

Bronze Cross, Two-person Rescue 2: Submerged Victims

Scenario 1 – Rescuers



Scene Description

You and your friend go the pool at your condo to swim laps. When you arrive no lifeguard is present, the doors are unlocked and you see a person at the bottom of the pool in the deep end.

Location

Lifeguarded indoor condo pool.

Weather and Water Conditions

Sun coming through all the windows. Deck is warm and humid.

Rescue Position and Available Items

You are entering via the changeroom door into the deep area. Equipment available on deck is rescue tubes, rings buoys and reaching poles.

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Scenario 1 – Victim



Scene Description

You snuck in through the open pool door and jumped into the pool not knowing it was the deep end and you cannot swim.

Victim Type and Victim Age

Submerged non-breathing adult.

Victim Position

At the bottom of the deep end.

Special Responses

Unconscious, not breathing requiring resuscitation. Do not regain consciousness.

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Scenario 2 – Rescuers



Scene Description

You and your Bronze Cross trained friend are waiting outside your local outdoor pool before it opens for the day and see someone's belongings on the edge of the pool. When you look closer you see someone on the bottom.

Location

Outdoor pool.

Weather and Water Conditions

Hot, humid, sunny day.

Rescue Position and Available Items

You see a cut in the fence and use it to gain entry to the pool. You have a reaching pole, ring buoys and guard tubes available in an unlocked box on the deck.

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Scenario 2 – Victim



Scene Description

You and some friends were in the park and found the fence pool had been cut and decided to go for a late night swim. You stayed after your friends left, hit your head and went unconscious.

Victim Type and Victim Age

Submerged non-breathing teenager.

Victim Position

At the bottom of the deep end.

Special Responses

Unconscious, not breathing requiring resuscitation. Do not regain consciousness. AED is not accessible.

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Scenario 3 – Rescuers



Scene Description

You and your Bronze Cross trained friend are walking on the local beach early in the morning, just before lifeguarding times start, and notice people shouting and pointing near the water's edge. They claim there's a person who fell out of their kayak and now they cannot see them anymore. You see the overturned kayak 20 metres away.

Location

Lake.

Weather and Water Conditions

Sunny day with wavy, murky water.

Rescue Position and Available Items

There is a ring buoy and a reaching pole available at the nearby water rescue station and a rescue can left on the lifeguard tower.

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Scenario 3 – Victim



Scene Description

You are kayaking on the lake in the early morning without a lifejacket. The water was very wavy and you were overturned, fell in, cannot swim and became submerged.

Victim Type and Victim Age

Submerged non-breathing adult.

Victim Position

At the bottom of the lake.

Special Responses

You remain unconscious throughout. If an AED is available and used, no shocks are advised.