Bronze Medallion, Rescue 1: From Land
Scenario 1 – Rescuer

Scene Description

You are walking your dog with a friend and see a youth slip along the cement edge into the moving water. Quickly, you follow the moving water to meet the struggling youth where the stream meets the sidewalk's edge.

Location

Sidewalk next to a cement sided culvert, in an urban neighbourhood.

Weather and Water Conditions

Wet, cool and it just finished raining in the early spring time. High water levels, cool water.

Rescue Position and Available Items

At a flat sidewalk that meets the water's edge. Dog leash, stick and winter jacket.

Bronze Medallion, Rescue 1: From Land
Scenario 1 – Victim

Scene Description

You were taking a video and dropped your phone onto the cement wall almost landing in the water. As you scale the down the ledge, the cement is slippery and you fall into the fast-moving water.

Victim Type and Victim Age

Moderate swimmer, athletic. Victim is getting tired, 15 year old.

Victim Position

Tossed along edge of stream, grabbed onto a rock, 2 metres from sidewalk edge, water is moving too quick to stand up and reach for side.

Special Responses

Can kick to side and reach arms out to grasp objects. Clothing worn makes it too hard to climb out on your own.

Bronze Medallion, Rescue 1: From Land
Scenario 2 – Rescuer

Scene Description

You are out for a winter walk on a salted park path when an older adult waves you down, his wife has slipped into ice cold water and is gasping for air.

Location

Urban park, behind houses within a city.

Weather and Water Conditions

It is a cold day, 2°C, with a dusting of snow on the ground. The water is ice cold.

Rescue Position and Available Items

At the edge of the water right off of a paved path. Man's winter jacket, discarded ply wood, and your scarf. There is a ring buoy 100 metres away along the edge of the water.

Bronze Medallion, Rescue 1: From Land
Scenario 2 – Victim

Scene Description

You are walking under a bridge with your husband down a snowy hill. The path was not salted properly and you slide towards the water. You fall into the water, your winter jacket, boots and pants weigh you down in the ice cold water. It is a cold day, 2°C, with a dusting of snow on the ground.

Victim Type and Victim Age

Older adult, poor mobility, with knee and hip pain, 68 years old.

Victim Position

Arms holding onto the edge of the ice, legs and torso submerged in the water.

Special Responses

You can reach your hand out for an object. You cannot speak English very well, and you are having trouble yelling for help because the cold water causes involuntary gasps.

Bronze Medallion, Rescue 1: From Land
Scenario 3 – Rescuer

LIFESAVING SOCIETY®
The Lifeguarding Experts

Scene Description

You are on vacation when you see a child climbing some rocks. The child slips and falls into the lake.

Location

Hiking on a rugged path.

Weather and Water Conditions

Humid, 29ºC, and it recently rained. The water is warm, with choppy waves crashing against sharp rocks.

Rescue Position and Available Items

You are standing on a large and flat rock, wearing running shoes.
You have a fanny pack. There are tree branches around, and rope from a fence along the path.

Bronze Medallion, Rescue 1: From Land
Scenario 3 – Victim

LIFESAVING SOCIETY®
The Lifeguarding Experts

Scene Description

You are climbing the black rocks, they are sharp and slippery. You like to pretend the water is lava and you can't slip in. Your family is eating lunch not far away, but you wandered off to play. You slip on a moss covered rock, cutting your leg.

Victim Type and Victim Age

Injured swimmer, fast reflexes, can grab onto an object but cannot use left leg, 9 years old.

Victim Position

Treading water away from the rocks, the waves are splashing against your face. You are 5 metres from land.

Special Responses

You scream very loud and are scared. Your reflexes are quick and you are a good swimmer, but your leg is badly cut.