

Bronze Medallion, Rescue 2: Open Water

Scenario 1 – Rescuer



Scene Description

It is a beautiful day at the beach and a person next to you cries out, "Is my sister okay?" She points 20 metres out and says, "I only see her hat!"

Location

A sandy beach, on a lake.

Weather and Water Conditions

Hot day, 32°C, with a light breeze. The water is calm and warm with a sandy bottom.

Rescue Position and Available Items

You are standing on the beach in bare feet, 5 metres from the water. There are lifejackets nearby on the beach.

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Scenario 1 – Victim



Scene Description

You are swimming in the warm lake water. You realize you have gone out farther than you expected and start to panic as you cannot get your footing underneath you.

Victim Type and Victim Age

Distressed swimmer, terrified when you cannot see the bottom, 42 years old.

Victim Position

20 metres away from the beach, attempting to tread water. You are vertical in the water, head back, trying to stay afloat, gasping for air.

Special Responses

You can grab onto anyone or anything nearby. You respond to communication coming from 5 metres away.

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Scenario 2 – Rescuer



Scene Description

It is a windy day and an unsupervised child in a lifejacket has been pushed by waves out 20 metres and is crying for help.

Location

A beach with a mix of sand and rocks, on a lake.

Weather and Water Conditions

Very windy day in the summer time, 30°C. The water is choppy, but warm.

Rescue Position and Available Items

You are standing on the beach in bare feet, 5 metres from the water. You brought flutter boards and pool noodles to the beach.

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Scenario 2 – Victim



Scene Description

You are swimming out with a few friends, about 20 metres from shore. You are wearing a lifejacket, but you are not a strong swimmer, and the waves have pushed you too far out, and you are not strong enough to swim back.

Victim Type and Victim Age

Weak swimmer, struggling to get back to shore. You are calling for help, 8 years old.

Victim Position

20 metres away from the beach, attempting to swim back to shore.

Special Responses

You can grab onto an aid if provided one. You calm down pretty quickly when a rescuer arrives.

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Scenario 3 – Rescuer



Scene Description

A group of people are racing on paddleboards. A lone man unsteadily paddles 20 metres out to follow them. He loses his balance and starts yelling and throwing his arms. His board starts floating away.

Location

Open water on a lake.

Weather and Water Conditions

Warm day, 28°C with a mild breeze. The water is calm, with occasional waves when boats pass by in the distance.

Rescue Position and Available Items

You are standing on the beach in bare feet, 5 metres from the water. The victim's board is at the 15 metre point between the shore and the victim.

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Scenario 3 – Victim



Scene Description

You see a lifesaving club on the water that one day you would like to be a part of. They are practicing their sprints on paddleboards. You have rented a paddleboard at the beach but did not bother wearing a lifejacket and decide to meet the lifesaving club team by paddling out to them.

Victim Type and Victim Age

Weak swimmer, inexperienced paddleboarder, 18 years old.

Victim Position

20 metres away from shore, kicking distressed on back, yelling for help.

Special Responses

You can grab onto any item and kick legs if towed. You cannot climb back onto the paddleboard if offered.