescue and First Aid)

This is designed as a guideline for competitors and officials to assist with the understanding of the different elements found on the Simulation Events' scoring sheets. All of the expectations are related to official documents from the Lifesaving Society, including Alert, The Canadian Lifesaving Manual, appropriate award guides. Please review these documents along with this explanation sheet. Different items apply to different sheets. Please refer to the sheets for details (i.e. Speed of Recognition is only found on Water Rescue sheets). The telephone and overall scoring sheets include detail with each item.

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas

Speed of Recognition and Response

- Recognition and response time

Rescue Scene Assessment

- Check for and management of hazards
- Determine mechanism of injury
- Incident history
- Major complaint/other injuries
- Assess for spinal
- Appropriate entry/approach/contact with victim

Primary Assessment

- Determine Level of Consciousness
- Establish and assess airway
- Assessment of breathing and circulation
- ABC's assessed as early as possible
- Gross haemorrhage/body sweep
- Assessment of primary complaint

Treatment items

- Treatment items are specific for each victim. They have been taken directly from Must See's in conjunction with the manuals as listed above. Please refer to these manuals for additional information. Treatment includes monitoring and management of ABC's as well as treating for shock and use of oxygen if trained.

Secondary Assessment

- Determine victim's medical history
- Complete head-to-toe, hands on body check in a logical manner
- Quality and appropriateness of body check (attention to detail)

Continuing Assessment

- Vitals monitored throughout
- Airway maintained throughout
- Injuries monitored/assessed throughout
- Identify changing conditions (if necessary)
- Appropriate response to changes in condition (if necessary)

Communication and Victim Care Throughout

- Communication performed with confidence, calmness and reassurance, including introducing themselves
- Necessary information was obtained from victim and witnesses
- Interaction with other guards was appropriate and effective
- Interaction with witnesses was appropriate and effective
- Confidence/calmness in dealing with victim
- Treatment performed in a logical manner
- Treatment at earliest possible moment
- Prevention of further injury
- Appropriate or minimal movement of victim (including removal)
- Effective response
- Effective use of equipment
- Use of protective equipment and barrier devices



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List of Victims – Water Rescue and First Aid Events

The following is a list of potential victims for the Water Rescue and First Aid Events. Score sheets for each specific victim type follow.

Major Victims

- Major bleeding
- Broken/dislocated hip (con. to unc.)
- Spinal (pulseless)
- Diabetic emergency
- Chest pains/heart attack to pulseless
- Head injury
- Pulseless (adult/child/infant)
- Conscious (mild/severe) to unconscious
airway obstruction
- Chest pains/heart attack
- Heat-related emergency (unconscious)
- Third-degree burns (unconscious)
- Unconscious blockage
- Internal injury with changing conditions
- Unconscious stroke
- Anaphylactic shock
- Spinal (breathing)
- Broken femur
- Seizure (unconscious/pulseless)

Minor Victims

- DNS
- Nosebleed
- Dislocated shoulder
- Chipped tooth
- Eye injury
- Heat-related emergency
- Embedded object
- Fainting spell
- ACL/knee injury
- Fracture
- Laceration
- Twisted ankle
- Broken rib
- Dislocated finger(s)
- First-degree burns
- Second-degree burns
- Asthma
- Hyperventilation
- Conscious airway obstruction
- Head injury



WATER RESCUE AND FIRST AID EVENTS SCORING EXPLANATION

The score sheets for the Water Rescue and First Aid events have been designed based on the principles of rescue and lifesaving supported by the Lifesaving Society.

All of the expectations are related to official documents from the Lifesaving Society, including the following:

- *Alert*
- *The Canadian Lifesaving Manual*
- *Appropriate award guides*

Points have been allocated for items to reflect priorities of treatment and victim care (i.e. basic lifesaving and first aid). As well, a minor score sheet is worth exactly half of a major score sheet. It may be helpful to examine the points based on percentages, as the actual points assigned may seem arbitrary. Percentages have been determined based on past history, consistency, manuals and official documents from the Lifesaving Society.

Percentages of points are as follows (they are not identical between categories in order to allocate even points):

	Water Rescue		First Aid	
	Minor	Major	Minor	Major
Speed of Recognition	8%	8%	N/A	N/A
Rescue Scene Assessment	9%	7%	10%	8%
Primary Assessment	20%	18%	22%	20%
Treatment	35%	32%	38%	35%
Secondary Assessment	N/A	11%	N/A	12%
Continuing Assessment	14%	12%	15%	13%
Communication & Victim Care	14%	12%	15%	13%

As well, consistency has been established among the sheets. For example, on the minor laceration score sheet, apply cold has a potential value of 20 points. For that item, if the competitor scores a 1 they will receive 8 points; if earn a 2 they will receive 12 points and if they receive a 3 they receive 20 points. This same point distribution occurs whenever an item has a potential value of 20 points, even on a different score sheet. So, on the minor fracture score sheet, a distal circulation check is also worth up to 20 points and if a competitor earns a 1 they will receive 8 points, for a 2 they will receive 12 points and for a 3 they will receive 20 points.



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Explanation of Judges' Scoring Sheet for Telephone (Water Rescue and First Aid)

This is designed as a guideline for competitors and officials to assist with the understanding of the telephone scoring sheet. All elements are to simulate an emergency phone call as closely to a real EMS phone call as possible and will assist with the set-up of the phone when one is used in simulated events.

Telephone Guidelines:

- The phone must be a physical phone
- At no time will an official identify that they are the phone judge
- The phone receiver or portable unit must be picked up and 9-1-1 manually initiated to start the scoring process (CCM – 4.7, pg. 37 – Scoring – communication with officials “competitors are responsible for making their actions and intentions clear to the judges”)
- Phone points will only be given for Major Victims
- Points are allotted for phone calls made after the major victim's condition becomes apparent.
- No points are awarded for making a phone call for a victim who does not (yet) require emergency response.
- Phone calls may not be updated

Water Rescue

- The phone will be found at the location of the actual emergency phone as identified by the host facility. In cases where the identified location is not feasible, the location will be identified during the coaches meeting.

First Aid

- It will be identified during the coaches meeting if a phone will or will not be available.
- The phone location will not be given.

Initiate Phone Call

- Once the phone receiver or portable unit has been picked up and 9-1-1 has been manually initiated the judge will say; “Fire, Police, or Ambulance.”
- 5 marks will be given when the emergency service is requested

Dispatcher (Judge prompted)

- How many victims are you calling for?
 - Identify the number of victims
- Is your victim conscious or unconscious?
 - Identify if the victim is conscious or unconscious
- Is your victim breathing or non-breathing?
 - Identify if the victim is breathing or non-breathing
- What is your victim type?
 - Identify the correct victim type
- Repeat the above 3 questions for each victim
- Confirm location/address
 - The judge will say; “Can you confirm that your location is (fill in the blank).” (address will be pre-identified to the competitors)
- Confirm call back phone number
 - The judge will say; “Can you confirm that your phone number is (fill in the blank).” (phone number will be pre-identified to the competitors)
- Where will you meet us?
 - The location will be pre-identified to the competitor and the competitor must correctly identify the location (e.g. the main doors) to receive full points

Speed of Phone Call (from time of incident)

- Speed of call marks will be timed from the time of the incident and not from the time that the situation starts
- Marks are allotted once the 9-1-1 call has been initiated



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WATER RESCUE/FIRST AID OVERALL SCORE SHEET

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SUPERVISION/SCENE MANAGEMENT

Appropriate positioning	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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Continuous Scanning or assessment of the environment	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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EMERGENCY RESPONSE

Speed of recognition or response	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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Response time to incident	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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Immediate/accurate communication with other lifeguards or first responders	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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Effective/appropriate crowd control and management of victims	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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SAFETY

Demonstrates concern for personal safety	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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Demonstrates concern for the safety of patrons and victims	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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PROFESSIONALISM

Demonstrate concern for the public's perception of actions of lifeguards or first responders	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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Display confidence/calmness during emergency	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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TOTAL: _____
200

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

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TELEPHONE SHEET

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

INITIATE PHONE CALL:

	VICTIM#1	VICTIM#2	VICTIM#3	VICTIM#4
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Dial 911 – request emergency service	5	5	5	5
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DISPATCHER (judge):

Is your victim conscious or unconscious?	10	10	10	10
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Is your victim breathing or non-breathing?	10	10	10	10
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What is your victim type?	15	15	15	15
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Confirm location/address	5	5	5	5
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Confirm call back phone number	5	5	5	5
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Where will you meet us?	5	5	5	5
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SPEED OF PHONE CALL (from time of incident):

Under 1 minute	85	85	85	85
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1 – 2 minutes	60	60	60	60
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2 – 3 minutes	40	40	40	40
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3 – 4 minutes	20	20	20	20
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4+ minutes	10	10	10	10
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SUBTOTAL

	140	140	140	140
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TOTAL: (sum of victim scores): _____

Verified By: _____



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET MAJOR BLEEDING (REVISED)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
REST & DIRECT PRESSURE	$\frac{0}{0}$	$\frac{1}{36}$	$\frac{2}{54}$	$\frac{3}{90}$
APPLY STERILE DRESSING/BANDAGE	$\frac{0}{0}$	$\frac{1}{36}$	$\frac{2}{54}$	$\frac{3}{90}$
CIRCULATION CHECK	$\frac{0}{0}$	$\frac{1}{4}$	$\frac{2}{6}$	$\frac{3}{10}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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**FIRST AID/WATER RESCUE
MAJOR SCORE SHEET
BROKEN/DISLOCATED HIP (con to uncon)**

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{22}$	$\frac{2}{33}$	$\frac{3}{55}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ICE	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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**FIRST AID/WATER RESCUE
MAJOR SCORE SHEET
SPINAL (PULSELESS)**

TEAM CODE: _____
BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
SMOOTH RECOVERY (rollover if needed)	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
IMMOBILIZATION OF SPINE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
STABILIZATION ON SPINEBOARD	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
RESUSCITATION ADMINISTERED AT EARLIEST POSSIBLE TIME	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

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Use of these score sheets is intended for candidate/competitor training and practice and by Hosts of Sanctioned Competitions only.
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FIRST AID/WATER RESCUE MAJOR SCORE SHEET DIABETIC EMERGENCY (REVISED)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
MONITOR AND MAINTAIN ABC'S	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
HELP TO SELF-ADMINISTER MEDICATION OR ITEM CONTAINING SUGAR	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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FIRST AID/WATER RESCUE MAJOR SCORE SHEET CHEST PAINS/HEART ATTACK TO PULSELESS

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEM				
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
COMFORTABLE POSITIONING/ LOOSEN TIGHT CLOTHING	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
ASSISTANCE WITH MEDICATION	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
RESUSCITATION STARTED AS EARLY AS POSSIBLE	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____

600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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FIRST AID/WATER RESCUE MAJOR SCORE SHEET HEAD INJURY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
POSITION/TREAT IN POSITION OF GREATEST COMFORT	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
BANDAGE/COLD – TREAT AREA OF TRAUMA	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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**FIRST AID/WATER RESCUE
MAJOR SCORE SHEET
PULSELESS (adult, child, infant)**

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
ADMINISTER PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
RESUSCITATION ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET CONSCIOUS (mild/severe) TO UNCONSCIOUS AIRWAY OBSTRUCTION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
ADMINISTER PROPER AIRWAY OBSTRUCTION PROCEDURE	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
AIRWAY OBSTRUCTION PROCEDURE ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET CHEST PAINS/HEART ATTACK

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMFORTABLE POSITIONING/ LOOSEN TIGHT CLOTHING	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
ASSISTANCE WITH MEDICATION	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET HEAT-RELATED EMERGENCY - UNCONSCIOUS

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
COOL VICTIM/REDUCE CORE TEMPERATURE	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET THIRD-DEGREE BURNS - UNCONSCIOUS

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
FLUSH BURNS WITH COOL, CLEAN WATER	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
COVER BURNS WITH DRY, STERILE DRESSING	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET UNCONSCIOUS AIRWAY OBSTRUCTION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
ADMINISTER PROPER AIRWAY OBSTRUCTION PROCEDURE	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
AIRWAY OBSTRUCTION PROCEDURE ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET INTERNAL INJURY WITH CHANGING CONDITION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
ABC'S MAINTAINED/MONITORED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
VICTIM POSITIONED COMFORTABLY	$\frac{0}{0}$	$\frac{1}{22}$	$\frac{2}{33}$	$\frac{3}{55}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{22}$	$\frac{2}{33}$	$\frac{3}{55}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET UNCONSCIOUS STROKE

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$
RECOVERY POSITION OR POSITION OF GREATEST COMFORT	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET ANAPHYLACTIC SHOCK

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
HELP TO SELF-ADMINISTER MEDICATION OR ADMINISTER IF VICTIM CANNOT	$\frac{0}{0}$	$\frac{1}{42}$	$\frac{2}{63}$	$\frac{3}{105}$
MAINTAIN/MONITOR AIRWAY THROUGHOUT	$\frac{0}{0}$	$\frac{1}{34}$	$\frac{2}{51}$	$\frac{3}{85}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET SPINAL (BREATHING)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
SMOOTH RECOVERY (rollover if needed)	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
IMMOBILIZATION OF SPINE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
STABILIZATION ON SPINEBOARD	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
DISTAL CIRCULATION/SENSATION CHECKED	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET BROKEN FEMUR

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
DISTAL CIRCULATION/SENSATION CHECKED	$\frac{0}{0}$	$\frac{1}{14}$	$\frac{2}{21}$	$\frac{3}{35}$
ICE	$\frac{0}{0}$	$\frac{1}{14}$	$\frac{2}{21}$	$\frac{3}{35}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MAJOR SCORE SHEET SEIZURE (UNCONSCIOUS/PULSELESS)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{48}$	$\frac{2}{72}$	$\frac{3}{120}$
TREATMENT ITEMS				
PROTECT HEAD FROM FURTHER INJURY	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
AIRWAY MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESUSCITATION STARTED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
PROPER RESUSCITATION	$\frac{0}{0}$	$\frac{1}{40}$	$\frac{2}{60}$	$\frac{3}{100}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
SECONDARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{28}$	$\frac{2}{42}$	$\frac{3}{70}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{32}$	$\frac{2}{48}$	$\frac{3}{80}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{30}$	$\frac{2}{45}$	$\frac{3}{75}$

TOTAL: _____
600 / 650
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET DNS

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
HEAD & SHOULDERS ABOVE THE SURFACE WITHIN 15 SEC	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
APPROACH VICTIM IN A SAFE MANNER	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
MAINTAIN HEAD & SHOULDERS AT OR ABOVE THE SURFACE	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
EDUCATION	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET NOSEBLEED

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
PRESSURE	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
ICE TO FOREHEAD AND/OR BACK OF NECK	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
CHECK FOR HEAD INJURIES	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET DISLOCATED SHOULDER

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{18}$	$\frac{3}{30}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET CHIPPED TOOTH

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
GAUZE	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET EYE INJURY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
BANDAGE INJURED EYE	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
FLUSH WITH CLEAN WATER	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET HEAT-RELATED EMERGENCY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
PROVIDE WATER TO DRINK	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
COOL VICTIM/REDUCE CORE TEMPERATURE	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
EDUCATION FOR PREVENTION	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET EMBEDDED OBJECT (REVISED)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
APPLY PRESSURE AROUND OBJECT	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
APPLY STERILE DRESSING/BANDAGE	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
STABILIZATION OF OBJECT	$\frac{0}{0}$	$\frac{1}{14}$	$\frac{2}{21}$	$\frac{3}{35}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET FAINTING SPELL

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
IDENTIFY AND CONTROL CAUSE OF FAINTING	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL:

300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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**FIRST AID/WATER RESCUE
MINOR SCORE SHEET
ACL/KNEE INJURY**

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{18}$	$\frac{3}{30}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET FRACTURE

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET LACERATION (REVISED)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
REST & DIRECT PRESSURE	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
CHECK DISTAL CIRCULATION	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
APPLY STERILE DRESSING/BANDAGE	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{35}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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**FIRST AID/WATER RESCUE
MINOR SCORE SHEET
TWISTED ANKLE**

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
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RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
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PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
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TREATMENT ITEMS				
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$

ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
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DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
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TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
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CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
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COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
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TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET BROKEN RIB (REVISED)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
PROTECT & SUPPORT INJURED AREA	$\frac{0}{0}$	$\frac{1}{20}$	$\frac{2}{30}$	$\frac{3}{50}$
COMFORTABLE POSITION	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET DISLOCATED FINGER(S)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MOVEMENT MINIMIZED	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
IMMOBILIZATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
ICE	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
DISTAL CIRCULATION/SENSATION CHECK	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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FIRST AID/WATER RESCUE MINOR SCORE SHEET FIRST-DEGREE BURNS (REVISED)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{14}$	$\frac{2}{21}$	$\frac{3}{35}$
FLUSH BURNS WITH COOL, CLEAN WATER	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TOTAL:				_____
				300 / 325
				(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

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FIRST AID/WATER RESCUE MINOR SCORE SHEET SECOND-DEGREE BURNS (REVISED)

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
FLUSH BURNS WITH COOL, CLEAN WATER	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
COVER BURNS WITH DRY, STERILE DRESSING	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
TOTAL:				
		300	/	325
		<i>(FA)</i>	<i>/</i>	<i>(WR)</i>

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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FIRST AID/WATER RESCUE MINOR SCORE SHEET ASTHMA

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ASSIST WITH/ ENCOURAGE PURSED LIP BREATHING	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
POSITION VICTIM IN A COMFORTABLE POSITION	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
ASSIST WITH MEDICATION	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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FIRST AID/WATER RESCUE MINOR SCORE SHEET HYPERVENTILATION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ASSIST WITH/ ENCOURAGE PURSED LIP BREATHING	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
MONITOR ABC'S	$\frac{0}{0}$	$\frac{1}{16}$	$\frac{2}{24}$	$\frac{3}{40}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

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FIRST AID/WATER RESCUE MINOR SCORE SHEET CONSCIOUS AIRWAY OBSTRUCTION

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ADMINISTER PROPER AIRWAY OBSTRUCTION PROCEDURE	$\frac{0}{0}$	$\frac{1}{24}$	$\frac{2}{36}$	$\frac{3}{60}$
AIRWAY OBSTRUCTION PROCEDURE ADMINISTERED AT EARLIEST POSSIBLE MOMENT	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
ASSESSMENT OF AIRWAY	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL:

300 / 325
(FA) / *(WR)*

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas



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FIRST AID/WATER RESCUE MINOR SCORE SHEET HEAD INJURY

TEAM CODE: _____

BLOCK: _____

JUDGE: _____

SPEED OF RECOGNITION AND RESPONSE <i>(for water rescue only)</i>	$\frac{0}{0}$	$\frac{1}{10}$	$\frac{2}{15}$	$\frac{3}{25}$
RESCUE SCENE ASSESSMENT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
PRIMARY ASSESSMENT	$\frac{0}{0}$	$\frac{1}{26}$	$\frac{2}{39}$	$\frac{3}{65}$
TREATMENT ITEMS				
ABC'S MONITORED/MAINTAINED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
MOVEMENT MINIMIZED THROUGHOUT	$\frac{0}{0}$	$\frac{1}{12}$	$\frac{2}{18}$	$\frac{3}{30}$
POSITION/TREAT IN POSITION OF GREATEST COMFORT	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
BANDAGE/APPLY COLD TREAT AREA OF TRAUMA	$\frac{0}{0}$	$\frac{1}{8}$	$\frac{2}{12}$	$\frac{3}{20}$
TREAT FOR SHOCK	$\frac{0}{0}$	$\frac{1}{6}$	$\frac{2}{9}$	$\frac{3}{15}$
CONTINUING ASSESSMENT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$
COMMUNICATION AND VICTIM CARE THROUGHOUT	$\frac{0}{0}$	$\frac{1}{18}$	$\frac{2}{27}$	$\frac{3}{45}$

TOTAL: _____
300 / 325
(FA) / (WR)

Verified By: _____

Scores (0, 1, 2, 3)

0 – not attempted

1 – attempted, but 1 or more significant items performed below NLS/FA standard (i.e. would fail NLS/FA)

2 – all or the majority of items performed at NLS/FA standard (i.e. would pass NLS/FA)

3 – all items performed at or above NLS/FA standard with exceptional attention to detail in one or more areas