Swim to Survive®
Fill in the blank answer sheet

1. The Swim to Survive _standard_ was created by the Lifesaving Society.
2. Swim to Survive teaches us how to be _safe_ around the water.
3. The first step of the Swim to Survive standard is to tip into the water, to pretend that we fell in by _accident_.
4. Next, we keep our head out of the water and _tread_ water for one minute.
5. Last, we swim _fifty_ _metres_.
6. We know that there are _lifeguards_ at the safest places to swim.
7. Wearing a _lifejacket_ helps us to float and makes it easier to swim.
8. Lifejackets should be _bright_ colours like red, yellow and orange.
9. Lakes, rivers and the ocean are examples of _open_ water.

Word Bank

standard	tread	fifty	accident	
safe	metres	water	pool	open
lifeguards	lifejacket	bright		

LIFESAVING SOCIETY®
The Lifeguarding Experts