September 2018



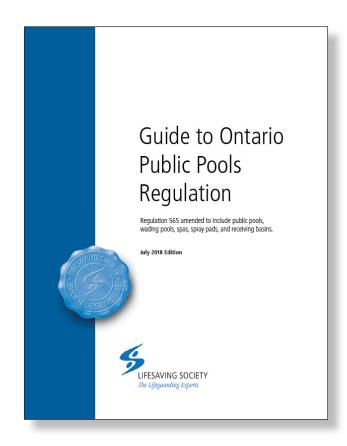
NEW POOL REGS, NEW RESOURCE

New regulations for operating public swimming facilities in Ontario went into effect on July 1. Owners and operators are adjusting to these new regulations and the Lifesaving Society has the essential resource - our 2018 Guide to Ontario Public Pools Regulation - for identifying and interpreting the changes. Topics of interest include:

- **Testing frequency of water** automated systems allow operators to reduce manual testing to every four hours if systems display readings (page 27 of the Guide).
- Admissions standard current admission standards will still apply: children between 6 and 9 who can swim do not require supervision by parents (page 61 of the Guide).
- Instructor/coach certifications previously recognized certifications are recognized (Lifesaving Society, Red Cross, YMCA, OTAS) as well as NCCP certification (page 59 of the Guide).
- **Pool operator training** there is a requirement in the regulation for training of the designated pool operator. The Lifesaving Society recommends the operator be certified with at least a Lifesaving Society Pool Operator Level 1 certification (page 10 of the Guide).
- Recreational camp supervision the supervision standard has been increased to require lifeguards at designated swimming areas within camp waterfronts.

The Guide to Ontario Public Pools Regulation represents the Lifesaving Society's opinion with regard to the interpretation and clarification of the Health Protection and Promotion Act. The Guide outlines the "regs" in simple language using everyday terms understood by aquatic personnel. Notes explain and interpret key aspects of the pool and spa regulations based on the Society's lifeguarding expertise and extensive experience in cases of drowning, near-drowning and water-related injuries.

Order the Guide to Ontario Public Pools Regulation online at lifeguarddepot.com.











NEW RESCUE COMMENDATION

The Society is pleased to announce its new Lifesaving Commendation, awarded to Society-certified employees who, in the line of duty, perform a successful rescue in a life-threatening emergency requiring resuscitation. The rescuer responds to the emergency (aquatic or nonaquatic) with demonstrated judgment, knowledge and skill, which results in the saving of a life.

Affiliates or employers make nominations and present certificates at locally arranged presentations. The first Lifesaving Commendation Certificate was awarded to Samantha Slobobian, Gabrielle Pellerin and Katherine Hogue.

On June 8, 2017, Samantha, Gabrielle and Katherine were on duty, lifeguarding at the Gatchell Pool in Sudbury when they responded to an unconscious victim face down in the deep end of the pool. The non-breathing victim was removed from the pool and resuscitation was initiated. After a few compressions and rescue breaths the victim began to breathe on his own and made a full recovery. Congratulations to the rescuers for their actions that resulted in saving a life.

To nominate, complete the Lifesaving Commendation Certificate nomination form on the Society's website and submit it to experts@lifeguarding.com.

500 METRE SWIM FOR 500 LIVES - 10 YEARS ON

Lifeguards across the province took part in the Lifesaving Society's 10th annual 500 Metre Swim for 500 Lives, held during National Drowning Prevention Week 2018. Thanks to Camp Tamarack and Zodiac Day Camp for participating and fundraising for drowning prevention.



Camp Tamarack staff









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BRIAN MIESS BRIANM@LIFEGUARDING.COM