

PREREQUISITES AT A GLANCE – UPDATED JULY 1, 2020

Swim for Life	Prerequisite	Lifesaving Sport	Prerequisite
Parent & Tot 1	None, children 4–12 months	Sport Fundamentals (Levels 1-5)	None. Swimmer 3 or equivalent recommended
Parent & Tot 2	None, children 12–24 months	Community Official	Min. 13 years of age
Parent & Tot 3	None, children 2–3 years	Pool Official	Min. 16 years of age; experienced Community Official
Preschool 1, 2, 3, 4, 5	None, children 3–5 years	Emergency Response Official	Min. 16 years of age; experienced Community Official
Swimmer 1, 2, 3, 4, 5, 6	None, children 5 years and up	Open Water Official	Min. 16 years of age; experienced Community Official
Adult 1, 2, 3	None, adults 16 years and up	Meet Manager & Referee	Pool, Open Water, and/or Emergency Response Official, officiating experience
Fitness Swimmer	None, all ages	Management Training	Prerequisite
Lifesaving	Prerequisite	Aquatic Supervisor	National Lifeguard or Lifesaving Instructor or Swim Instructor certification; & minimum 100 hr. experience as a lifeguard and/or instructor
Rookie, Ranger, or Star Patrol	None	Aquatic Management Training	None
Junior Lifeguard Club	Canadian Swim to Survive Standard	Aquatic Safety Inspector	None
Bronze Star	None. Swim Patrol recommended	Pool Operator Level 1	None
Bronze Medallion	Min. 13 years of age or Bronze Star	Pool Operator Level 2	Pool Operator Level 1 or equivalent
Bronze Cross	Bronze Medallion, EFA or SFA	SEE Auditor	National Lifeguard and minimum 100 hr. lifeguarding experience, or National Lifeguard Examiner, or AST or AMT
Distinction	Bronze Cross	Safety Auditor	Pool Operator Level 1, experienced Safety Inspector
Lifesaving Fitness	30 years of age or under, or medical approval	Aquatic Safety Chief Auditor	Safety Auditor
Boat Rescue	Basic swimming & craft-handling ability	Leadership	Prerequisite
Wading Pool Attendant	Min. 14 years of age, SFA	Assistant Instructor	Min. 14 years of age, Bronze Cross
Safeguard	None. Min. 12 years of age recommended	Swim Instructor	Min. 15 years of age, Bronze Cross
Patrol Rider	Pleasure Craft Operator (PCO), National Lifeguard (Waterfront or Surf recommended)	Lifesaving Instructor	Min. 15 years of age, Bronze Cross
Lifeguarding	Prerequisite	National Lifeguard Instructor	National Lifeguard, Lifesaving Instructor
National Lifeguard Pool	Min. 15 years of age, Bronze Cross, SFA	First Aid Instructor	Min. 16 years of age, SFA
National Lifeguard Waterfront	Min. 15 years of age, Bronze Cross, SFA	Lifesaving Sport Coach Level 1	Lifesaving Instructor
National Lifeguard Waterpark	National Lifeguard Pool	Lifesaving Sport Officials Instructor	Lifesaving Instructor, experienced Pool or Open Water or Emergency Response Official
National Lifeguard Surf	National Lifeguard Waterfront	Aquatic Supervisor Instructor	Aquatic Supervisor, Lifesaving Instructor
First Aid	Prerequisite	Aquatic Safety Inspector Instructor	Aquatic Safety Inspector, Lifesaving Instructor
Basic First Aid	None	SEE Auditor Instructor	SEE Auditor and National Lifeguard Examiner or Aquatic Supervisor Instructor
Emergency First Aid (EFA)	None	Aquatic Safety Auditor Instructor	Aquatic Safety Auditor, Lifesaving Instructor
Standard First Aid (SFA)	None	Pool Operator Instructor	Pool Operator Level 2, Lifesaving Instructor
CPR-A, -B, -C, -HCP	None	Examiner	Experienced Instructor
Automated External Defibrillation (AED)	CPR	Trainer	Experienced Examiner or Swim Instructor and 100 hr. teaching Swim for Life, or experienced Lifesaving Sport Coach
Airway Management	SFA		
Anaphylaxis Rescuer	None		

Please Note

Prerequisite awards must be earned **prior** to the start date of the course to which they apply. Awards taken concurrently are deemed to have been earned in the correct order. Candidates must attain the age prerequisite by the date of examination. Proof of prerequisites must be available to the Examiner.