



LIFESAVING SOCIETY

The Lifeguarding Experts

Aquatic Manager Candidate Self-Assessment

Please provide the information requested below and complete your assessment of the learning outcomes and performance requirements on the following pages. Return the completed form to your instructor prior to the start of the Aquatic Manager course.

Note: *This self-assessment will be used only by your Aquatic Manager Instructor and the Lifesaving Society for administrative purposes and to communicate with you before and during the course.*

Candidate Name: _____

Date of birth (Year/Month/Day): _____

Phone: _____ **Email:** _____

Address: _____

Lifesaving Society ID #: _____

Summary of work experience

Summary of volunteer experience

Why are you taking this course?

What is one thing you are hoping to learn?

Aquatic Manager Self-Assessment

This self-assessment presents the learning outcomes and performance requirements that candidates must demonstrate to pass the Lifesaving Society Aquatic Manager course.

Pre-course: Review the self-assessment checklist and assess yourself on learning outcomes and each performance requirements for each unit. Send your completed self-assessment to the course instructor and bring your copy to the course.

On course: You and the instructor will use the self-assessment checklist to track your progress throughout the course. It might be helpful to think of the learning outcomes as personal learning goals. Ideally, by the end of the course, you and the instructor will agree that you have achieved all of them.

Unit 1 Opening Session: Introduction and The Lifesaving Society	
Learning Outcomes <i>What you are expected to know, understand, and/or be able to demonstrate</i>	Performance Requirements <i>The standard at which you must perform to be successful</i>
You: <ul style="list-style-type: none"> <input type="checkbox"/> Understand and accept the course performance requirements. <input type="checkbox"/> Understand how Lifesaving Society initiatives in drowning research, public education, training programs, lifeguarding, lifesaving sport, aquatic safety standards, and management training relate to its mission. <input type="checkbox"/> Understand where and how to access information from the Society. 	You can: <ul style="list-style-type: none"> <input type="checkbox"/> Commit to active participation and 100% attendance. <input type="checkbox"/> Accept the learning outcomes and performance requirements. <input type="checkbox"/> Demonstrate behaviour consistent with Lifesaving Society values. <input type="checkbox"/> Describe how the Aquatic Manager training relates to the drowning prevention mission of the Lifesaving Society. <input type="checkbox"/> Locate information regarding Lifesaving Society programs and services and explain their role in drowning prevention.

Self-Assessment		
<input type="checkbox"/> I am confident in my ability to demonstrate all learning outcomes and performance requirements.	<input type="checkbox"/> I am comfortable with some of the performance requirements and have learning to do with some items.	<input type="checkbox"/> I will be learning about this information for the first time in the Aquatic Manager course.

Questions and Notes:

Unit 2 Aquatics: Rules Rule	
<p>Learning Outcomes <i>What you are expected to know, understand, and/or be able to demonstrate</i></p>	<p>Performance Requirements <i>The standard at which you must perform to be successful</i></p>
<p>You:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Can identify and apply regulations that govern aquatic facility operations. <input type="checkbox"/> Can identify how Lifesaving Society guidelines and standards apply to the aquatic operation. <input type="checkbox"/> Understand employee labour standards that impact work in the aquatic environment. <input type="checkbox"/> Understand how to develop and implement employer policies and procedures in various aquatic operations. <input type="checkbox"/> Understand the legal obligation and authority to act and protect the safety of patrons and staff. 	<p>You can:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify the responsibilities of aquatic managers arising from regulations and standards. <input type="checkbox"/> Given specific topics, locate relevant regulations and standards and describe their influence on the aquatic manager's decisions. <input type="checkbox"/> Within the provincial Occupational Health and Safety Act, select and discuss four significant environmental hazards that have the most relevance to aquatic staff. <input type="checkbox"/> Explore common safety concerns within the aquatic environment and develop solutions to ensure swimmer and staff safety.

Self-Assessment		
<input type="checkbox"/> I am confident in my ability to demonstrate all learning outcomes and performance requirements.	<input type="checkbox"/> I am comfortable with some of the performance requirements and have learning to do with some items.	<input type="checkbox"/> I will be learning about this information for the first time in the Aquatic Manager course.

Questions and Notes:

Unit 3 Aquatic Facility Management	
Learning Outcomes <i>What you are expected to know, understand, and/or be able to demonstrate</i>	Performance Requirements <i>The standard at which you must perform to be successful</i>
<p>You:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Know how to create a culture of safety among aquatic staff as a powerful risk management tool. <input type="checkbox"/> Understand the importance of safety inspection checklists, their composition, and their systematic use. <input type="checkbox"/> Understand safety considerations arising from facility amenities/attractions (e.g., spas, water slides, bulkheads, docks, inflatable waterparks, watercraft). <input type="checkbox"/> Understand the purpose and basic operation of a pool filtration system including contaminant control, removal and disinfection and where to obtain additional information and training. <input type="checkbox"/> Know what recreational water illness (RWIs) is and understand the protocols needed to manage cases of in-water fecal fouling, blood and vomit. <input type="checkbox"/> Know basic information on safe chemical treatment of swimming pool water and where to obtain additional information and training. 	<p>You can:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Describe how the aquatic manager can influence and nurture a culture of safety among aquatic staff. <input type="checkbox"/> For specific environments, amenities and program offerings, identify potential hazards and safety measures. <input type="checkbox"/> For a defined facility, identify key content for safety inspection checklists, and outline an inspection schedule, and inspection training plan. <input type="checkbox"/> Describe the basic function of a pool's filtration system and related chemicals, and where to access additional information and training. <input type="checkbox"/> Discuss the aquatic manager's responsibilities regarding recreational water illness (RWIs) and pool fouling. <input type="checkbox"/> Determine the appropriate action to be taken for a minimum of three common problems in an aquatic operation.

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Questions and Notes:

Unit 4 Aquatics: Key Players	
<p>Learning Outcomes</p> <p><i>What you are expected to know, understand, and/or be able to demonstrate</i></p>	<p>Performance Requirements</p> <p><i>The standard at which you must perform to be successful</i></p>
<p>You:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Understand the key roles of the aquatic manager. <input type="checkbox"/> Understand the designations identified in regulations and agency standards, and the implications of these within the aquatic operation. <input type="checkbox"/> Know the typical responsibilities for each of the key positions within an aquatic operation. <input type="checkbox"/> Know the role played by inspectors from Public Health, Ministry of Labour, and Technical Standards & Safety Authority (TSSA) in the delivery of aquatic programs and services; and the common interactions that the aquatic manager and aquatic team members will have with them. 	<p>You can:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Describe primary roles aquatic manager play and outline their core functions and responsibilities. <input type="checkbox"/> For each of the key positions within a typical aquatic operation, outline primary responsibilities, and identify relevant regulations and standards. <input type="checkbox"/> Describe the role of the following within aquatic operations: Public Health, Ministry of Labour, Training and Skills Development, and TSSA inspectors. <input type="checkbox"/> Outline common interactions that the aquatic manager and aquatic team member may have with inspectors and how to prepare for these.

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Questions and Notes:

Unit 5 Developing Your Aquatic Team	
Learning Outcomes <i>What you are expected to know, understand, and/or be able to demonstrate</i>	Performance Requirements <i>The standard at which you must perform to be successful</i>
<p>You:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Know the certification requirements for hiring and assigning aquatic staff for various programs and services. <input type="checkbox"/> Understand the requirements for ongoing in-service training within the aquatic operation. <input type="checkbox"/> Understand the need for and how to document training content and participation. <input type="checkbox"/> Understand the ongoing programming initiatives needed to develop, recruit and retain team members. 	<p>You can:</p> <ul style="list-style-type: none"> <input type="checkbox"/> List the regulatory certification requirements for lifeguards, assistant lifeguards, instructors and coaches. <input type="checkbox"/> Identify and describe the rationale for common program requirements outlined by training agencies. <input type="checkbox"/> Identify a range of training topics for instructor and lifeguards. Prioritize the topics in three categories: “mandatory,” “recommended,” and “optional” and explain the criteria used to make this determination. <input type="checkbox"/> Outline the elements of aquatic staff training that must be documented and explain why. <input type="checkbox"/> Suggest and support with rationale, two initiatives that support the development and recruitment of aquatic staff. <input type="checkbox"/> List tactics that can assist in the retention of aquatic team members.

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Questions and Notes:

Unit 6 Oversight: Safety Supervision in the Aquatic Environment

Learning Outcomes <i>What you are expected to know, understand, and/or be able to demonstrate</i>	Performance Requirements <i>The standard at which you must perform to be successful</i>
<p>You:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Understand the key factors that underlie and undermine effective lifeguard surveillance systems: supervision zones, scanning, RID factors, environmental factors, etc. <input type="checkbox"/> Understand the role of the aquatic manager in the delivery of safe and successful learn-to-swim, lifesaving and leadership training programs. <input type="checkbox"/> Understand what supervision considerations or adjustments need to be made to address safety issues arising from special events (e.g., swim meets, competitions). <input type="checkbox"/> Understand the key factors involved in developing operating procedures including facility admission standards, swim tests, outlet checks, and pool closures. <input type="checkbox"/> Understand the importance of documenting policies and procedures. 	<p>You can:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify regulations, guidelines, standards and policies applicable to aquatic safety supervision including staff qualifications, bather loads and instructor/lifeguard-bather ratios. <input type="checkbox"/> Identify factors that impact safety supervision and how these are managed across a variety of aquatic programs and services. <input type="checkbox"/> Describe the role of aquatic managers in the delivery of instructional program activities. <input type="checkbox"/> Describe how a facility admission standard and patron swim tests contribute to safety. <input type="checkbox"/> Identify risk zones within a facility and develop appropriate safety supervision protocols for a variety of aquatic programs (learn-to-swim programming, events, group rentals, competitions, etc.). <input type="checkbox"/> Develop a table of contents for an aquatic policies and procedures manual.

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Questions and Notes:

Unit 7 Developing Aquatic Programs and Services

Learning Outcomes	Performance Requirements
<i>What you are expected to know, understand, and/or be able to demonstrate</i>	<i>The standard at which you must perform to be successful</i>
<p>You:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Understand the factors that influence aquatic programming decisions. <input type="checkbox"/> Know how to implement a programming mix to meet community needs. <input type="checkbox"/> Understand what programming cycles are and how they influence program and service delivery. <input type="checkbox"/> Understand how to use mapping to effectively allocate programming space and maximize participation. <input type="checkbox"/> Understand how to evaluate aquatic programs for safety and quality. 	<p>You can:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify factors that influence aquatic programming decisions. <input type="checkbox"/> Describe programming cycles and the impact that they have on program and service delivery. <input type="checkbox"/> Develop a programming mix based on a defined set of community needs. <input type="checkbox"/> Using the developed programming mix (above), map out the pool allocation over at least two programming blocks to effectively allocate space and maximize participation. <input type="checkbox"/> Develop a program evaluation checklist for aquatic programming.

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Questions and Notes:

Unit 8 The Aquatic Manager's Role in Aquatic Emergencies

Learning Outcomes	Performance Requirements
<i>What you are expected to know, understand, and/or be able to demonstrate</i>	<i>The standard at which you must perform to be successful</i>
<p>You:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Understand the role the aquatic manager plays in preventing and responding to incidents and emergencies. <input type="checkbox"/> Understand the roles that deck-level supervisors, lifeguards, instructors and others play in preventing and responding to incidents and emergencies. <input type="checkbox"/> Understand the manager's post-incident responsibilities. <input type="checkbox"/> Know what information needs to be collected and retained following an incident and why. 	<p>You can:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify the key factors in incident prevention and how the actions of the aquatic manager influence these. <input type="checkbox"/> Describe or demonstrate the role of the aquatic manager in the management of an aquatic emergency. <input type="checkbox"/> Outline the possible interactions that may follow an aquatic emergency vis-à-vis paramedic, police, fire, internal chain of command, media, incident evaluation, and legal. <input type="checkbox"/> Describe the documentation required during and following a) minor incidents, and b) major emergencies and how this information is captured.

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Questions and Notes:

Unit 9 Closing Session: Evaluation and Opportunities

Learning Outcomes

What you are expected to know, understand, and/or be able to demonstrate

Performance Requirements

The standard at which you must perform to be successful

You:

- Understand that the Aquatic Manager course provides a springboard to aquatic manager responsibilities.
- Understand opportunities for future learning and development with the Lifesaving Society.

You can:

- Identify opportunities for additional learning and development within the Lifesaving Society.

Self-Assessment

I am confident in my ability to demonstrate all learning outcomes and performance requirements.

I am comfortable with some of the performance requirements and have learning to do with some items.

I will be learning about this information for the first time in the Aquatic Manager course.

Questions and Notes: